

# Monthly Memory Café

Are you an individual with memory loss or their caregiver? Looking for an enjoyable way to spend time together? Then please join us for:



## **Grove Hall's "Thanks for the Memories" Café**

Enjoy coffee, refreshments, creative arts, and conversation with new friends of all ages. A guest artist will lead a creative exploration each month.

Co-hosted by the City of Boston's Alzheimer's Initiative and  
BCYF Grove Hall Community Center

**Where:** BCYF Grove Hall Community Center  
51 Geneva Avenue, Dorchester

**When:** Meets the first Monday of every month,  
unless that day falls on a holiday  
11:30 a.m. – 1:30 p.m.

**Cost:** Free

**Please call for more information.**

Contact [Patricia.Mccormack@boston.gov](mailto:Patricia.Mccormack@boston.gov) or 617-635-3992.

### *What is a Memory Café???*

A Memory Cafe is a place where individuals with memory loss and their caregivers can get together in a safe, supportive and engaging environment. It is a time and place where people can interact, laugh, find support, share concerns and celebrate with other people experiencing memory challenges and their care partners. Attendees enjoy refreshments, conversation and activities in a relaxed, supportive setting. A caregiver must accompany participants requiring special assistance. A Memory Cafe offers a participatory program or guest facilitator each month.

