Boston's Age Strong Commission

Weekly Digest

August 29 - September 4, 2022

Information & opportunities for Boston's older adults



SNAP PARTICIPANTS IN BOSTON

- If you receive SNAP or food stamps, you have received information about resetting your SNAP PIN (personal identification number) via text message and a letter from the Department of Transitional Assistance (DTA).
- You will not be able to use your SNAP benefits without resetting your PIN number.
- To reset your PIN, call **800-997-2555**, and follow the instructions. You will need the following information:
 - Your 16 digit card number
 - Your Social Security # or your 99 #
 - Your birth date
- Once you've reset your SNAP PIN, never share it, especially by phone or text.
- If you need additional help resetting your SNAP PIN, call the Massachusetts Department of Transitional Assistance line at 877-382-2363.
- And remember, we're always here to help you at the City of Boston at 311.

CITY of BOSTON



Age Strong

To view a video with more information go to:



youtube.com/watch?v=aRbxnzqo-Aw

WEEKLY DIGEST Table of Contents

<u>Urgent SNAP</u> Information

Events August 29-September 4

MBTA Notice

Important Info on Polling Locations

ADA Day

Stay Connected to Age Strong:

City Hall, Room 271
1 City Hall Square
Boston, MA 02201
617-635-4366
agestrong@boston.gov
boston.gov/agestrong





@AgeStrongBos

AGE+ City of Boston
Age Strong
Commission



MONDAY, AUGUST 29

9am

Age Strong Virtual Chair Yoga

No registration necessary Contact Phone Number: 617-635-4366 Join by Zoom link <u>here</u>.

11:30am

Age Strong Virtual Meditation

No registration necessary Join by Zoom link <u>here</u>.

<u>9am-5pm</u>

MeetYourAge StrongAdvocate: Lorna

BCYF Nazzaro: 30 North Bennet St., North End Contact Phone Number: 617-635-4366

<u>5pm</u>

Parks: Virtual Fitness: Dance Fit

Click here to register & for more information.

7:45pm

Movie Nights: Raya and the Last Dragon

Hardiman Playground, 360 Faneuil St., Brighton Contact Phone Number: 617-635-4505 Click here for more information.

TUESDAY, AUGUST 30

6:30am-7:30am

Park Summer Fitness: Yoga

Doherty Playground 349 Bunker Hill St., Charlestown Contact Number: 617-635-4505 Click here to register & for more information.

<u>12pm - 2pm</u>

Fun Brain Games

BPL: Chinatown Branch
2 Boylston St., Chinatown
Click <u>here</u> for more information.

<u>1pm - 2:45pm</u>

August Films: Celebrating Stewart Granger - Swordsman of Siena (1962, NR)

BPL: South Boston Branch 646 East Broadway, South Boston Click <u>here</u> for more information.

6:30pm-7:30pm

Park Summer Fitness: Zumba

Blackston Square 1535 Washington Street, South End Click <u>here</u> to register & for more information.

7:45pm

Movie Nights: Soul

Moakley Park, 1005 Columbia Rd., South Boston

Contact Phone Number: 617-635-4505

Click <u>here</u> for more information.



TRAVEL OPTIONS DURING ORANGE LINE SHUTDOWN PLAN AHEAD & ALLOW FOR LONGER TRAVEL TIMES

FREE SHUTTLES (ADA compliant)

- Between Forest Hills & Back Bay/Copley
- Between Oak Grove & State/Government Center
- Take the Green Line between Government Center & Copley
- Wheelchair accessible vans available upon request

COMMUTER RAIL

- Commuter Rail travel in City of Boston is free during shutdown
- When boarding, show the conductor a CharlieCard/CharlieTicket
- Cards/tickets don't need to have value on them
- Applies to Zone 1, 1A, 2
- Needham, Providence/Stoughton & Franklin/Foxborough Lines
- Free CharlieCards at Boston Public Library branches & City Hall
- Visit mbta.com/commuter-rail for maps/schedules

BLUEBIKES

- Free 30-day Bluebikes passes will be available for all
- Allows unlimited number of 45-minute trips at no
- Visit bluebikes.com to sign up & view bike locations

AGE STRONG SHUTTLE

- Boston residents age 60+ may schedule free rides to medical appointments Monday-Friday, 8am-4pm. Call in advance 617-635-3000. First come, first served.

DISCOUNT TAXI COUPONS

- Boston residents age 65+ or those with disabilities may purchase discount taxi coupons which can be used on Boston licensed cabs. Call 617-635-4366 or visit boston.gov/departments/age-strong-commission/how-buy-taxi-coupons.

Visit boston.gov/orange-line to stay up-to-date!



WEDNESDAY, AUGUST 31

11:30am

Age Strong Virtual Yoga

No registration necessary Contact Phone Number: 617-635-4366 Join by Zoom link <u>here</u>

9am-4:30pm

MeetYourAge StrongAdvocate: Angelina

Cape Verdean Association of Boston 242 Bowdoin St., Dorchester Contact Phone Number: 617-635-4366

1:30pm-3:30pm

Meet Your Age Strong Advocate: Mary

BCYF Curtis Hall Community Center 20 South St., Jamaica Plain Contact Phone Number: 617-635-4366

<u>10am-12:00pm</u>

Meet Your Age Strong Advocate: Yves

BCYF Hyde Park Community Center 1179 River St., Hyde Park

Contact Phone Number: 617-635-4366

1:30pm-3:30pm

Meet Your Age Strong Advocate: Yves

BPL - Mattapan Branch 1350 Blue Hill Ave., Mattapan Contact Phone Number: 617-635-4366

<u>6pm-7pm</u>

Boston Lyric Opera — Concerts in the Courtyard Series

Central Library in Copley Square 700 Boylston St., Boston Click here for more information.

THURSDAY, SEPTEMBER 1

<u>10am</u>

Park Summer Fitness: Chair Yoga

39 Edgerly Rd., Fenway
Contact Phone Number: 617-635-4366
Click here to register & for more information.

10:30am-11:30pm

Christopher Columbus Park

Age Strong's Yoga and Mindfulness Series

Atlantic Ave., North End Contact Phone Number: 617-635-4366 Click <u>here</u> to register & for more information.

<u>6pm-7:30pm</u>

Boston Slavery Exhibit Open House

Bruce C. Bolling Municipal Building 2300 Washington St., Roxbury Click <u>here</u> to register & for more information.

IMPORTANT MESSAGE!



Your polling location may have changed.

Check your polling location online here: sec.state.ma.us/VoterRegistrationSearch

For more information please call 311 or visit boston.gov/election

NEW POLLING LOCATIONS

Boston has added 20 new voting precincts to adjust for population change over the past decade. The new voting precincts will make voting more convenient with reduced wait times and increased voter access.

VOTING DATES AND DEADLINES

AUGUST 27

Voter Registration Deadline at 5 p.m.

AUGUST 27 - SEPTEMBER 2

Week of Early Voting

AUGUST 29

Deadline to Request a Vote By Mail or Absentee Ballot at 5 p.m.

SEPTEMBER 2

Deadline for (qualified) In Person Absentee Voting Ends at 5 p.m.

SEPTEMBER 6 STATE PRIMARY DAY

Deadline to Return All Ballots to a Drop Box or the Boston Election Department at 8 p.m.

CITY of BOSTON



Election



FRIDAY, SEPTEMBER 2

10am-11am

Parks Summer Fitness: Gentle Yoga Class
McLaughlin Playground
239 Parker Hill Ave, Mission Hill
Click here to register & for more information.

11:30am

Age Strong Virtual Zumba

No registration necessary Contact Phone Number: 617-635-4366 Join by Zoom link <u>here</u>.

<u>1pm-3pm</u>

Friday Films - Pelo Malo

BPL: West End

151 Cambridge St., West End
Click here for more information.

SATURDAY, SEPTEMBER 3

<u>9am</u>

Parks Summer Fitness: Walking Group

Franklin Park

1 Circuit Drive, Dorchester

Click here to register & for more information.

<u>12:15pm-1;15pm</u>

The Book Fairies of Boston

BPL: Honan-Allston Branch 300 North Harvard Ave., Allston Click here for more information.



SUNDAY, SEPTEMBER 4

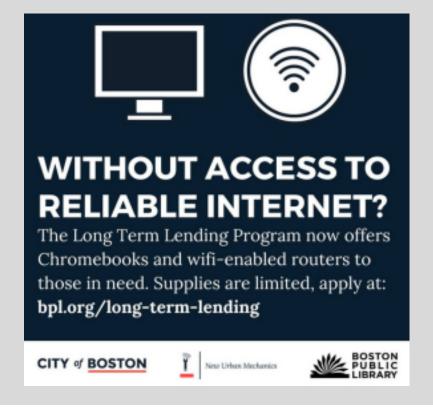
<u>6pm</u>

Parks: Virtual Fitness: Yoga

Click <u>here</u> to register & for more information.

For more information about City of Boston events, visit <u>boston.gov/events</u>





TAXI COUPONS FOR SALE!



Discounted taxi coupons are available for Boston residents age 65+ & persons with disabilities. Coupons can be used in taxis licensed by the City of Boston.

Please show an ID showing your Boston residency. Each coupon book costs \$5 (worth \$10), please pay with cash. Coupons don't expire. For a limited time, each resident may buy 4 coupons/month.

Coupons are available at the Age Strong Commission Monday-Friday, 9am-5pm, as well as various sites. Click <u>here</u> to view the list of sites or call 617-635-4366.





Take our Age Strong Shuttle!

We provide Boston residents age 60 and older with free transportation within the City of Boston to non-emergency medical appointments, with advance notice. We also have wheelchair-accessible shuttles.

To set up a ride, call 617-635-3000

