

Moving Equity Forward Together

BPHC Office of Health Equity Update

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BOSTON BOARD OF HEALTH

7/18/2018

Boston Public Health Commission

MISSION

To protect, preserve, and promote the health and well-being of Boston residents, particularly the most vulnerable.

VISION

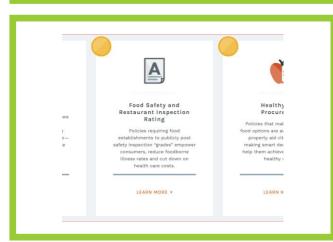
A thriving Boston where all residents live healthy, fulfilling lives free of racism, poverty, violence, and other systems of oppression. All residents will have equitable opportunities and resources, leading to optimal health and well-being.

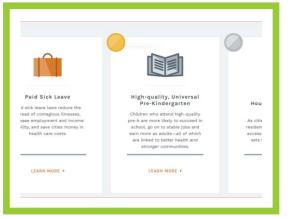














CityHealth Gold Medalist

But Also Tops Other Lists

Unemployment = **7%** (2015)

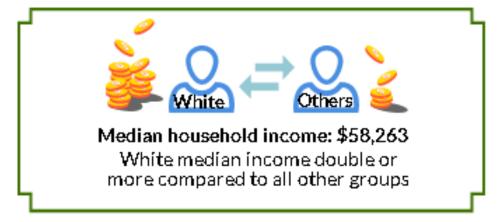


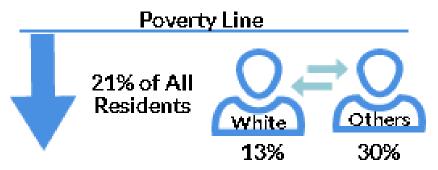
#1 in income inequality (and the gap is growing!)

#3 in highest average rent

#9 on the list of most segregated cities

#10 on the list of poorest cities





Health Equity Strategic Plan (2017-2018)

	Goals	Implemented Strategies
1	Expand the understanding and dialogue of what creates health and what creates inequities	 Communications webinar (NACCHO) 3 Health Equity Videos highlighting great equity work of BPHC staff Health Equity in All Policies task force launched Health Equity Advisory Committee created Community Health Improvement Plan (CHIP) Council created
2	Support comprehensive place- based strategies to improve health	 Launched 5 community meetings in 2017 on affordable housing (expanded nontraditional partnerships); Launched first 2018 community meeting focused on mental health among youth. Developed stakeholder database to increase equity in BPHC's engagement and partnerships (on intranet) Members of multiple hospital Community Advisory Boards for CB and DoN investments 3 brown bags to introduce staff to equitable approaches to community engagement
3	Strengthen workforce development opportunities for all staff to integrate equity into practice	 Budget questions, RJHE assessment toolkit, Hiring, Promotion, and Retention work group – examples of ways we are applying equity lens in decision-making and development of policies and programs across BPHC. Offer quarterly Listening Circles facilitated by EAP across campuses; Workforce Resiliency Plan – examples of supporting emotional and overall staff wellbeing through racial justice and trauma informed approaches. Hosted Office of Health Equity re-launch with over 50 staff participating.



KINDLY JOIN THE

Office of Health Equity

RE-LAUNCH

WEDNESDAY, JUNE 6TH | 9AM-11AM

1010 MASS AVE Kitchen Across from IT 6th FL



Please RSVP By May 31st | healthequity@bphc.org





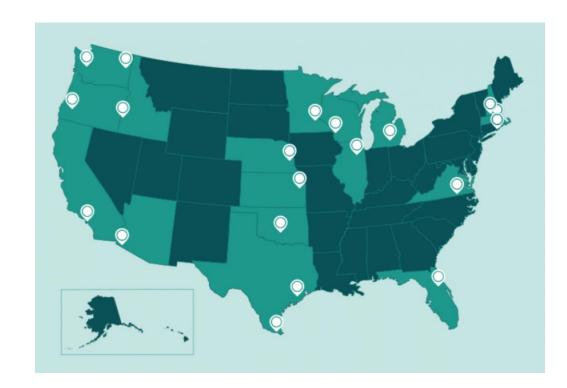


ELPH:

- Develop the leadership skills of a local public health director and a colleague
- Undertake transformational change within a local health department

BPHC:

- Reorganize activities to more effectively address SDoH.
- Engage other City Departments.
- Implement BPHC Community Engagement Strategy.
- Share health and SDoH data to support advocacy and equitable decision making.
- Update communication standards and practices



Key Elements of Health in All Policies

Promote health, equity, and sustainability

Integrating into policies, programs, and processes

Embedding into government decision-making processes

Support intersectoral collaboration

Convene multi sector partners to link health and other issue and policy areas, break down silos, build new partnerships and increase government efficiency

Rudolph, L., Caplan, J., Ben-Moshe, K., & Dillon, L. (2013). Health in All Policies: A Guide for State and Local Governments. Washington, DC and Oakland, CA: American Public Health Association and Public Health Institute.

Key Elements of Health in All Policies (cont.)

Benefit multiple partners

"Co-benefits" and "win-wins."

Engage stakeholders

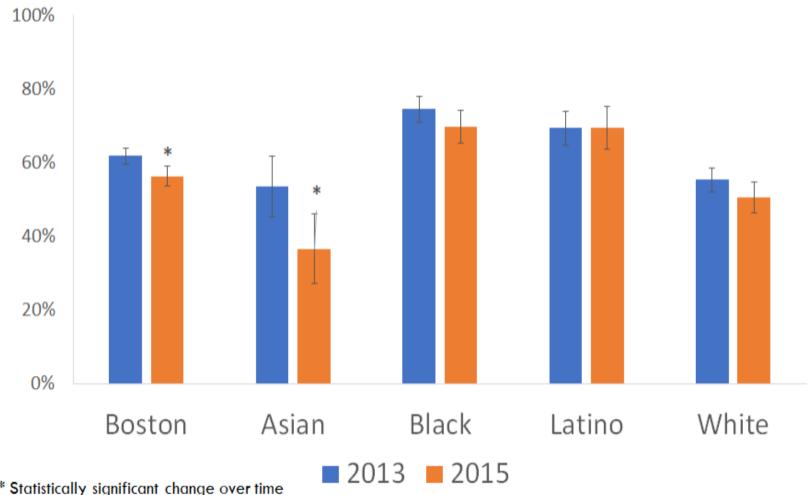
Community members, policy experts, advocates, private sector, funders, government

Create structural or procedural change

Permanent changes in how agencies relate to each other and how decisions are made

Rudolph, L., Caplan, J., Ben-Moshe, K., & Dillon, L. (2013). Health in All Policies: A Guide for State and Local Governments. Washington, DC and Oakland, CA: American Public Health Association and Public Health Institute.

Adults Who Thought Their Neighborhood was Not Safe¹ by Race/Ethnicity and Year



^{*} Statistically significant change over time

DATA SOURCE: Boston Behavioral Risk Factor Survey (2013, 2015), Boston Public Health Commission

¹ Reported neighborhood to be "somewhat safe" or "not safe"

Process and Strategies

HEiAP Task Force

Leadership

Early Adopters

Highlight Stories

Survey and Survey Results

TA/Trainings: evaluation & community engagement

Business Practices, Programs, Policies



Health Equity in All Policies Task Force

- Launched June 8, 2018
- 22 participants/11 participating depts.

Baseline Survey: who completed?

- Auditing Department
- Boston Centers of Youth & Families
- Boston Fire Department
- Boston Housing Authority
- Boston Parks and recreation
- Boston Police Department
- Boston Public Health Commission
- Boston Public Library
- Boston Public Schools
- City Hall to Go
- Commission on Affairs of the Elderly
- Department of Innovation and Technology
- Disabilities Commission

- Election Department
- Immigrant Advancement
- Inspectional Services Department
- Mayor's Office of Arts and Culture
- Mayor's Office of Resilience and Racial Equity
- Mayor's Office of Women's Advancement
- Neighborhood Development
- Office of Fair Housing & Equity
- Office of Small Business Development
- Office of Workforce Development
- Public Works & Transportation Department(s)
- Tourism, Sports & Entertainment
- Veterans' Services

HEiAP Awareness Among Boston Agencies (N=26)

Strongly Agree
Somewhat Agree

■ Neither Agree/Disagree ■ Disagree

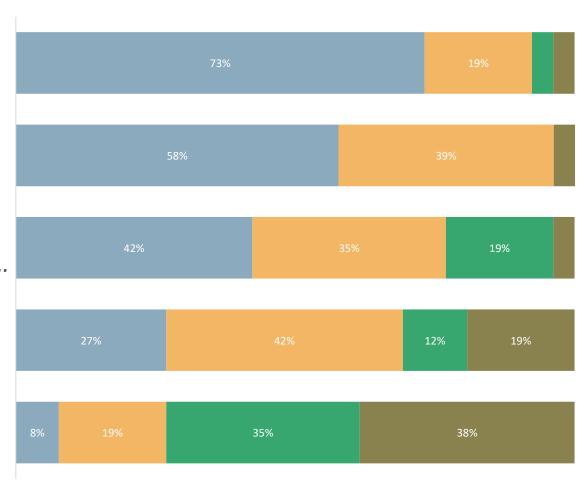
"It would benefit my department to show the community health benefits our work."

"It is important to articulate the health impact of my department's work."

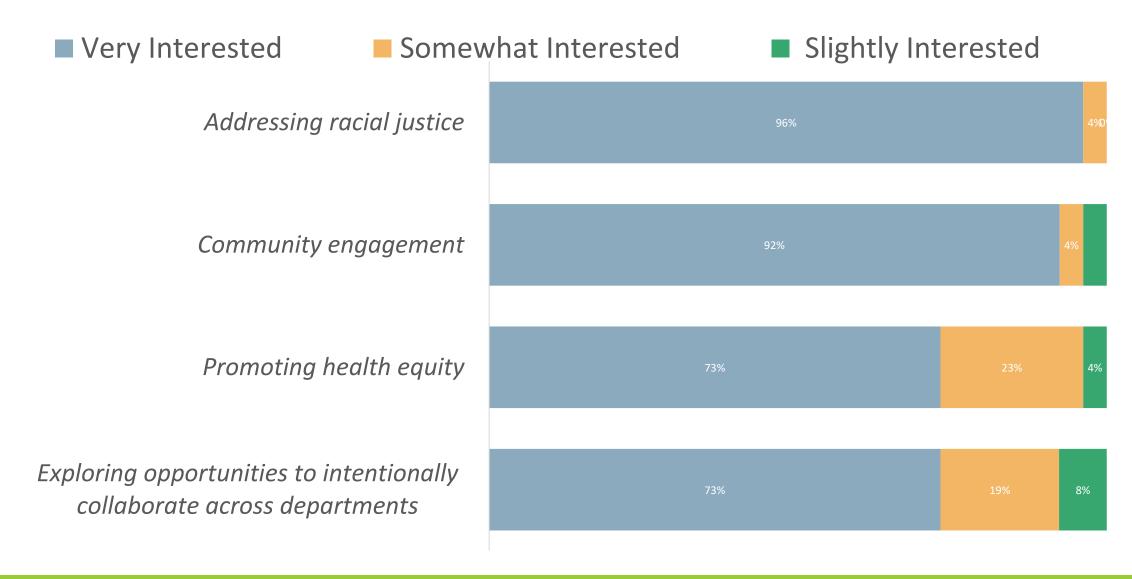
"I am aware of an existing health condition or health inequity that is of significant concern to...

"I typically consider the health equity implications of my department's work."

"I typically measure the health equity impacts of my department's work."



Interest in Proposed Training Topics (N=26)



BPHC Community Engagement Plan



HEALTH EQUITY
ADVISORY COMMITTEE



COMMUNITY MEETINGS



PARTNERSHIP DATABASE



CUSTOMER SATISFACTION SURVEY

Health Equity Advisory Committee

- 2 year term, up to 8meetings a year
- 9 membersrepresenting 6 Bostonneighborhoods



Board of Health Meeting, October 2017

HEAC shaping BPHC's Communications

FLU POSTERS BEFORE

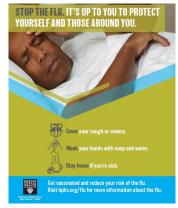


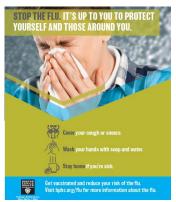
STOP THE FLU. IT'S UP TO YOU.





FLU POSTERS AFTER







HEAC worked with IGR on Patient Confidentiality

PATCH FAQ **BEFORE**

Frequency Asked Operations

Massachusems law now allows individuals insured under another person's health plan policy (like a parent or spouse) to submit a request to their health insurance plan if they need or want to keep information about the health case services they receive while using their insurance confidential

General / Why is this important?

What problem does this fix?

If you are covered by another person's health insurance policy like a parent or spouse, you are called a 'dependent', and that person is considered the 'policyholder' of your health plan. Anytime you receive health case services, your health insurance company may send some of your confidential health information - like the name of your provider or the date and two of the services you sectived - to the policyholder, through a form called the Summary of Payments (SOP).

What is a Summary of Fayments (SOF) form?

Health insurance plans typically send a Summary of Payments (SOP) form (which is also known as an Explanation of Zonofits form, or EOE) detailing the type and cost of modical services that have been reprided to any insused dependents on the relievispider's view each time they access medical case. The SOP form may contain information on sensitive health case services, such as care related to domestic violence or sexual assault, mental health or substance use disorders, sexual and reproductive health or HIV/AIDS. Sharing this form with the policyholder can unintentionally compromise perions confidentiality for anyone envalled as a dependent on another person's health insusance policy, such as a young adult or spouse.

Why does my health insurance company send information to the policyhelder in the first

Consumer protection law semetimes requires insurance companies to send the person who owns on insusance plan, called the policyholder, information about how and when an insurance plan is being used. Many times health insurance companies do this even when it is not required in order to help educate the policyholder and any dependents on the plan about how the health plan is being used Unfortunately, this can lead to the private health information of dependents on the plan being shared with the policyholder. New Massachusetts few requires insurance companies to step sharing that information with the policyholder when the patient who received medical core requests that th information stars confidential

How does this law protect my health care confidentiality?

The law protects petions confidentiality in four main ways

plan) suther than to the policyholder.

forms, including or a different mailing address or electronically through an online postal

when there is no remaining cost-sharing (i.e. co-pay or deductible) for the health care visit or

can request to keep the information confidential only in certain circumstances (see question below). A legal guardian who is legally allowed to consent to health care for the patient may also request these protections on behalf of the patient.

If you're under 15, you can use these new protections only in the following circumstance:

- · You are married, divorced or widowed
- You see living on your own and managing your own finances**

- For substance abuse treatment when you are 12 or older and at least two decreas have found
- you to be drug dependent (except for methodone maintenance thorapy)
- . When the decree determines that you are a 'mature miner', which means the decree believes

1) Health plans must issue the SOF form directly to the patient [i.e. any dependents on the

2) All patients, including dependents, can choose their professed method of receiving SOF

3) SOF forms will contain general information only, such as "office visit" or "modical care," suther than more explicit descriptions of sensitive health core services that could violate

4) All nations, including dependents, will have the option to ope-out of secriting an SOP form

Who can use those new privacy protections?

Anyone age 15 and older who is covered by another's health insurance plan can request to keep their health information confidential and the health plan must honor that request. If you've under 15, you

If I'm under 15, do these protections apply to me?

- You see a member of the armed forces***
- You are gargener or you believe yourself to be gregners*
- · For amagancy survices if dalay would sisk your hoalth or life
- . For diagnostic or programment relating to STI programment and posting and HIV posting
- For family planning services, including those funded through the Department of Public
- . For admission at a mental health treatment facility if you are 16 or older
- For abortion services if you obtain germission through a court order known as "judicial bypass". Mary Moc position or 125 position.
- the minor can give informed consent to the treatment and it is in the minor's best interest

If you're still unsure whether these protections apply you can contact your doctor or your health insusance plan.

PATCH BROCHURE **AFTFR**



(Type a seption, for your place)

Do you get your health insurance through your parents, your spouse, or someone else? As of (effective date) in Massachusetts, vou can make sure that you are the only person who will see your insurance statements by asking your insurance provider.



For more information or for help submitting a sequest or getting your request accepted and honored by your health plan, please contact ITED

Phone: [Telephone] Rmail: [Rmail address Web: (Web address)

> Keeping Your Private Health Care Private

Ask Your Health Insurance Company that Statements of Your Care Only he Available to You Tell your insurance provider you want

statements about you'be sent only to YOU, the patient, and no one else. You can have these statements sent to a different address. You can ask for them to be Insurers are not required to have electronic access until Ageil 2019, but they may persenting statement be sent for services that do not have a co-payment. You need insurance provider for each medical visit or treatment.

In Massachusetts 5500 of health "beuranze vlans aus "self-insured" und saw not required but may follow these legal requirements. Call and as your health insurance provider if they are self-insured and if they will provide the same added SENSITIVE SERVICES ave NEVER DETAILED in any INSURANCE STATEMENTS

care services considered sensitive will namer be disclosed in insurance statements. They will any things like office plait and medical care.

ourseling on Pregnancy Options + Any Visit

Including Assessment of Secusi Risk.

Reproductive/Sexual/Premancy Coercion

Services Related to Second Assembly - Domesti.

Violence Diagnosis, Services, Support and

Counseling + Management of Almormal Pap Screens + Diagnosis and Treatment of Vaginal Infections + Prenatal Care.

Pregnancy Intention, and/or

Mantal Health Services - Substance Us Disorder Services, including Medication and Treatment - Gender Transition-Related Service Live on you own and manage - Testing, Treatment and Prevention of Sexual you own finances itted Infections (e.g., HFV vso Are in the military Testing, Treatment and Prevention of HIV and Are married AIDS (including pre-exposure prophylaxis Think you may have an STLor (PASS) + Hagetitis C Testing, Treatment and HIV or need treatment for an ration - Hemalitis & Teating, Treatmen

and Medication - Reproductive Services (e.g., STI or HIV lmesst, cervical and prostate cancer screening Are experiencing emergency □ Contraceptine Services → Fartility Services →

> This list is does not include every reason you may be granted the same privacy. Please check with

have the Same Privacy if Are a parent Are pregnant or think you

Children under 18 can

Right-click and then

- · Are divorced or widowed
- medical situation which is life threatening
- your insurance plan.



The information in your medical record is confidential and is protected under Massachusetts General Laws Ch. 111, Sec 70. Your written consent will be required for release of information except in the case of a court order. Middle Initial

Medical Record # (For office use only)

Client Registration Legal Name Last Preferred name: Preferred pronouns: Legal Sex (please check one)* □ Female Male "While Feneral recognizes a number of genders / sexes, many insurance companies and legal entities unfortunately do not. Please be aware that your legal name and sex you have listed on your insurance must be used on documents pertaining to insurance, billing and correspondence. If your preferred name and pronouns are different from these, please let us know. Month Day Year Social Security # State ID # or License # Your answers to the following questions will help us reach you quickly and discreetly with important information. Cell Phone Work Phone Best number to use: Home Cell Work Local Address Billing Address (if different from above) Email address: Occupation Employer/School Name Are you covered under school or employer's insurance? Yes Emergency Contact's Name Phone Number Relationship to you If you are under 19, the Department of Public Health requires that you provide parent/guardian contact information. Parent/Guardian Name Phone Number Relationship to you May Fenway Health send mail to your local address (check one)? U Yes This question only refers to mail for purposes other than billing. Payment is expected at the time of your visit. This information is for demographic purposes only and will not affect your care. 1.) Which of the categories best 2.) Employment Status 3.) Racial Group(s) 4.) Ethnicity ☐ Hispanio/Latino/Latina describes your current annual income? Please check the correct □ Not Hispanio*Latino*Latina ☐ Employed full time African American/Black category: C Employed part time Asian C Student full time Caucasian < \$10,000 Student part time Multi racial Q \$10,000 - 14,999 Retred 5) Country of Birth Native American / Alaskan \$15,000 - 19,999 Other_ Native / Inuit DUSA \$20,000 - 29,999 Pacific Islander O Other G \$30,000 - 49,000 Other_ G \$50,000 - 79,999 Q Over \$80,000 7.) Do you think of 8.) Marital Status 10.) Referral Source 6.) Language(s) yourself as: O Married O Self a Lesbian, gay, or O Partnered ☐ Friend or Family Member a English C) Single Health Provider homosexual o Español Divorced ☐ Emergency Room co Straight or o Français D Ad/Internet/Media/Outreach Other_ heterosexual a Portugués WorkerSchool a Bisexual а Русский 9.) Veteran Status O Other ___ a Something else Other _ □ Veteran a Don't know ☐ Not a Veteran 11.) What is your gender? 12.) What was your 13.) Do you identify as sex at birth? transgender or transsexual? Please turn over D Female D Female D Yes □ Male ☐ Male D No Genderqueer or not ☐ Don't know exclusively male or female.

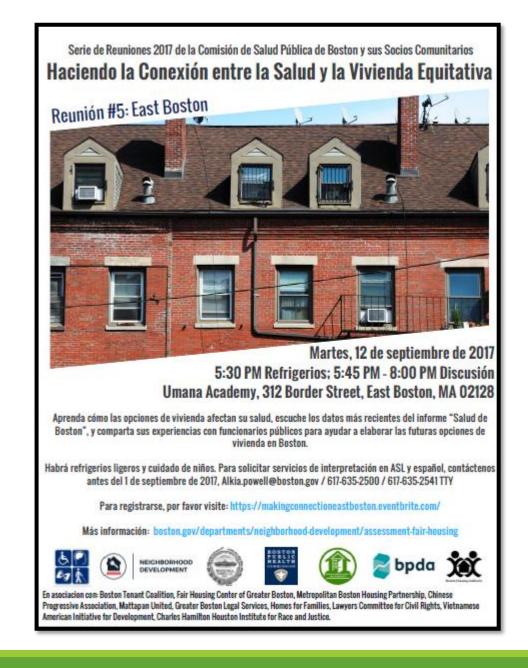
HEAC advises on how to create inclusive environment for Boston's LGBTQ Homeless Population

2017 COMMUNITY MEETINGS

CO-HOSTED IN FIVE (5)
 NEIGHBORHOODS

WE REACHED 211

RESIDENTS IN TOTAL



2018 Community Meetings

CO-HOSTED IN SIX (6) **NEIGHBORHOODS**

COMMUNITY CONVERSATIONS WITH YOUTH:

MENTAL HEALTH AND **COMMUNITY VIOLENCE**

Mental health is as important as physical health.















Boston Public Health Commission & Community Partners Community Meeting Series 2018



Madison Park Development Corporation youth on July 5, 2018

tens to ADVANCE RACIAL JUSTICE



The Boston Public Health Commission's Racial Justice and Health Equity Assessment Tool is a guide for ALL STAFF to proactively build in equity analysis for any function area (policy, program, practice, or budget decision) and to align our everyday work with our mission and vision.



Gather Data. Focus on Impact.

How do the data you use and the outcomes you set work to eliminate racial/geographic inequities? Are you making assumptions?



Talk to the Experts.

How are you continuously including the communities who are most impacted by your proposal in priority setting and implementation? Who have you identified as constituents and stakeholders and how will you engage them?



Analyze Data. Determine Benefit and Burden.

How does your plan benefit or cause unintended harm to people of color or other vulnerable populations? What does this data tell you about what needs to be changed?



Advance Opportunity or Minimize Harm.

How will you revise your original proposal to build racial justice and health equity (e.g., including constituent and stakeholder voices, addressing root causes, customizing approaches according to population)?



How do you know your measures of success advance racial justice and health equity?



Ensure Accountability and Ongoing Feedback Loop.

How will you ensure your project contributes to building a sustainable culture of racial justice and health equity (e.g., transparent communications, equitable community engagement, etc.)?

For more information on integrating these steps into your work, please email the Office of Health Equity at healthequity@bphc.org.

Racial Justice and Health **Equity Assessment Toolkit**

- 4 feedback sessions (May June 2018) with:
 - Health Equity Advisory Committee
 - Anti Racism Advisory Committee, and
 - 2 internal staff sessions
- Pilot tool August 2018

Technical Assistance

	Request Examples
Short term support: Staff seeking immediate support, e.g. one day, one meeting, totals up to 2 weeks	 Review a one pager, fact sheet to assure language, terminology, and framing of racial justice and health equity are appropriate; Review a document, presentation to maintain consistency of racial justice and health equity messaging; Support brainstorming within a process
Mid-level support: Staff seeking intermediate support, up to 3 months of planning, review, and/or implementation	 OHE participate/present at a workshop, conference, or review a proposal for equity considerations. OHE participate on a committee or project to assist in the design and implementation of activities to meet their goals and objectives, such as the Healthy Start Systems or Ryan White medical case managers training
Equity Change Projects: Staff seeking long-term and sustainable solutions to equity concerns through short or long-term projects, up to 3 months (up to 15 hours)	 OHE/Equity Change Project Team will work with up to 3 chosen projects at a time to: Apply equity considerations within a specific area such as community engagement communications. Support through a full 6 step racial justice and health equity assessment project. Engage in deeper dive into one of the 6 steps.

Moving Equity Forward Together

https://youtu.be/XfAY6UgjAbc

Moving Equity Forward Together

Thank You & Q&A