

## TROOPS FOR **FITNESS** \*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	2	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	4
5	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	Teen Yoga w/ Roxanne @ Boys & Girls Club of Dorchester, Marr Clubhouse, 6:45 pm	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	9	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	11
12	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	Teen Yoga w/ Roxanne @ Boys & Girls Club of Dorchester, Marr Clubhouse, 6:45 pm	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	16	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	18
19	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	Teen Yoga w/ Roxanne @ Boys & Girls Club of Dorchester, Marr Clubhouse, 6:45 pm	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	23	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	25
26	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	Teen Yoga w/ Roxanne @ Boys & Girls Club of Dorchester, Marr Clubhouse, 6:45 pm	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	30	31	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
						1		
2	3	4	5	6	7	8		
	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	Teen Yoga w/ Roxanne @ Boys & Girls Club of Dorchester,	Gentle Yoga w/ Roxanne @ ABCD, North End		Gentle Yoga w/ Roxanne @ ABCD, North End			
	@ ABCD, North End 10:00 am	@ Boys & Girls Club of Dorchester, Marr Clubhouse,	@ ABCD, North End 10:00 am		@ ABCD, North End 10:00 am			
		6:45 pm						
9	10	11	12	13	14	15		
	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	Teen Yoga w/ Roxanne @ Boys & Girls Club of Dorchester,	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am		Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am			
	10:00 am	Marr Clubhouse,	10:00 am		T0:00 am			
		6:45 pm						
16	17	18	19	20	21	22		
	Gentle Yoga w/	<b>Teen Yoga</b> w/ Roxanne	Gentle Yoga w/		Gentle Yoga w/			
	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	Roxanne @ Boys & Girls Club of Dorchester,	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am		Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am			
		Marr Clubhouse, 6:45 pm						
23	24	25	26	27	28	29		
23				27		29		
	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am	Teen Yoga w/ Roxanne @ Boys & Girls Club	Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am		Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am			
	10:00 am	of Dorchester, Marr Clubhouse,	10:00 am		10:00 am			
		6:45 pm						
30		Events, times and locations are subject to change.						
		All classes are one hour long unless otherwise noted.						
		Please check www.boston.gov/parks for the most up to date						
		schedule. Cancellations will be posted on social media:						

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