#### Reminders about the program

- 1. How long can I stay in the SOS program?
  - The worksite component of our program is only sixmonths. However, we will continue to work with you or refer you to any additional trainings you may need if that time expires.
- 2. What is required of me when I am in the program?
  - You are required to attend weekly Case
    Management is mandatory and failure to meet can result in Corrective Actions.
  - You are also required to attend the scheduled times that you have been allotted and any changes should be discussed with your site supervisor.
  - When in the program we are still guests in the shelter and are asked that we follow all the shelters rules, or you will be subject to the shelters restriction policies.
- 3. Am I eligible for a contract bed?
  - Yes, all participants who reside in one of our shelters will be granted the perks mentioned prior but are subject to the same policies as all other guests.
  - The bed and locker assigned to you by your Case manager will only be available to you during your time in the program.

## **Contact Us**

1022 Massachusetts Ave. Boston, MA 02118. Phone: 617-534-7114 Email: IPolk@bphc.org



# Serving Ourselves Program (S.O.S.)



# **BOSTON PUBLIC HEALTH COMMISSION**

## Who we Are!

Serving Ourselves is a 6-month work rehabilitation program designed to help individuals' transition into permanent housing and competitive employment.

Make your shelter stay brief, rare, and one-time as you develop essential life skills, save money through a Housing Savings Account, and search for competitive employment in the community.

During your time with our program, you could join one of our many incredible teams and learn very valuable skills while also being paid

# Our Sites & Teams

#### **Quincy Street Kitchen**



Quincy Street Kitchen houses our team of cooks, kitchen prep members, and general food servers. Here is where every meal for countless sites across the Commission is made and served to all who reside within those programs.

## 112/Woods Mullen



Both 112 (male shelter) and Woods Mullen (female shelter) are where our Janitorial staff work to make sure our sites are as comfortable for guests as possible.

They are the ones who make sure all of our guests have a clean and pleasant stay.

### **Engagement Center**



The Engagement site is a newly added site and a welcomed addition to our list of teams. Here they do a little of everything whether it be cleaning/serving/ or any general help needed in the sites. Like the benefits seen at 112 or Woods Mullen, the Engagement Center is an exciting new option.

## Perks of the job

This may be a job training program but there are great benefits. For starters this training is paid \$15.00 an hour. However, that is not the only benefit that we offer:

- Contract beds with an assigned locker
- Housing savings program
- Room to grow within the company
- Access to our computer room when needed
- Weekly Job postings

# Choose your journey

The S.O.S. Program has been designed and curated by guests for guests. We believe that for this program to succeed it requires we all work as a team. When you take that first step you become a representative of that success.

Many individuals may not be sure what they want to do when they are in the shelter or may feel that the door to resources is closed to them, but our program aims to dispel that. When you join this team, we work together with one goal in mind YOUR SUCCESS.

# **Overview of Programs**

#### **Case Management**



#### **Career Coaching**



#### **Classes/Groups**



Our team of case managers will coordinate weekly meetings with you to help you through the training process and the steps beyond. Their goal is your success and together you can achieve the career you are hoping for rather than finding another job.

One of the perks of meeting with your case manager is the individual support you receive. During this time, they help you attain what is needed for you to take that step forward. This includes resume building, mock interviews, additional classes/resource gather, and so much more!

During your time here you will be offered a myriad of classes and resources such as basic computer classes, Financial literacy classes, wellness opportunities with more coming soon. We believe in providing you with every opportunity to grow.