



BCYF Quincy Community Center | BCNC
 885 Washington Street; Boston, MA 02111 | 617-635-5129 x1060
FALL 2016 Schedule | Effective Dates: 9/03/16 - 12/31/2016



	Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五	Saturday 星期六
POOL	1:00 - 3:30 JQES	1:00 - 3:30 JQES	1:00 - 3:30 JQES	1:00 - 3:30 JQES	2:25 - 3:20 JQES Swim Club	9:15 - 10:00 Lap Swim
	3:45 - 4:45 Open Swim	3:45 - 4:45 Open Swim	3:45 - 4:45 Open Swim	3:45 - 4:45 Open Swim	3:45 - 4:45 Open Swim	10:15 - 11:00 Child Swim Lesson 1
	5:00 - 6:00 Red Oak	5:00 - 6:00 Lap Swim	5:00 - 6:00 Red Oak	5:00 - 6:00 Lap Swim	5:00 - 6:00 Lap Swim	11:15 - 12:00 Child Swim Lesson 2
	6:15 - 7:15 Lap Swim	6:15 - 8:30 QCC Youth Swim Clinic	6:15 - 7:15 Lap Swim	6:15 - 8:30 QCC Youth Swim Clinic	6:15 - 7:15 Lap Swim	12:15 - 1:00 Child Swim Lesson 3
	7:30 - 8:30 Open Swim		7:30 - 8:30 Open Swim		7:30 - 8:30 Open Swim	2:30 - 3:30 Open Swim
						3:45 - 4:30 Open Swim

QCC POOL RULES:

- * Children age 7 and younger must be supervised in the water by a parent/guardian during Open Swims.
- * Swim caps must be worn in the pool if you have collar length hair or longer. Swim caps and goggles are available for purchase for \$7 each at the QuincyCC Front Desk.

GYM	1:00 - 3:30 JQES	1:00 - 3:30 JQES	1:00 - 3:30 JQES	1:00 - 3:30 JQES	1:00 - 3:30 JQES	9:15 - 10:45 Karate / Open Gym
	3:30 - 4:30 Teen Open Gym	3:30 - 5:45 Red Oak After School Program	3:30 - 4:30 Teen Open Gym	3:30 - 4:30 Teen Open Gym	3:30 - 5:45 Teen Open Gym	11:00 - 3:00 QCC Sports
	4:45 - 5:45 Red Oak		4:45 - 5:45 Sports & Scholars	4:45 - 5:45 Sports & Scholars		
	6:00 - 7:00 QCC Sports	6:00 - 7:00 QCC Sports	6:00 - 7:00 State Basketball	6:00 - 7:00 QCC Sports	6:00 - 9:00 QCC Seasonal League	
	7:15 - 9:00 Karate / Basketball	7:15 - 9:00 BCEC Basketball	7:15 - 9:00 Karate / Basketball	7:15 - 9:00 QCC Reserved Time		3:30 - 4:45 QCC Reserved Time
ACTIVITY ROOM	3:30 - 4:30 Youth Time	3:30 - 5:45 Youth Time	3:30 - 5:45 Reserved Time	3:30 - 5:45 Youth Time	3:30 - 5:45 Youth Time	9:15 - 12:45 Weight Training
	4:45 - 5:45 Red Oak					
	6:00 - 9:00 Weight Training	6:00 - 9:00 Table Tennis	6:00 - 9:00 Weight Training	6:00 - 9:00 Table Tennis	6:00 - 9:00 Weight Training	1:00 - 2:45 Table Tennis
						3:00 - 4:45 Youth Time

Membership Fees	Yearly	Monthly	Drop In	Schedule subject to change without notice. NO refunds or exchanges of memberships and/or program fees. Only league or rental participants are allowed in gym during scheduled times. 時間表有可能改變。會員證不能退還。 球隊時間不能有其他人在球場。 所有8歲以下的兒童都必須有家長或負責任的成人在水中全程照顧和監督。
Youth/Teen (Age 4-19)	\$5	-----	\$3	
Adults (Age 20-64)	\$75	\$10	\$5	
Seniors (Age 65+)	FREE, must show valid ID			
** Valid membership required. Renewals are from last date of expiration. **				
BOSTrax membership card replacement (including seniors)			\$5	
Member drop in fee without card (including seniors)			\$2	

For more info about BCYF sites: www.boston.gov/departments/boston-centers-youth-families