Temporary Protective Status & Legal Resources for Ukrainians in Boston

Join the City of Boston Mayor's Office for Immigrant Advancement (MOIA) on Tuesday, March 15 at 6pm to hear from an immigration attorney about TPS and immigration legal resources for Ukrainians in Boston. This webinar will include an overview of Temporary Protected Status (TPS) for Ukrainians currently in the US, the refugee resettlement process, and visa processing options for Ukrainians abroad. There will be time for participants to ask questions, but case-specific questions and individual information will not be addressed.

Simultaneous interpretation on Zoom in Ukrainian and Russian will be provided. This webinar will also be livestreamed on Facebook Live at facebook.com/BOSimmigrants and the video will be available after the event. To register, click here.
MONDAY, MARCH 14

9am
Age Strong Virtual Chair Yoga
No registration necessary
Click here for more information.

11:30am
Age Strong Virtual Meditation
No registration necessary
Click here for more information.

6pm
BPL Virtual: “Quarantine on Boston Harbor: the Islands and Public Life”
Click here to register & for more information.

6:30pm
Parks: Virtual Fitness: Afrobeats Dance
Click here to register & for more information.

TUESDAY, MARCH 15

10:30am
A Quilting Circle
BPL: Codman Square
690 Washington Street, Dorchester
Click here to register & for more information.

11am-1pm
Knit/Crochet Circle
Boston Public Library: Roslindale Branch
4246 Washington Street, Roslindale
Click here for more information.

11:30am-12:30pm
Age Strong Virtual Latin Dance
No registration necessary
Click here for more information.

2pm
BPL Virtual: Dr. Muriel R. Gillick: “Getting Medical Care that's Right for You: Preparing Yourself & Family Caregivers to Make Informed Choices”
Click here to register & for more information.

WEDNESDAY, MARCH 16

10:30am
BPL: Older Adults’ Chair Yoga
Boston Public Library: West End Branch
151 Cambridge Street, West End
Click here to register & for more information.

11am
Parks: Virtual Fitness: Chair Yoga
Click here to register & for more information.

11:30am
Age Strong Virtual Yoga
No registration necessary
Click here for more information.
DID YOU KNOW YOU COULD SAVE UP TO $1,500 ON YOUR PROPERTY TAXES?

JOIN AGE STRONG'S PROPERTY TAX WORK-OFF PROGRAM

Our mission is to enhance the lives of Boston's older adults with meaningful programs and resources.

ABOUT PTWOP

- Qualified older homeowners could volunteer up to 106 hours for the City of Boston, in exchange for a property tax abatement of up to $1,500 per fiscal year.

REQUIREMENTS

- Age 60+
- Gross income: $40,000 or less if single
  $55,000 or less if married
- You must own & occupy property 3+ years & occupy property as a primary residence.

HOW IT WORKS

Step 1
Submit your application with all supporting documents by July 1, 2022.

Step 2
If approved, we’ll match you with a volunteering opportunity.

Step 3
When you complete the hours, you’ll receive a property tax abatement.

AGE+
City of Boston
Age Strong Commission
Mayor Michelle Wu

617-635-5741
lisa.martins@boston.gov
12noon-3pm  
**Free Immigration Legal Consultations**  
Click [here](#) for more information.

3pm  
**BPL Virtual: Shelf Service Live:**  
**Personalized Reading Recommendations from BPL Librarians**  
Click [here](#) to register & for more information.

4-7pm  
**BPL: Free Tax Preparation (Drop-Off Remote Only)**  
Click [here](#) to register & for more information.

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**FRIDAY, MARCH 18**

10am-12noon  
**BPL Virtual: Drop-in Office Hours: Legal Services Center**  
Click [here](#) to register & for more information.

11:30am  
**Age Strong Virtual Zumba**  
No registration necessary  
Click [here](#) for more information.

12:30pm  
**Parks: Virtual Fitness: Chair Meditation**  
Click [here](#) to register & for more information.

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**SATURDAY, MARCH 19**

10am-1pm  
**Dorchester Winters Farmers Market**  
11 Brook Avenue, Roxbury  
Click [here](#) for more information.

10am-2pm  
**Dog Licensing & Low-Cost Rabies Clinic**  
**BCYF Roche Community Center**  
17 16 Centre Street, West Roxbury  
Click [here](#) for more information.

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**SUNDAY, MARCH 20**

12noon-3pm  
**Roslindale Farmers Market**  
19 Corinth Street, Roslindale  
Click [here](#) for more information.
BOSTON'S AGE STRONG COMMISSION - WEEKLY DIGEST

BECOME AN AMERICORPS RSVP VOLUNTEER

Let's Help Boston's Older Adults Get Access to Food

Make Local Deliveries or Volunteer at a Local Pantry

- Must be 55+
- Pass a CORI check
- Have a valid driver's license & reliable vehicle
- Flexible schedule

To Register, Call:
Monique Carvalho at 617-635-4374

GIVE BACK

As an AmeriCorps Volunteer Tax Preparer!!!

Help older adults maximize their state and federal refunds.

- Help provide no-cost tax preparation services for income-eligible residents.
- Free training to become an RSVP Tax Preparer.

No tax preparation experience required!

For more information, contact
Monique Carvalho 617-635-4374
Monique.Carvalho@Boston.gov

WINTER SAFETY TIPS

If you see individuals out in the cold who appear immobile, disoriented, or underdressed for the cold, please call 911.

Boston.gov/cold

City of Boston
Age Strong Commission
Mayor Michelle Wu

City of Boston
Age Strong Commission
Mayor Michelle Wu
BOSTON 2022
CITIZENSHIP DAY

SATURDAY, MARCH 26

RECEIVE FREE HELP WITH YOUR CITIZENSHIP APPLICATION!

You must:

• Be at least 18 years old
• Be a legal permanent resident for 5 years or 3 years if married to a U.S. Citizen

CALL NOW FOR AN APPOINTMENT

(617) 694-5949
ProjectCitizenship.org

*COVID-19 protocols will be in place on Citizenship Day on March 26.
TELLING YOUR STORY!
Join this two-week writing workshop and learn how to turn your favorite memories into micro-stories, memoirs, and personal memory maps – FREE on Zoom. Offered by Age Strong Boston and Write the World.

JOIN US:
Tuesdays from 7PM to 8PM on March 8 & March 15
OR
Wednesdays from 11AM to NOON on March 9 & March 16

TO REGISTER, OR FIND OUT MORE CONTACT:
Renee Frechette renee.frechette@boston.gov 617-635-4168

FREE!
MEETS ONLINE!

Walk Up
Free COVID-19 Testing
Bruce C. Bolling Building
2300 Washington Street
Roxbury, MA 02119

Tuesdays - Saturdays
12 p.m. - 8 p.m.

OTHER TESTING SITES AVAILABLE HERE: BOSTON.GOV
Call the Mayor’s Health Line at 617-534-5050
for more information
**FREE TAX SERVICES**

Over 180,000 taxpayers served
Over $320 million dollars returned directly to taxpayers’ pockets

Maximize your refund; get all the credits available to you, even if you have no income
Advanced Child Tax Credit, Stimulus Payments, EITC, Healthcare credits

Save for Emergencies and Plan for the Future
Open a Bank Account, Purchase a Savings Bond, Fix and build your credit

Residents welcome even if undocumented
Apply for an ITIN or file your taxes with a current ITIN, bilingual tax prep available

BostonTaxHelp.org | 617.635.4500

20 YEARS of providing free, high quality, IRS certified tax preparation.

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Hearing Loss?

**Will you hear your smoke alarm?**

The Boston Fire Department will install a free bed shaker alarm with smoke and CO detectors to ensure you will be able to respond in the event of an emergency. For installation and additional information please call 617-343-3337 or email michelle.mccourt@boston.gov

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Am I eligible for a COVID-19 booster shot?

**Who?**

Individuals 12+ who are fully vaccinated
*Individuals age 12-17 can only get the Pfizer booster

**When?**

- At least 6 months after Moderna
- At least 5 months after Pfizer
- At least 2 months after Johnson & Johnson

**Which booster shot do I get?**

- You may have a preference, but you can get any type of vaccine for your booster shot

More information at mass.gov/COVID19booster
Celebrate Women's History Month with a book about brave girls and inspiring women from the Boston Public Library. Check out the Women's History booklist here: bit.ly/BPLWomensHistory
COVID-19 Vaccine in Boston

The COVID-19 vaccine is an important and effective tool to keep ourselves and our communities safe. Along with wearing masks, social distancing, and frequent handwashing, the vaccine will help us end the COVID-19 pandemic. Click here for more information.

Need help booking an appointment?

Older Boston residents that are interested in the COVID vaccine and who need help with online registration or transportation should contact the Age Strong Commission at 617-635-4366 for vaccine assistance.