

BCYF Grove Hall Senior Center

51 Geneva Ave. Dor. MA 02121

For Program Information call 617*635*1487

Schedule Subject to Change * Membership & Programs Free of Charge * Hours of Operation 10am-6pm

JANUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Thursday Resource Information</i> Shine Representative Jan 2nd 16th 30th 11am-1pm	<i>Fair Foods</i> <i>\$2.00 Bags</i> 3th 17th 31st 3:00pm-5:00pm	1 <i>HOLIDAY</i> <i>NEW YEARS DAY</i> <i>SENIOR CENTER</i> <i>CLOSED</i>	2 <i>Tea Time</i> 10:00am-11:00am <i>Chair Yoga</i> 11:30am-12:30pm <i>Spanish Club</i> 1:30pm-2:30pm <i>Bingo</i> 3:30pm-5:30pm	3 <i>Crochet & Quilting</i> 10:30am-1:00pm <i>Bagua</i> 1:30pm-2:30pm <i>Fair Foods</i> 3:00pm-5:00pm <i>Movie Matinee</i> 2:30-4:30
6 <i>Memory Café</i> 11am-1:00pm <i>Caribbean Moves</i> 2:00pm-3:00pm <i>Cultural Expression Through Literature</i> 3:00-5:00pm <i>Tech Café</i> 4:00pm-5:00pm	7 <i>Tai Chi</i> 10:30am-11:30am <i>Aqua Aerobics</i> 11:30-1:30 <i>Social Time (Remember When Discussion)</i> 12:00-1:30 <i>Line Dancing</i> 2:30-3:30 <i>Japanese Drumming</i> 3:30pm-5:30pm <i>Project RIGHT</i> 6pm-9pm	8 <i>Jewelry Making Club</i> 10:00am-12:00pm <i>Computer Class</i> <i>Partnership with Grove Hall Library</i> 1:00pm-3:00pm <i>Low Cardio</i> 1:00pm - 2:00pm <i>Game Time</i> 2:00pm-5:00pm	9 <i>Tea Time</i> 10:00am-11:00am <i>Chair Yoga</i> 11:30-12:30pm <i>Improving Knee Pain Presentation</i> 12:30-1:30 <i>Stretch & Dance</i> 1:30 -2:30 <i>Bingo</i> 3:30pm-5:30pm <i>Grove Hall Safe Neighborhood Initiative</i> <i>Comm. Meeting</i> 6:00pm-9:00pm	10 <i>Crochet & Quilting</i> 10:30am-1:00pm <i>Bagua</i> 1:30pm-2:30pm <i>Movie Matinee</i> 2:30pm-5:00pm
13 <i>Meditation</i> 10:15am-11:00am <i>Domino Tournament</i> 11:30-1pm <i>Burke Writing Program Presentation</i> 1:30-2:00pm <i>Caribbean Moves</i> 2-3pm <i>Cultural Expression Through Literature</i> 3:00-5:00pm <i>Tech Café</i> 4:00-5:00pm <i>Paint Night</i> 5:30-9:00	14 <i>Tai Chi</i> 10:30am-11:30am <i>Aqua Aerobics</i> 11:30am-1:30pm <i>Mothers for Justice</i> 11:30am-1:30pm <i>Line Dancing</i> 2:30pm-3:30pm <i>Japanese Drumming</i> 3:30pm-5:30pm	15 <i>Jewelry Making Club</i> 10:00am-12:00pm <i>Computer Class</i> <i>Partnership with Grove Hall Library</i> 1:00pm-3:00pm <i>Low Cardio</i> 1:00pm-2:00pm <i>Game Time</i> 2:00pm-5:00pm	16 <i>Breaking Bread</i> 10:30am-12:30am <i>Chair Yoga</i> 12:30am-1:30pm <i>Stretch & Dance</i> 1:30pm - 2:30pm <i>Spanish Club</i> 2:30pm-3:30pm <i>Bingo</i> 3:30pm-5:30pm	17 <i>Crochet & Quilting</i> 10:30am-1:00pm <i>Bagua</i> 1:30pm-2:30pm <i>Fair Foods</i> 3:00pm-5:00pm <i>Movie Matinee</i> 2:30pm-5:00pm
20 <i>HOLIDAY</i> <i>MARTIN LUTHER KING JR. DAY</i> <i>SENIOR CENTER</i> <i>CLOSED</i>	21 <i>Tai Chi</i> 10:30am-11:30am <i>Project RIGHT Senior Mtg.</i> 11:30am-1:00pm <i>Because We Care</i> 1:00pm-2:00pm <i>Aqua Aerobics</i> 11:30-1:30 <i>Line Dancing</i> 2:30-3:30 <i>Japanese Drumming</i> 3:30pm-5:30pm	22 <i>Jewelry Making Club</i> 10:00am-12:00pm <i>Computer Class</i> <i>Partnership with Grove Hall Library</i> 1:00pm-3:00pm <i>Low Cardio</i> 1:00pm-2:00pm <i>Game Time</i> 2:00pm-5:00pm	23 <i>Tea Time</i> 10:00am-11:00am <i>Chair Yoga</i> 11:30am-12:30pm <i>Transportation Meeting</i> 12:30-1:30 <i>Stretch & Dance</i> 1:30pm-2:30pm <i>Bingo</i> 3:30pm-5:30pm	24 <i>Crochet & Quilting</i> 10:30am-1:00pm <i>Bagua</i> 1:30pm-2:30pm <i>Movie Matinee</i> 2:30pm-5:00pm
27 <i>Meditation</i> 10:15am-11:00am <i>Social Time Activity</i> 11:30am-1:30pm <i>Caribbean Moves</i> 2:00pm-3:00pm <i>Tech Café</i> 4:00-5:00pm <i>Cultural Experience Through Literature</i> 3:00pm-5:00pm	28 <i>Tai Chi</i> 10:30am-11:30am <i>Social Time (Remember When Discussion)</i> 12:00am-1:30pm <i>Aqua Aerobics</i> 11:30am-1:30pm <i>Line Dancing</i> 2:30pm-3:30pm <i>Japanese Drumming</i> 3:30pm-5:30pm	29 <i>Jewelry Making Club</i> 10:00am-12:00pm <i>Computer Class</i> <i>Partnership with Grove Hall Library</i> 1:00pm-3:00pm <i>Low Cardio</i> 1:00pm-2:00pm <i>Game Time</i> 2:00pm-5:00pm	30 <i>Tea Time</i> 10:00-11:00 <i>Chair Yoga</i> 11:30am-12:30pm <i>Stretch & Dance</i> 1:30pm-2:30pm <i>Spanish Club</i> 2:30pm-3:30pm <i>Bingo</i> 3:30pm-5:30pm <i>Teen Movie Night</i> 6:00pm-9:00pm	31 <i>Crochet & Quilting</i> 10:30am-1:00pm <i>Bagua</i> 1:30pm-2:30pm <i>Fair Foods</i> 3:00pm-5:00pm <i>Movie Matinee</i> 2:30pm-5:00pm

