

BCYF Curtis Hall Community Center
GYM SCHEDULE - Jan. - Mar. 2017 (Tentative Schedule Subject to Change)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Full Body Workouts 6:30-7:15am	Soccer 6:30-8:00am	Full Body Workouts 6:30-7:15am	Soccer 6:30-8:00am	Full Body Workouts 6:30-7:15am	Recreational Gym (all ages) 6:30-9:00am	JP Dads 9-10:30am
Basketball Training (all ages) 7:30-9:00am	Recreational Gym (all ages) 8:00-9:00am	Basketball Training (all ages) 7:30-9:00am	Recreational Gym (all ages) 8:00-9:00am	Basketball Training (all ages) 7:30-9:00am	Camp Joy 9:00-10:00am	Badminton Club 10:30am-12:00pm
Gym Closed 9:00-10:00am	Mission Hill School 9:00-11:00am	Gym Closed 9:00-10:00am	Mission Hill School 9:00-11:00am	Gym Closed 9:00-10:00am	In-House Basketball League 10:00-9:00pm	Next Level Baseball (Boston Blue Jays) 12-2:00pm
Playgroup 10:00-12:30pm	Nazareth School 11:00-12:00pm	Playgroup 10:00-12:30pm	Nazareth School 11:00-12:00pm	Playgroup 10:00-12:30pm		Fradeo Basketball League 2pm-4:30pm
Senior Fitness 1:00-2:00pm	Gym Maintenance 12:00-1:00pm	Senior Fitness 1:00-2:00pm	Gym Maintenance 12:00-1:00pm	Gym Maintenance 12:30-2:00pm		
Recreational Gym (19yrs & under) 2:00-5:00pm	Senior Tai Chi 1:00-2:00pm	Recreational Gym (19yrs & under) 2:00-5:00pm	Senior Tai Chi 1:00-2:00pm	Recreational Gym (19yrs & under) 2:00-5:00pm	Fitness Room Hrs. Mon. - Sat. 6:30am-8:45pm Sunday 9:00-4:30pm	Gym Hours Mon.-Sat. 6:30am-9:00pm Sunday 9:00am-5:00pm
In-House Basketball Practice 5:00-6:30pm	Recreational Gym (15yrs & under) 2:00-5:00pm	In-House Basketball Practice 5:00-8:00pm	Recreational Gym (19yrs & under) 2:00-5:00pm	In-House Basketball Practice 5:00-6:00pm		
Zumba 6:30-7:30pm	In-House Basketball Practice 5:00-7:15pm	In-House Basketball League 8:00-9:00pm	In-House Basketball Practice 5:00-7:15pm	In-House Basketball League 8:00-9:00pm		
Women's Open Gym 7:30-9:00pm	Never Too Late Basketball (rental) 7:30-9:00pm		Behan Soccer (rental) 7:30-9:00pm			

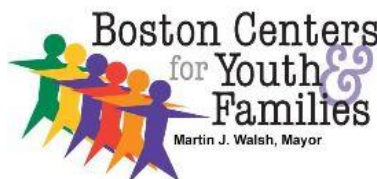
Please contact Gym Staff regarding gym programs.

BCYF Curtis Hall Community Center
COMPUTER SCHEDULE - Jan. - Mar. 2017
(Tentative Schedule Subject to Change)

Senior Course			
Online Mind Exercises	Tues. & Fri.	Begins: Jan. 10	2:00-3:15 p.m.
Senior & Adult Courses			
Intro. to Twitter	Mondays	Begins: Jan. 23	2:00-3:15 p.m.
Intro to Basic Computer Maintenance	Wednesdays	Begins: Jan. 25	2:00-3:15 p.m.
Intro. to Internet Safety	Thursdays	Begins: Feb. 09	2:00-3:15 p.m.
Open Access Times:			
Monday thru Friday		Session A: 3:50-4:50 p.m. Session B: 8:00-9:00 p.m.	
Adult Courses			
Tech Goes Home (Business Curriculum)	Mon. Wed. Fri.	Begins: Jan. 30	6:15-7:30 p.m.
Youth Course (8-12 yrs. old)			
Basic Computer Science	Tues. & Thurs.	Begins: Jan. 24	6:15-7:30 p.m.

Curtis Hall Tel:
617.635.5193

**MEMBERSHIP IS
REQUIRED FOR ALL
PROGRAMS**



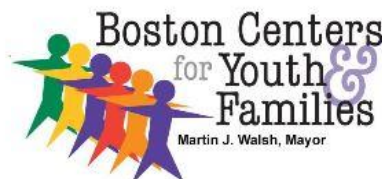
Jane Boyer / **Elderly Commission**
Available every 2nd Thursday 10-4pm
or by appointment. 617.635.4366

Library Story Program:
Thur. 10:30am & Fri. 9:30am

BCYF Curtis Hall Community Center - POOL SCHEDULE - Jan. – Mar. 2017 (Tentative Schedule Subject to Change)
Pool Hours: Monday-Friday 6:30am-8:30pm; Saturday & Sunday 9:15am-4:00pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	TEEN CENTER ACTIVITIES
Lap Swim 6:30-8:45am	Lap Swim 6:30-8:45am	Lap Swim 6:30-8:45am	Lap Swim 6:30-8:45am	Lap Swim 6:30-8:45am	Lap Swim 9:15-10:00am	Lap Swim 9:15-10:45am	
Water Fitness 9:00-10:00am	Water Fitness 9:00-10:00am	Water Fitness 9:00-10:00am	Water Fitness 9:00-10:00am	Water Fitness 9:00-10:00am	Water Fitness 10:00-11:00am	Water Safety (6-12yrs old) 11:00-12:00pm	Weekdays Homework Time 1:45-3:30pm
Pool Closed 10:00-11:00am	Pool Closed 10:00-11:00am	Pool Closed 10:00-11:00am	Pool Closed 10:00-11:00am	Pool Closed 10:00-11:00am	Camp Joy 11:00-12:00pm	Recreational Swim 12:00-1:00pm	
Recreational Swim 11:00-12:00pm	Recreational Swim 11:00-12:00pm	Pool Maintenance 11:00-12:00pm	Beginner's Water Fitness 11:00-12:00pm	Recreational Swim 11:00-12:00pm	First Strokes 12:00-12:30pm	Recreational Swim 1:00-2:00pm	Thursdays Girl Activities 6:00-9:00pm
Senior Lap Swim (60+) 12:00-1:00pm	Senior Lap Swim (60+) 12:00-1:00pm	Senior Lap Swim (60+) 12:00-1:00pm	Senior Lap Swim (60+) 12:00-1:00pm	Senior Lap Swim (60+) 12:00-1:00pm	Toddler Splash 12:30-1:00pm	Recreational Swim 2:00-3:00pm	
Recreational Swim 1:00-2:00pm	Recreational Swim 1:00-2:00pm	Recreational Swim 1:00-2:00pm	Recreational Swim 1:00-2:00pm	Pool Maintenance 1:00-2:30pm	Baby Splash 1:00-1:30pm	Recreational Swim 3:00-4:00pm	Every 2nd Wednesday of the month Cooking Class
Adult Lap Swim 2:00-3:00pm	Adult Lap Swim 2:00-3:00pm	Adult Lap Swim 2:00-3:00pm	Adult Lap Swim 2:00-3:00pm	Recreational Swim 2:30-4:00pm	Recreational Swim 2:00-3:00pm		
Recreational Swim 3:00-4:00pm	Recreational Swim 3:00-4:00pm	Recreational Swim 3:00-4:00pm	Recreational Swim 3:00-4:00pm	Recreational Swim 4:00-5:00pm	Recreational Swim 3:00-4:00pm		Every 3rd Friday of the month Movie Night
Pool Closed 4:00-5:00pm	Pool Closed 4:00-4:50pm	Pool Closed 4:00-5:00pm	Pool Closed 4:00-4:50pm	Pool Closed 5:00-6:00pm			
Pre-Swim Team 5:00-6:00pm	Swim Team 4:50-6:20pm	Beginners Swim Lessons 5:30-6:30pm	Swim Team 4:50-6:20pm	Family Swim 6:00-7:00pm	PLEASE NOTE: >POOL CAPACITY IS 20 TO 1 PER LIFEGUARD< >Limit of 1 Recreational Swim per day<		Additional activities might be planned each month. Please contact Teen Center staff
Family Swim 6:00-7:00pm	Water Fitness 6:30-7:30pm	Lifeguard Training 6:30-8:30pm	Water Fitness 6:30-7:30pm	Lap Swim 7:30pm-8:30pm			
Master Swim 7:30pm-8:45pm	Lap Swim 7:30pm-8:30pm		Master Swim 7:30pm-8:45pm				

Curtis Hall Tel: 617.635.5193



**ALL CHILDREN 8 YRS OLD & UNDER
MUST BE ACCOMPANIED IN THE
WATER BY AN ADULT.**