

BCYF Grove Hall Senior Center

51 Geneva Ave. Dor. MA 02121

For Program Information call 617*635*1487

Schedule Subject to Change * Membership & Programs Free of Charge * Hours of Operation 10am-6pm

DECEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <u>Memory Café</u> (Meeting of the Minds) 11am-1:00pm <u>Caribbean Moves</u> 2:00pm-3:00pm <u>Tech Café</u> 4:00pm-5:00pm	3 <u>Body & Balance</u> 10:30am-11:30am <u>Xmas Tree Decorating</u> 11:30am-1:30pm <u>Aqua Aerobics</u> 11:30am-1:30pm <u>Line Dancing</u> 2:30-3:30 <u>Japanese Drumming</u> 3:30pm-5:30pm <u>Project RIGHT Comm. Mtg.</u> 6:00-9:00pm	4 <u>Museum of Science</u> 9:30am-1:30pm (no seats available) <u>Writers Without Margins</u> 10am-12pm (class closed) <u>Jewelry Making Club</u> 10:00am-12:00pm <u>Low Cardio</u> 1:00pm-2:00pm <u>Game Time</u> 2:00pm-5:00pm	5 <u>Social Time</u> 10:00am-11:00am <u>Chair Yoga</u> 11:30am-12:30pm <u>Spanish Club</u> 1:30pm-2:30pm <u>Bingo</u> 3:30pm-5:30pm	6 <u>Crochet & Quilting</u> 10:30am-1:00pm <u>Bagua</u> 1:30pm-2:30pm <u>Fair Foods</u> 3:00pm-5:00pm <u>Movie Matinee</u> 2:30-4:30 <u>Symphony Hall Trip</u> 4:00pm (no transportation) (waiting list)
9 <u>Meditation</u> 10:15am-11:00am <u>Financial Planning Workshop</u> 11:00am-1:00pm <u>Caribbean Moves</u> 2:00pm-3:00pm <u>Tech Café</u> 4:00pm-5:00pm <u>Community Paint Night</u> 6:00pm-9:00pm	10 <u>Body & Balance</u> 10:30am-11:30am <u>Taiko Presentation (Guest Artist)</u> 11:30am-1:30pm <u>Aqua Aerobics</u> 11:30am-1:30pm <u>Line Dancing</u> 2:30pm-3:30pm <u>Japanese Drumming</u> 3:30pm-5:30pm	11 <u>Jewelry Making Club</u> 10:00am-12:00pm <u>Writers Without Margins</u> 10am-12pm (class closed) <u>Low Cardio</u> 1:00pm - 2:00pm <u>Game Time</u> 2:00pm-5:00pm	12 <u>Social Time</u> 10:00am-11:00am <u>Chair Yoga</u> 11:30am-12:30pm <u>Nutrition Class</u> 12:00pm - 1:00pm <u>Bingo</u> 3:30pm-5:00pm	13 <u>Crochet & Quilting</u> 10:30am-1:00pm <u>Bagua</u> 1:30pm-2:30pm <u>Movie Matinee</u> 2:30pm-4:30pm
16 <u>Meditation</u> 10:15am-11:00am <u>Financial Planning Workshop</u> 11:00am-1:00pm <u>Caribbean Moves</u> 2:00pm-3:00pm <u>Cultural Expression Through Literature</u> 3:00-5:00pm	17 <u>Body & Balance</u> 10:30am-11:30am <u>Project RIGHT Senior Mtg.</u> 11:00am-1:00pm <u>Line Dancing</u> 2:30pm-3:30pm <u>Japanese Drumming</u> 3:30pm-5:30pm	18 <u>Jewelry Making Club</u> 10:00am-12:00pm <u>Low Cardio</u> 1:00pm-2:00pm <u>Game Time</u> 2:00pm-5:00pm	19 <u>Social Time</u> 10:00am-11:00am <u>Chair Yoga</u> 11:30am-12:30pm <u>Spanish Club</u> 1:30pm-2:30pm <u>Bingo</u> 3:30pm-5:30pm	20 <u>Crochet & Quilting</u> 10:30am-1:00pm <u>Popcorn Podcast</u> 11:00am-12:00pm <u>Bagua</u> 1:30pm-2:30pm <u>Fair Foods</u> 3:00pm-5:00pm <u>Movie Matinee</u> 2:30pm-4:30pm
23 <u>Meditation</u> 10:15am-11:00am <u>Xmas Movie Time</u> 11:30am-2:00pm <u>Caribbean Moves</u> 2:00pm-3:00pm <u>Cultural Expression Through Literature</u> 3:00-5:00pm	24 <u>Body & Balance</u> 10:30am-11:30am <u>Xmas Movie Time</u> 11:30am-2:00pm <u>Aqua Aerobics</u> 11:30am-1:30pm <u>Line Dancing</u> 2:30pm-3:30pm <u>Japanese Drumming</u> 3:30pm-5:30pm	25 HOLIDAY CHRISTMAS SENIOR CENTER CLOSED	26 <u>Social Time</u> 10:00am-11:00am <u>Chair Yoga</u> 11:30am-12:30pm <u>Because We Care</u> 1:30pm-2:30pm <u>Bingo</u> 3:30pm-5:30pm	27 <u>Crochet & Quilting</u> 10:30am-1:00pm <u>Bagua</u> 1:30pm-2:30pm <u>Movie Matinee</u> 2:30pm-4:30pm
30 <u>Meditation</u> 10:15am-11:00am <u>First Night Trip</u> 10:00am-2:30pm <u>Caribbean Moves</u> 2:00pm-3:00pm <u>Cultural Experience Through Literature</u> 3:00pm-5:00pm	31 <u>Body & Balance</u> 10:30am-11:30am <u>Remembering 2019</u> 11:30am-1:30pm <u>Aqua Aerobics</u> 11:30am-1:30pm <u>Line Dancing</u> 2:30pm-3:30pm <u>Japanese Drumming</u> 3:30pm-5:30pm	Thursday Resource Information Shine Rep Dec. 19 th 11am-1pm		<u>Fridays</u> <u>Fair Foods</u> \$2.00 Bags 6 th & 20 th 3:00pm-5:00pm <u>Wang Theater Trip</u> Saturday 21 st 2:00pm (no transportation) (waiting list available)

