



# TROOPS FOR FITNESS

FREE

January 2018

FREE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 	2	3	4	5	6
7	8 <b>Bootcamp w/ Gary, BCYF Nazzarro Community Center, North End 6:30a.m.</b>	9 <b>Bootcamp &amp; Running Club w/ Gary, Christopher Columbus, North End 6:30am</b>	10 <b>Bootcamp &amp; Running Club w/ Gary, Christopher Columbus, North End 6:30am</b>	11	12 <b>Bootcamp &amp; Running Club w/ Gary, Christopher Columbus, North End 6:30am</b>	13
14	15 <b>Bootcamp w/ Gary, BCYF Nazzarro Community Center, North End 6:30a.m.</b>	16 <b>Bootcamp &amp; Running Club w/ Gary, Christopher Columbus, North End 6:30am</b>	17 <b>Bootcamp &amp; Running Club w/ Gary, Christopher Columbus, North End 6:30am</b>	18	19 <b>Bootcamp &amp; Running Club w/ Gary, Christopher Columbus, North End 6:30am</b>	20
21	22 <b>Bootcamp w/ Gary, BCYF Nazzarro Community Center, North End 6:30a.m.</b>	23 <b>Bootcamp &amp; Running Club w/ Gary, Christopher Columbus, North End 6:30am</b>	24 <b>Bootcamp &amp; Running Club w/ Gary, Christopher Columbus, North End 6:30am</b>	25	26 <b>Bootcamp &amp; Running Club w/ Gary, Christopher Columbus, North End 6:30am</b>	27
28	29 <b>Bootcamp w/ Gary, BCYF Nazzarro Community Center, North End 6:30a.m.</b>	30 <b>Bootcamp &amp; Running Club w/ Gary, Christopher Columbus, North End 6:30am</b>	31 <b>Bootcamp &amp; Running Club w/ Gary, Christopher Columbus, North End 6:30am</b>			

Events, times and locations are subject to change.  
 All classes are one hour long unless otherwise noted.  
 Please check [www.boston.gov/parks](http://www.boston.gov/parks) for the most up to date schedule. Cancellations will be posted on social media:  
 @BostonParksDept and F/BostonParksDepartment