



# TROOPS FOR FITNESS

FREE

November 2017

FREE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	2	3 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	4
5	6	7 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	8 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	9	10 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	11
12	13 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	14 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	15 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	16	17 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	18
19	20 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	21 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	22 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	23 Happy Thanksgiving	24	25
26	27 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	28 Bootcamp w/ Gary Christopher Columbus, North End 6:30am	29	30		

Events, times and locations are subject to change.  
 All classes are one hour long unless otherwise noted.  
 Please check [www.boston.gov/parks](http://www.boston.gov/parks) for the most up to date  
 schedule. Cancellations will be posted on social media:  
 @BostonParksDept and F/BostonParksDepartment