

WELCOME FAMILY

Welcome Family (WF) is a free program offering a one-time home visit from a public health nurse to all mothers and their newborns in Boston.



At the home visit, the public health nurse will:

- Offer to assess mom's and infant's health
- Give health and parenting information and advice
- Answer questions mom may have
- Give advice about home safety and safe sleeping
- Provide breastfeeding support, if needed
- Refer mom to resources in the community, as needed
- Give mom a WF bag with gifts for mom and baby

The home visit is:

- Free
- Confidential
- Voluntary



Eligibility:

- Any mom with a newborn, regardless of income
- Boston residency required
- Referrals can be accepted up to 8 weeks postpartum (ideally, in the first 2 weeks)

For more information, call 617-534-5832.

Completed referrals can be faxed to 617-534-5355.



Building a Healthy Boston

WelcomeFamily@bphc.org

www.bphc.org

01/2014

