

BCYF Curtis Hall Community Center
GYM SCHEDULE - Jan. - Mar. 2018 (Tentative Schedule Subject to Change)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Basketball Training 6:30-8:30am	Full Body Workouts / Batting Cages 6:30-8:30am	Basketball Training 6:30-8:30am	Full Body Workouts / Batting Cages 6:30-8:30am	Basketball Training 6:30-8:30am	Batting Cages 6:30-8:30am	JP Dads (rental) 9:00-11:00am
Gym Closed 9:00-10:00am	Gym Closed 9:00-10:00am	Gym Closed 9:00-10:00am	Mission Hill School K8 9:30-12:30pm	Gym Closed 9:00-10:00am	Camp Joy 9:15-10:15am	Badminton 11:00-12:30pm
Playgroup 10:00-12:00pm	Nazareth School 10:00-11:00am	Playgroup 10:00-12:00pm	Tai Chi 1:00-2:00pm	Playgroup 10:00-12:00pm	In-House Basketball League 10:30-4:30pm	Adult Gym (17yrs & older) 12:45-2:30pm
Gym Maintenance 12:00-1:00pm	Recreational Gym 19+ yr. olds 11:00-12:30pm	Gym Maintenance 12:00-1:00pm	Recreational Gym 2:15-4:45pm	Gym Maintenance 12:00-1:00pm	In-House Basketball League Practice 4:45-6:45pm	Somalia Soccer 3:00-4:30 pm
Senior Fitness 1:00-2:00pm	Senior Tai Chi 1:00-2:00pm	Senior Fitness 1:00-2:00pm	In-House Basketball League Practice 5:00-6:00pm	Recreational Gym 1:15-4:30pm	Recreational Gym (15 yrs. & over) 7:00-8:45pm	
Recreational Gym 2:15-4:45pm	Recreational Gym 2:15-4:45pm	Recreational Gym 2:15-4:15pm	Zumba 6:00-7:00pm	In-House Basketball League Practice 4:45-6:45pm	Fitness Room Hrs. Mon. - Sat. 6:30am–8:45pm Sunday 9:00-4:30pm	Gym Hours
In-House Basketball League Practice 5:00-6:00pm	In-House Basketball League Practice 5:00-7:00pm	In-House Basketball League Practice 4:30-7:30pm	Behan Soccer (rental) 7:30-9:00pm	Recreational Gym 7:00-8:45pm		Mon.-Sat. 6:30am-9:00pm
Zumba 6:00-7:00pm	Never Too Late Basketball (rental) 7:15-9:00pm	Assigned Batting Cages 7:45-9:00pm				Sunday 9:00am-5:00pm
Women's Open Gym 7:15-8:45pm						Track Closed Mon. thru Thurs. between 1-2pm
Please contact Gym Staff regarding gym programs.						

Movie Night every last Friday of the month.

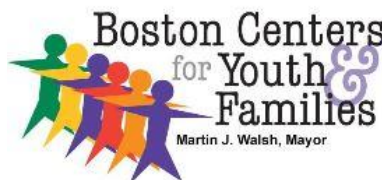
Every third Sunday of the month
N.E. Aquarium Educators 1-3pm

Curtis Hall Tel:
617.635.5193

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BCYF Curtis Hall Community Center
COMPUTER SCHEDULE - Jan. - Mar. 2018
(Tentative Schedule Subject to Change)

Senior Course			
Online Mind Exercises	Tues. & Fri.	Begins: Jan. 02	2:10-3:20 p.m.
Senior & Adult Courses			
Intro. to Purchasing, smartphones, tablets, and more.	Mondays	Begins: Feb. 05	2:15-3:15 p.m.
Intro to Computers	Wednesdays	Begins: Feb. 14	2:15-3:15 p.m.
Intro. to Twitter	Thursdays	Begins: Feb. 22	2:15-3:15 p.m.
Youth Course			
Intro. to Scratch (Ages: 8-12)	Tues. & Thurs.	Begins: Feb. 13	6:20-7:30 p.m.
Intro to Internet Privacy (Ages: Teens)	Fridays	Begins: Feb. 23	6:20-7:30 p.m.
Open Access Times:			
Session A: Mon. thru Fri.		Session A: 1:40-2:10 p.m.	
Session B: Mon. thru Fri.		Session B: 3:50-4:50 p.m.	
Session C: Mon. thru Fri.		Session C: 8:00-9:00 p.m.	
Adult Course			
Tech Goes Home (Business) <i>Helps address your new business needs</i>	Mon. & Wed.	Begins: Feb. 26	6:10-7:40 p.m.

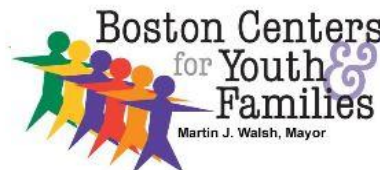
Jane Boyer / Elderly Commission
 Available every 2nd Thursday 10-4pm
 or by appointment. 617.635.4366

**MEMBERSHIP IS
 REQUIRED FOR ALL
 PROGRAMS**

BCYF Curtis Hall Community Center - POOL SCHEDULE - Jan. – Mar. 2018 (Tentative Schedule Subject to Change)
Pool Hours: Monday-Friday 6:30am-8:30pm; Saturday & Sunday 9:15am-4:00pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	TEEN CENTER ACTIVITIES
Lap Swim 6:30-8:30am	Lap Swim 6:30-8:30am	Lap Swim 6:30-8:30am	Lap Swim 6:30-8:30am	Lap Swim 6:30-8:30am	Lap Swim 9:15-10:00am	Lap Swim 9:15-10:45am	<div>Various activities are planned through out the Winter.</div> <div>Please contact Teen Center staff for additional information.</div>
Water Fitness 9:00-10:00am	Water Fitness 9:00-10:00am	Water Fitness 9:00-10:00am	Water Fitness 9:00-10:00am	Water Fitness 9:00-10:00am	Water Fitness 10:00-11:00am	Recreational Swim 11:00-12:00pm	
Pool Closed 10:00-11:00am	Pool Closed 10:00-11:00am	Pool Closed 10:00-11:00am	Pool Closed 10:00-11:00am	Pool Closed 10:00-11:00am	Camp Joy 11:00–12:00pm	Recreational Swim 12:00–1:00pm	
Recreational Swim 11:15-12:00pm	Recreational Swim 11:15-12:00pm	Recreational Swim 11:15-12:00pm	Recreational Swim 11:15-12:00pm	Recreational Swim 11:15-12:00pm	First Strokes 12:00-12:30pm	Recreational Swim 1:00-2:00pm	
Senior Lap Swim (60+) 12:00-1:00pm	Senior Lap Swim (60+) 12:00-1:00pm	Senior Lap Swim (60+) 12:00-1:00pm	Senior Lap Swim (60+) 12:00-1:00pm	Senior Lap Swim (60+) 12:00-1:00pm	Baby Splash 12:30-1:00pm	Recreational Swim 2:00-3:00pm	
Pool Maintenance 1:00-2:00pm	Pool Maintenance 1:00-2:00pm	Pool Maintenance 1:00-2:00pm	Pool Maintenance 1:00-2:00pm	Pool Maintenance 1:00-2:00pm	Toddler Splash 1:00-1:30pm	Recreational Swim 3:00-4:00pm	
Adult Lap 2:00-3:00pm	Adult Lap 2:00-3:00pm	Adult Lap 2:00-3:00pm	Adult Lap 2:00-3:00pm	Adult Lap 2:00-3:00pm	Recreational Swim 2:00-3:00pm		
Recreational Swim 3:00-4:00pm	Recreational Swim 3:00-4:00pm	Recreational Swim 3:00-4:00pm	Recreational Swim 3:00-4:00pm	Recreational Swim 3:00-4:00pm	Recreational Swim 3:00-4:00pm		
Pool Closed 4:00-5:00pm	Pool Closed 4:00-5:00pm	Pool Closed 4:00-5:00pm	Pool Closed 4:00-5:00pm	Pool Closed 4:00-5:00pm			
Pre-Swim Team 5:15-6:15pm	Swim Team 5:00-6:20pm	Beginners Swim Lessons 5:30-6:30pm	Swim Team 5:00-6:20pm	Recreational Swim 5:00-6:00pm		PLEASE NOTE: >POOL CAPACITY IS 20 TO 1 PER LIFEGUARD< >Limit of 1 Recreational Swim per day<	
Family Swim 6:15-7:15pm	Water Fitness 6:30-7:30pm	Lap Swim / Lifeguard Institute 7:00-8:30pm	Water Fitness 6:30-7:30pm	Family Swim 6:00-7:15pm			
Lap Swim 7:30pm-8:30pm	Lap Swim 7:30pm-8:30pm		Lap Swim 7:30pm-8:30pm	Lap Swim 7:30pm-8:30pm			

Curtis Hall Tel: 617.635.5193



**ALL CHILDREN 8 YRS OLD & UNDER
MUST BE ACCOMPANIED IN THE
WATER BY AN ADULT.**