Memory Café

Share your stories and socialize with others who have worries about their memory.

First Tuesday of the month
1:00 p.m. to 3:00 p.m.

BCYF Roche Family Community Center
1716 Centre Street
West Roxbury, MA 02132

- Free monthly café
- Meet with peers facing similar challenges
- Connect with others in a social, relaxing and supportive environment
- Learn about resources available to help

The Ethos AgeWell West Roxbury Memory Café is a friendly and relaxed monthly gathering for you and your loved one to meet with others for support, companionship and fun.

Come together in a safe, supportive environment, share conversation over a cup of coffee, or participate in fun, simple activities with your loved one and the group.

There is no cost to attend however, a care partner must accompany guests who require personal care assistance.

For additional information, contact: Ann Glora at 617-477-6616 or aglora@ethocare.org.

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Blue Hills Bank Charitable Foundation
Boston Centers for Youth & Families

AgeWell West Roxbury
Ethos / AgeWell Memory Café

2017 Schedule of Events

January 3rd – Games, Music, and Movement

February 7th – Massage Therapy: “The Power of Skilled Touch in Alzheimer’s Care” presented by Perfectly Balanced Life

March 7th – Art Therapy: Watercolors with Rosemarie (Hyde Park Art Association Mobile Arts Program)

April 4th – Games, Music, and Movement

May 2nd – Art Therapy: Spring Card Making with Mary (Hyde Park Art Association Mobile Arts Program)

June 6th - Massage Therapy: “Body and Mind Movement Techniques” presented by Perfectly Balanced Life

July 11th – Patriotic / Summer Sing-A-Long

August 1st - Art Therapy: Watercolors with Rosemarie (Hyde Park Art Association Mobile Arts Program)

September 5th – Games, Music, and Movement

October 3rd – Art Therapy: Fall Card Making with Mary (Hyde Park Art Association Mobile Arts Program)

November 14th – “Healthy Breathing” presented by Perfectly Balanced Life

December 5th – End-of-Year Celebration

Reservations are requested, but not required. Please contact Ann at 617-477-6616 or aglora@ethocare.org to RSVP.