

# Get up to \$150 in fitness reimbursement

If you belong to a qualified health and fitness club for four months in a calendar year, we'll reimburse you up to \$150 for you or the dependents covered under your plan.



## What qualifies for reimbursement?

Fitness reimbursement applies to monthly fees paid to a facility that provides cardiovascular and strength-training equipment for exercising and improving physical fitness (such as health clubs and community fitness centers).

Qualified facilities also include fitness studios and facilities that offer:

- Yoga
- Pilates
- Zumba
- Aerobic/group classes
- Indoor cycling/spinning classes
- Kickboxing
- CrossFit
- Strength training
- Tennis
- Indoor rock climbing
- Personal training (taught by a certified instructor)

## Getting reimbursed is simple.

1. Pay your monthly fees to your fitness club
2. After four months of membership, you may complete the Fitness Reimbursement Form; go to [harvardpilgrim.org/fitnessreimbursement](https://www.harvardpilgrim.org/fitnessreimbursement) and pick one of these options:



### Online

Click on the link to submit your request online.



### Mail

Complete the paper form and mail to the address on the form, along with a copy of your fitness contract or receipt.

**Read on for details ▶**

## What does not qualify for reimbursement?

### The following are not eligible for reimbursement:

- Fees you pay for group classes or personal training outside of a fitness facility/studio
- Health club initiation fees for instructional dance studios, country clubs, social clubs (such as ski, riding or hiking clubs), spas, gymnastics facilities, martial arts schools, pool-only facilities
- Road race fees, sport camps, ski passes, sports teams or leagues, and school sports athletic user fees

## When can I submit my request?

### You can request reimbursement:

- Starting May 1 of the current calendar year, and after you've been enrolled in a Harvard Pilgrim plan for four continuous months

- After four months of fitness club membership
- One per calendar year, submitted by March 31 of the following year

## How long will it take to be reimbursed?

Once you submit your request, reimbursement takes up to eight weeks. We'll send a check to the subscriber's address of record, made payable to the subscriber.

## For complete guidelines:



Go to [harvardpilgrim.org/fitnessreimbursement](https://harvardpilgrim.org/fitnessreimbursement)



Call Member Services at **(888) 333-4742**

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\$150 maximum reimbursement per Harvard Pilgrim policy in a calendar year (individual or family contract). Must be currently enrolled in Harvard Pilgrim at time of reimbursement. If enrolled through an employer, available to the extent your employer has elected to offer this fitness reimbursement. Restrictions apply, and reimbursement is not available to all members. Certain employers will offer this program upon their annual enrollment/anniversary date. In these instances, you'll be eligible four months after the enrollment/anniversary date. For example: If your employer's enrollment/anniversary date is April 1, eligibility to submit for reimbursement begins no earlier than August 1 (as long as all other participation rules are met, including being an active member). For tax information, consult your employer or tax advisor.

Some employers, and individuals who purchase plans directly from Harvard Pilgrim, may have a fitness reimbursement amount that is different than the standard benefit. Please see your Benefit Handbook and Schedule of Benefits for details.