Boston’s Age Strong Commission seeks grant applications from organizations and individuals who are working to build social connections and community for Boston’s older adults. Grants will range from $5,000 to $25,000. To learn more about this grant, visit boston.gov/news/creating-connections-and-reducing-social-isolation-grant-announced
MONDAY, MARCH 21

9am
Age Strong Virtual Chair Yoga
No registration necessary
Click [here](#) for more information.

11:30am
Age Strong Virtual Meditation
No registration necessary
Click [here](#) for more information.

5pm
Parks: Virtual Fitness: Dance Fit
Click [here](#) to register & for more information.

TUESDAY, MARCH 22

10:30am
A Quilting Circle
BPL: Codman Square
690 Washington Street, Dorchester
Click [here](#) to register & for more information.

11am-1pm
Knit/Crochet Circle
Boston Public Library: Roslindale Branch
4246 Washington Street, Roslindale
Click [here](#) for more information.

11am
Groundbreaking Ceremony: Malcolm X Park
131 Dale Street, Roxbury
Click [here](#) for more information.

11:30am-12:30pm
Age Strong Virtual Latin Dance
No registration necessary
Click [here](#) for more information.

12noon-2pm
Office of Housing Stability: Walk-in Hours
Click [here](#) for more information.

6:30pm
Parks: Virtual Fitness: Afrobeats Dance
Click [here](#) to register & for more information.

WEDNESDAY, MARCH 23

10:30am
BPL: Older Adults’ Chair Yoga
Boston Public Library: West End Branch
151 Cambridge Street, West End
Click [here](#) to register & for more information.

11am
Parks: Virtual Fitness: Chair Yoga
Click [here](#) to register & for more information.

11:30am
Age Strong Virtual Yoga
No registration necessary
Click [here](#) for more information.

3pm
BPL Virtual: Shelf Service Live:
Recommendations from BPL Librarians
Click [here](#) to register for more information.
Senior Circuit Breaker Tax Credit

Put up to $1,170 in YOUR pocket!

The Massachusetts “Circuit Breaker” tax credit provides tax relief for low to moderate income older adults age 65+. This tax credit is available for renters & homeowners. Additionally, residents may apply for this income tax credit even if they owe no income taxes.

**Basic Requirements for Eligibility:**

- Must be a Massachusetts resident or part-year resident
- Must be age 65 or older by January 1, 2022
- Must own or rent residential property in Massachusetts and occupy it as your primary residence
- For tax year 2021, your total Massachusetts income doesn't exceed:
  - $62,000 for a single individual who is not the head of a household
  - $78,000 for a head of household
  - $93,000 for married couples filing a joint return
- Homeowners can qualify if their property taxes & half of the water & sewer bills are more than 10% of their annual gross income
- Renters can qualify if 25% of their rent is over 10% of their total income for the year

**You are Ineligible for this Tax Credit if:**

- You are married & your status is married, but filing separately
- You are a dependent of another taxpayer
- You receive a federal or state rent subsidy or you rent from a tax-exempt entity
- For tax year 2021, the assessed value of your principal residence exceeds $884,000

**Contact the MA Department of Revenue for more information at:**

617-887-6367

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AGE+
City of Boston
Age Strong Commission
Mayor Michelle Wu
DID YOU KNOW YOU COULD SAVE UP TO $1,500 ON YOUR PROPERTY TAXES?

JOIN AGE STRONG'S PROPERTY TAX WORK-OFF PROGRAM

Our mission is to enhance the lives of Boston's older adults with meaningful programs and resources.

ABOUT PTWOP

- Qualified older homeowners could volunteer up to 106 hours for the City of Boston, in exchange for a property tax abatement of up to $1,500 per fiscal year.

REQUIREMENTS

- Age 60+
- Gross income: $40,000 or less if single $55,000 or less if married
- You must own & occupy property 3+ years & occupy property as a primary residence.

HOW IT WORKS

Step 1
Submit your application with all supporting documents by July 1, 2022.

Step 2
If approved, we’ll match you with a volunteering opportunity.

Step 3
When you complete the hours, you’ll receive a property tax abatement.

City of Boston
Age Strong Commission
Mayor Michelle Wu

617-635-5741
lisa.martins@boston.gov
4-7pm
*BPL: Free Tax Preparation (Drop-Off Remote Only)*
Click [here](#) to register & for more information.

**THURSDAY, MARCH 24**

1pm
*BPL Virtual: Lunchtime Science Fiction/Fantasy Short Story Club*
Click [here](#) to register & for more information.

2:30-5:30pm
*The Dudley Winter Market*
11 Brook Avenue, Roxbury
Click [here](#) for more information.

2pm
*BPL Virtual: Chair Yoga for Older Adults*
Click [here](#) to register & for more information.

6:30pm
*Parks: Virtual Fitness: Zumba*
Click [here](#) to register & for more information.

7:30pm
*Celebrity Series of Boston Digital Concert: Regie Gibson & Atlas Soul*
Click [here](#) to register & for more information.

**FRIDAY, MARCH 25**

10am-12noon
*BPL Virtual: Drop-in Office Hours: Legal Services Center*
Click [here](#) to register & for more information.

**SUNDAY, MARCH 27**

12noon-3pm
*Roslindale Farmers Market*
19 Corinth Street, Roslindale
Click [here](#) for more information.
BECOME AN
AMERICORPS
RSVP VOLUNTEER

Let’s Help Boston’s Older Adults
Get Access to Food

Make Local Deliveries or
Volunteer at a Local Pantry

• Must be 55+
• Pass a CORI check
• Have a valid driver's license & reliable vehicle
• Flexible schedule

To Register, Call:
Monique Carvalho at 617–635–4374

GIVE BACK
As an AmeriCorps Volunteer Tax Preparer!!!

Help older adults maximize their state and federal refunds.

- Help provide no-cost tax preparation services for income-eligible residents.
- Free training to become an RSVP Tax Preparer.

No tax preparation experience required!

• Must Be 55+
• Complete a CORI check

For more information, contact
Monique Carvalho 617–635–4374
Monique.Carvalho@Boston.gov

ARE YOU HAVING A TOUGH TIME PAYING YOUR MORTGAGE?
WE CAN HELP.

The Boston Home Center offers Foreclosure Prevention and Intervention Counseling and Home Preservation Services.

Our services are free and confidential.

CALL 617–635–4663 OR EMAIL HOMECENTER@BOSTON.GOV FOR ASSISTANCE.
FREE TAX SERVICES

Over 180,000 taxpayers served
Over $320 million dollars returned directly to taxpayers’ pockets

Maximize your refund; get all the credits available to you, even if you have no income
Advanced Child Tax Credit, Stimulus Payments, EITC, Healthcare credits

Save for Emergencies and Plan for the Future
Open a Bank Account, Purchase a Savings Bond, Fix and build your credit

Residents welcome even if undocumented
Apply for an ITIN or file your taxes with a current ITIN, bilingual tax prep available

BostonTaxHelp.org | 617.635.4500

20 YEARS of providing free, quality, IRS certified tax preparation.
Sign up for Alert-Boston!

In 4 simple steps:

1. Enter your Email or Phone number
2. Select how you would like to be Alerted
3. Enter your First and Last Name
4. Enter your Zip Code & Select a Language

Sign up at boston.gov/alert-boston

City of Boston Emergency Management

Walk Up

Free COVID-19 Testing

Bruce C. Bolling Building
2300 Washington Street
Roxbury, MA 02119

Tuesdays - Saturdays
12 p.m. - 8 p.m.

OTHER TESTING SITES AVAILABLE HERE: BOSTON.GOV

Call the Mayor’s Health Line at 617-534-5050 for more information
ALL ABOARD

Starting Tuesday, March 1, the 23, 28 and 29 MBTA buses will be fare-free for two years.

OFFICE of MAYOR WU

Hearing Loss?
Will you hear your smoke alarm?
The Boston Fire Department will install a free bed shaker alarm with smoke and CO detectors to ensure you will be able to respond in the event of an emergency. For installation and additional information please call 617-343-3337 or email michelle.mccourt@boston.gov

Am I eligible for a COVID-19 booster shot?

Who?
Individuals 12+ who are fully vaccinated*
*Individuals age 12-17 can only get the Pfizer booster

When?
- At least 6 months after Moderna
- At least 5 months after Pfizer
- At least 2 months after Johnson & Johnson

Which booster shot do I get?
- You may have a preference, but you can get any type of vaccine for your booster shot

More information at mass.gov/COVID19booster
Celebrate Women's History Month with a book about brave girls and inspiring women from the Boston Public Library. Check out the Women's History booklist here: bit.ly/BPLWomensHistory
COVID-19 Vaccine in Boston

The COVID-19 vaccine is an important and effective tool to keep ourselves and our communities safe. Along with wearing masks, social distancing, and frequent handwashing, the vaccine will help us end the COVID-19 pandemic. Click here for more information.

Need help booking an appointment?

Older Boston residents that are interested in the COVID vaccine and who need help with online registration or transportation should contact the Age Strong Commission at 617-635-4366 for vaccine assistance.

For more information about brain health, visit: www.madrc.org/brain-health/