For 2021 Medicare Annual Enrollment, call Age Strong for an appointment with an advocate to see if you have the best plan at the least cost.
MONDAY, NOVEMBER 1

9:30am
Age Strong Commission Virtual Chair Yoga
Click here to attend via Zoom.

11:30am
Age Strong Commission Virtual Zumba
Click here to attend via Zoom.

TUESDAY, NOVEMBER 2

11am-6pm (through 11/23)
Copley Square Farmers Market
139 St. James Avenue, Copley Square
Click here for more information.

11:30am
Age Strong Commission Virtual Latin Dance
Click here to attend via Zoom.

6:30pm
BPL Virtual “¡Con Salsa!” The History of Afro-Latin Music in the U.S.
Click here to register & for more information.

WEDNESDAY, NOVEMBER 3

11:30am
Age Strong Commission Virtual Yoga
Click here to attend via Zoom.

12pm-3pm
Free Telephone Immigration Legal Consultations
Call 617-635-2980 or email immigrantadvancement@boston.gov for appointments.

1pm-3pm
Recipe Box Gathering
Boston Public Library, Roxbury Branch
149 Dudley Street, Roxbury
Click here to register & for more information.

2:30pm
BPL Virtual: Living Room Conversations VII "Healing"
Click here to register & for more information.

3pm
BPL Virtual: Shelf Service Live Personalized Reading Recommendations from BPL Librarians
Click here to register & for more information.

3-6:30pm
East Boston Farmers Market
1 P William C Kelly Square, East Boston
Click here for more information.
THURSDAY, NOVEMBER 4

11am-4pm (through 11/18)
*Dewey Square Farmers Market*
700 Atlantic Avenue, South Boston
Click [here](#) for more information.

2pm
*Sara Ting: Poem to Ignite Transformation*
*Boston Public Library, Central Branch*
700 Boylston Street, Copley Square
Click [here](#) for more information.

4:30pm
*Jamaica Plain Public Art Celebration*
*Boston Public Library, Jamaica Plain Branch*
30 South Street, Jamaica Plain
Click [here](#) for more information.

6pm
*Book Group: “Anxious People” by Fredrik Backman*
*Boston Public Library, South Boston Branch*
646 East Broadway, South Boston
Click [here](#) for more information.

7pm
*BPL: Virtual: Kanopy Club*
“Beauty and the Beast” (1946)
Watch the film on Kanopy then join the Zoom discussion
Click [here](#) for more information.

FRIDAY, NOVEMBER 5

10am-12noon
*BPL: Virtual Drop-in Office Hours: Legal Services Center*
Click [here](#) to register & for more information.

11am-6pm
*Copley Square Farmers Market*
139 St. James Avenue, Copley Square
Click [here](#) for more information.

11:30am
*Age Strong Commission Virtual Meditation*
Click [here](#) to join via Zoom.

4pm
*BPL: Virtual: Friday Unwind Gentle Yoga with Hands to Heart Center*
Click [here](#) for more information.
SATURDAY, NOVEMBER 6

9am-1:30pm (through November)
Roslindale Farmers Market
Adams Park
4225 Washington Street, Roslindale
Click here for more information.

9am-12noon (through November)
Fields Corner Farmers Market
500 Geneva Avenue, Dorchester
Click here for more information.

12pm-3pm
Boston Veterans Day Parade
Meet at Charles
Click here for more information.

SUNDAY, NOVEMBER 7

10am-2pm
Leaf & Yard Waste Drop-off
500 American Legion Highway, Mattapan
Click here for more information.

BECOME AN AGE STRONG RSVP VOLUNTEER!

Are you interested in serving your community in a way that suits your schedule, skills, and interest? Serve as an AmeriCorps Seniors volunteer in our RSVP program. AmeriCorps Senior volunteers report better health & longevity having served their neighbors & community.

To sign up, contact Age Strong at 617-635-4366 or email agestrong@boston.gov.
FIGHT THE FLU IN BOSTON

Everyone six months and older should get the flu vaccine.

If you do not have health insurance, call the Mayor’s Health Line at (617) 534-5050 or toll-free at (800) 847-0710. BPHC will be offering vouchers for free flu vaccines to uninsured or underinsured adults. If you have questions about the flu call the Infectious Disease Bureau at (617) 534-5611.

We are here to help! All calls are free and confidential.

Need help paying for heat this winter? You’re not alone.

Find out if YOU qualify for fuel assistance discounts!

Call Age Strong for an appointment with an advocate.
Dia De Muertos Boston

In traditional Mexican homes, every November 1st and 2nd, dear departed family members are remembered with altars lovingly decorated with photographs, papel picado, offerings of fruit, favorite food and drink, candles, and masses of fragrant orange marigolds, la flor de cempasuchil.

The City of Boston invites you to submit and view photos of loved ones on the virtual altar online at www.boston.gov/diademuertos.

COVID-19

Am I eligible for a booster shot?

Who?
- If you received a Pfizer or Moderna series:
  - 65 years and older
  - Age 18+ who live in long-term care settings
  - Age 18+ who have underlying medical conditions
  - Age 18+ who work or live in high-risk settings
- If you received a J&J vaccine:
  - Age 18+

When?
- At least 6 months after Pfizer or Moderna
- At least 2 months after J&J

Which booster shot do I get?
- You may have a preference, but you can get any booster shot.

FIND OUT MORE AT CDC.GOV & VACCINES.GOV

Free Fares on Route 28 Bus

For three months from August 29th to November 29th, 2021...

...Route 28 bus riders can board buses at all doors without paying a fare!