Age Strong Commission's Volunteer Appreciation Celebration

Medicare Open Enrollment
Oct. 15 - Dec. 7

Do You Have the Right Plan for You?

This is the time you can compare & change plans to make sure you get the best coverage at the least cost.

Reach out to Age Strong at 617-635-4366 for help with your Medicare or to find out what benefits YOU may qualify for!
MONDAY, OCTOBER 18

9:30am
Age Strong Commission Virtual Chair Yoga
Click here to attend via Zoom.

TUESDAY, OCTOBER 19

9:30am
BPL: Virtual: Career Skills: Effective Communication
Click here to register & for more information.

11am-6pm
Copley Square Farmers Market
139 St. James Avenue, Copley Square
Click here for more information.

11:30am
Age Strong Commission Virtual Zumba
Click here to attend via Zoom.

12noon-1pm
Tuesday Tunes: AfroDesiaCity
Dewey Square, Atlantic Ave/Summer Street
Click here for more information.

2pm
BPL: Virtual: “Building Better Bones” with Joy Tsai, MD
Click here to register & for more information.

WEDNESDAY, OCTOBER 20

10am
Virtual: Sharing the Immigrant Experience: Haitian Heritage
Talk with Bibine Francois, Boston’s Age Strong Commission & Traditional Haitian Cooking Demonstration with Chefs Nathalie & Karyn of Gourmet Kreyol
Click here to register & for more information.

12noon-3pm
Free Immigration Legal Consultations
Call 617-635-2980 to make an appointment.
Click here for more information.

2-6:30pm
Allston Farmers Market
Brighton Common
30 Chestnut Hill Ave, Brighton
Click here for more information.

2-6:30pm
Charlestown Farmers Market
Main & Austin Streets, Charlestown
Click here for more information.
3pm
*BPL: Virtual* *Shelf Service Live*
*Personalized Reading Recommendations from BPL Librarians*
Click [here](#) to register & for more information.

3-6:30pm
*East Boston Farmers Market*
1 P William C Kelly Square, East Boston
Click [here](#) for more information.

**THURSDAY, OCTOBER 21**

11am-4pm
*Dewey Square Farmers Market*
700 Atlantic Avenue, South Boston
Click [here](#) for more information.

2-6pm
*Seaport Farmers Market*
Sea Green Park
21 Stillings Street, South Boston
Click [here](#) for more information.

3-6pm
*Blue Hills Farmstand*
162 Blue Hills Avenue, Dorchester
Click [here](#) for more information.

7pm
*BPL: Virtual* *Kanopy Club “L'Age d'Or” (1930)*
Watch the film on Kanopy then a Zoom discussion
Click [here](#) to register & for more information.

8pm
*Celebrity Series: Virtual: Charles Overton Group*
Click [here](#) for more information.

**FRIDAY, OCTOBER 22**

9:30am
*BPL: Virtual: Career Skills: Goal Setting*
Click [here](#) to register & for more information.

10am-12noon
*BPL: Virtual* *Drop-in Office Hours: Legal Services Center*
Click [here](#) to register & for more information.

11am-6pm
*Copley Square Farmers Market*
139 St. James Avenue, Copley Square
Click [here](#) for more information.

11:30am
*Age Strong Commission Virtual Meditation*
Click [here](#) to join via Zoom.
**SATURDAY, OCTOBER 23**

9am-1:30pm  
*Roslindale Farmers Market*  
Adams Park  
4225 Washington Street, Roslindale  
Click [here](#) for more information.

9am-12noon  
*Fields Corner Farmers Market*  
500 Geneva Avenue, Dorchester  
Click [here](#) for more information.

10am-12noon  
*Dog Licensing & Low-cost Rabies Clinic*  
BCYF Tobin Community Center  
1481 Tremont Street, Roxbury  
Click [here](#) for more information.

10am-4pm  
*Chinatown Farmers Market*  
Rose Kennedy Greenway, Chinatown  
Click [here](#) for more information.

11am-2pm  
*Codman Square Farmers Market*  
360 Talbot Avenue, Dorchester  
Click [here](#) for more information.

11am-6pm  
*The Greenway Artisan Market*  
Atlantic Avenue/State Street  
Click [here](#) for more information.

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3-7pm  
*Ashmont Farmers Market*  
1900 Dorchester Avenue, Dorchester  
Click [here](#) for more information.

4pm  
*BPL: Virtual: Friday Unwind Gentle Yoga with Hands to Heart Center*  
Click [here](#) for more information.

5-8pm  
*House Music Dance Party with DJ Bruno*  
City Hall Plaza  
Click [here](#) for more information.

5-8pm  
*Parks: Fall-O-Ween Children’s Festival*  
Costumes, games, performances  
Boston Common Frog Pond  
38 Beacon Street, Boston  
Click [here](#) for more information.
6:30pm  
**Mayor Janey’s Movie Nights**  
“Hotel Transylvania”  
Boston Common  
38 Beacon Street, Downtown  
Click [here](#) for more information.

**SUNDAY, OCTOBER 24**

10am-2pm  
**Leaf & Yard Waste Drop-off**  
500 American Legion Highway, Mattapan  
Click [here](#) for more information.

11am-3pm  
**SOWA Farmer’s Market**  
500 Harrison Avenue, South End  
For more information, click [here](#).

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**Reminder**

**Boston’s Municipal Election**  
Tuesday, November 2, 2021  
Choose Boston’s next Mayor & City Councilors

**Vote early in Boston starting October 23, by mail or in-person.** Click [here](#) for more info.

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**BECOME AN AGE STRONG RSVP VOLUNTEER!**

Are you interested in serving your community in a way that suits your schedule, skills, and interest? Serve as an AmeriCorps Seniors volunteer in our RSVP program. AmeriCorps Senior volunteers report better health & longevity having served their neighbors & community.

To sign up, contact Age Strong at 617-635-4366 or email agestrong@boston.gov.
TAXI COUPONS FOR SALE!

Discounted taxi coupons are available for Boston residents age 65+ & persons with disabilities. Coupons can be used in taxis licensed by the City of Boston.

Please show an ID showing your Boston residency. Each coupon book costs $5 (worth $10), please pay with cash. Coupons don’t expire. For a limited time, each resident may buy 4 coupons/month.

Coupons are available at the Age Strong Commission Monday-Friday, 9am-5pm, as well as various sites. Click here to view the list of sites or call 617-635-4366.

Take thousands of video courses for free with your BPL card!

Click here for more information.