

**BCYF Curtis Hall Community Center**  
**GYM SCHEDULE - Sept. - Dec. 2016 (Tentative Schedule Subject to Change)**

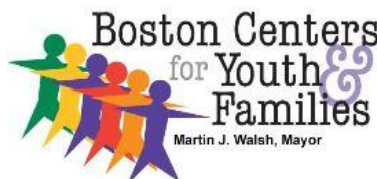
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Full Body Workouts 6:30-7:15am	Soccer 6:30-8:00am	Full Body Workouts 6:30-7:15am	Soccer 6:30-8:00am	Full Body Workouts 6:30-7:15am	Recreational Gym (all ages) 6:30-9:00am	JP Dads 9-10:30am
Basketball Training (all ages) 7:30-9:00am	Recreational Gym (all ages) 8:00-9:00am	Basketball Training (all ages) 7:30-9:00am	Recreational Gym (all ages) 8:00-9:00am	Basketball Training (all ages) 7:30-9:00am	Camp Joy 9:00-10:00am	Badminton Club 10:30am-12pm
Gym Closed 9:00-10:00am	Mission Hill School 9:00-11:00am	Gym Closed 9:00-10:00am	Mission Hill School 9:00-11:00am	Gym Closed 9:00-10:00am	In-House Basketball Tryouts 10:00-2:00pm	Recreational Gym (all ages) 12-5:00pm
Playgroup 10:00-12:30pm	Nazareth School 11:00-12:00pm	Playgroup 10:00-12:30pm	Nazareth School 11:00-12:00pm	Playgroup 10:00-12:30pm	Recreational Gym (all ages) 2:00-9:00pm	
Senior Fitness 1:00-2:00pm	Senior Health 12:00-1:00pm	Senior Fitness 1:00-2:00pm	Senior Health 12:00-1:00pm	Gym Maintenance 1:00-2:00pm		
Recreational Gym (19yrs & under) 2:00-6:00pm	Senior Tai Chi 1:00-2:00pm	Recreational Gym (19yrs & under) 2:00-6:00pm	Senior Tai Chi 1:00-2:00pm	Recreational Gym (12-15 yr. olds) 2:00-4:00pm	Fitness Room Hrs.  Mon. - Sat. 6:30am-8:45pm  Sunday 9:00-4:30pm	Gym Hours  Mon.-Sat. 6:30am-9:00pm  Sunday 9:00am-5:00pm
Zumba 6:30-7:30pm	Recreational Gym (15yrs & under) 2:00-6:00pm	Skills & Drills 6:00-7:30pm	Fitness Time (19 yr. olds and under) 2:00-4:00pm	Recreational Gym (16-19yr. olds) 4:00-6:00pm		
Women's Open Gym 7:30-9:00pm	Skills & Drills 6:00-7:30pm	Teen Pickup Basketball 7:30-9:00pm	Full Court Time (19yr. olds and under) 4:00-6:00pm	Family Gym 6:00-9:00pm		
	Never Too Late Basketball (rental) 7:30-9:00pm		Skills & Drills 6:00-7:30pm			
			Behan Soccer (rental) 7:30-9:00pm			
Please contact Gym Staff regarding gym programs.						

**BCYF Curtis Hall Community Center**  
**COMPUTER SCHEDULE - Sept. - Dec. 2016**  
**(Tentative Schedule Subject to Change)**

Senior Course			
Online <b>Mind Exercises</b>	Tues. & Fri.	<b>Begins: Sept. 13</b>	2:00-3:15 p.m.
Senior & Adult Courses			
Intro. to <b>Facebook</b>	Thursdays	<b>Begins: Oct. 13</b>	2:00-3:15 p.m.
Intro. to <b>Instagram</b>	Mondays	<b>Begins: Oct. 17</b>	2:00-3:15 p.m.
Intro. to <b>Internet Privacy</b>	Wednesdays	<b>Begins: Dec. 14</b>	2:00-3:15 p.m.
Open Access Times:			
Monday thru Friday		Session A: 3:50-4:50 p.m. Session B: 8:00-9:00 p.m.	
Adult Courses			
<b>Tech Goes Home</b>	Mon. Wed. & Fri.	<b>Begins: Oct. 03</b>	6:20-7:35 p.m.
Microsoft <b>Excel 2010</b> <i>(Intermediate Level)</i>	Mon. & Wed.	<b>Begins: Dec. 05</b>	6:20-7:35 p.m.
Youth Course (8-12 yrs. old)			
Basic <b>Computer Science</b>	Tues. & Thur.	<b>Begins: Oct. 18</b>	6:20-7:35 p.m.

Curtis Hall Tel:  
617.635.5193

**MEMBERSHIP IS  
REQUIRED FOR ALL  
PROGRAMS**



Jane Boyer / **Elderly Commission**  
 Available every 2nd Thursday 10-4pm  
 or by appointment. 617.635.4366

**Library Story Program:**  
 Thur. 10:30am & Fri. 9:30am