



# TROOPS FOR FITNESS

FREE

JULY 2017

FREE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	4 	5 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	6	7 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	8
9	10 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	11 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	12 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	13	14 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	15
16	17 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	18 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	19 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	20	21 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	22
23	24 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	25 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	26 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	27	28 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	28

Events, times and locations are subject to change.  
 All classes are one hour long unless otherwise noted.  
 Please check [www.boston.gov/parks](http://www.boston.gov/parks) for the most up to date schedule. Cancellations will be posted on social media:  
 @BostonParksDept and F/BostonParksDepartment