



# TROOPS FOR **FITNESS**★

January 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 HAPPY NEW YEAR	2	3 • Teen Yoga w/ Roxanne @ Boys & Girls Club of Dorchester, Marr Clubhouse, 6:45 pm	4 • Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am  • Gentle Yoga w/ Roxanne @ ABCD, Amy Lowell 11:30 am	5	6	7
8	9	10 • Teen Yoga w/ Roxanne @ Boys & Girls Club of Dorchester, Marr Clubhouse, 6:45 pm	11 • Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am  • Gentle Yoga w/ Roxanne @ ABCD, Amy Lowell 11:30 am	12	13	14
15	16	17 • Teen Yoga w/ Roxanne @ Boys & Girls Club of Dorchester, Marr Clubhouse, 6:45 pm	18 • Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am  • Gentle Yoga w/ Roxanne @ ABCD, Amy Lowell 11:30 am	19	20	21
22	23	24 • Teen Yoga w/ Roxanne @ Boys & Girls Club of Dorchester, Marr Clubhouse, 6:45 pm	25 • Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am  • Gentle Yoga w/ Roxanne @ ABCD, Amy Lowell 11:30 am	26	27	28
29	30	31 • Teen Yoga w/ Roxanne @ Boys & Girls Club of Dorchester, Marr Clubhouse, 6:45 pm				

February 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 • Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am  • Gentle Yoga w/ Roxanne @ ABCD, Amy Lowell 11:30 am	2	3	4
5	6	7 • Teen Yoga w/ Roxanne @ Boys & Girls Club of Dorchester, Marr Clubhouse, 6:45 pm	8 • Gentle Yoga w/ Roxanne @ ABCD, North End 10:00 am  • Gentle Yoga w/ Roxanne @ ABCD, Amy Lowell 11:30 am	9	10	11
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26	27	28 • Teen Yoga w/ Roxanne @ Boys & Girls Club of Dorchester, Marr Clubhouse, 6:45 pm				

Events, times and locations are subject to change.  
All classes are one hour long unless otherwise noted.  
Please check [www.boston.gov/parks](http://www.boston.gov/parks) for the most up to date  
schedule. Cancellations will be posted on social media:  
[@BostonParksDept](#) and [F/BostonParksDepartment](#)