



Boston's Age Strong Commission's **DECEMBER 2023 "TO-DO"**

Free events, classes & programs for Boston's older adults

Welcome to December's monthly "To-Do," a city-wide sampling of free events & programs for Boston's older adults age 60+.

Sign up to have the To-Do emailed directly to your inbox or view it, *Boston Seniority* magazine, and our updates newsletter online at at boston.gov/departments/age-strong-commission/connect-us

See page 14 for more programming from City departments and our partners.

AGE+

City of Boston
Age Strong Commission

Boston City Hall, Room 271
1 City Hall Square, Boston, MA 02201
617-635-4366 agestrong@boston.gov
boston.gov/age-strong



@AgeStrongBos

BLACK TEXT

****Age Strong Virtual Events Link:**
bit.ly/ZoomAgeStrongVirtual
***Program in both English/Spanish**

BLUE TEXT

**Jamaica Plain - Roslindale -
West Roxbury**

GREEN TEXT

**Dorchester - Mission Hill -
Roxbury - South Boston**

ORANGE TEXT

Hyde Park - Mattapan

PINK TEXT

Charlestown - East Boston

PURPLE TEXT

**Allston/Brighton - Fenway -
Kenmore**

RED TEXT

**Chinatown - Downtown -
North End - South End - West End**

FRIDAY, DEC. 1

8-8:45am

Senior Swim - In Person

BCYF Mason Pool

159 Norfolk Ave., Roxbury

617-635-5241

Click [here](#) for more information.

This event repeats weekly.

10:30am-12pm

Coffee Hour - In Person

BCYF Hyde Park

1179 River St., Hyde Park

617-635-5178

Click [here](#) to register.

This event repeats weekly.

11:30am-1:30pm

Acrylic Art - In Person

BCYF Grove Hall

51 Geneva Ave., Dorchester

617-635-1484

Click [here](#) to register.

This event repeats weekly.

12:30-3pm

Bingo - In Person

BCYF Beverly Gibbons

382 Main St., Charlestown

617-635-5175

Click [here](#) to register.

This event repeats weekly.

1-3pm

Intro to Computers - In Person

BCYF Ohrenberger

175 W. Boundary Rd., West Roxbury

617-635-5183

Click [here](#) to register.

This event repeats weekly

SATURDAY, DEC. 2

9:30am-4pm

Winter Book Sale - In Person

BPL Jamaica Plain

30 South St., Jamaica Plain

617-524-2053

Click [here](#) for more information.

10-11am

Mindful Movement - In Person

BPL Parker Hill

1497 Tremont St., Roxbury

617-427-3820

Click [here](#) to register.

This event repeats weekly.

10-11am

Breathe with Bach - In Person

BPL Adams Street

690 Adams St., Dorchester

617-436-6900

Click [here](#) for more information.

10am-4pm

Winter Book Sale - In Person

BPL Central

700 Boylston St., Boston

617-536-5400

Click [here](#) for more information.

3-4pm

Qi Gong - In Person

BPL Fields Corner

1520 Dorchester Ave., Dorchester

617-436-2155

Click [here](#) for more information.

This event repeats weekly.

SUNDAY, DEC. 3

MONDAY, DEC. 4

9-10am

Chair Yoga - Virtual**

617-635-4366

Click [here](#) to register.

This event repeats weekly.

9am-5pm

Meet Your Age+ Advocate - In Person

BCYF Nazzaro

30 N. Bennet St., North End

617-635-4366

Click [here](#) for more information.

This event repeats weekly.

11:30am-12:30pm

Meditation - Virtual**

617-635-4366

Click [here](#) to register.

This event repeats weekly.

3-5:30pm

Senior Sewing - In Person

BPL Mattapan

1350 Blue Hill Ave., Mattapan

617-298-9218

Click [here](#) for more information.

This event repeats weekly.

7-8:45pm

Adult Pickleball - In Person

BCYF Tynan

650 E. Fourth St., South Boston

617-635-5110

Click [here](#) to register.

This event repeats weekly.

TUESDAY, DEC. 5

9:30am-12pm

Senior Men's Basketball - In Person

BCYF Roslindale

6 Cummins Hwy., Roslindale

617-635-5185

Click [here](#) to register.

This event repeats weekly.

10:30am-2pm

Meet Your Age+ Advocate - In Person

Veronica B. Smith Senior Center

20 Chestnut Hill Ave., Brighton

617-635-4366

Click [here](#) for more information.

10:30am-12pm

Google Docs 101 - In Person

BPL Central

700 Boylston St., Boston

617-859-2323

Click [here](#) to register.

11am-12:30pm

Senior Book Club - In Person

BCYF Paris Street

112 Paris St., East Boston

617-635-5125

Click [here](#) to register.

This event repeats weekly.

11:30am-1pm

Computers for Seniors - In Person

BCYF Vine Street

339 Dudley St., Roxbury

617-635-1285

Click [here](#) to register.

This event repeats weekly.

WEDNESDAY, DEC. 6

10am-3:30pm

Medicare Open Enrollment - In Person

South Boston Neighborhood House
136 H St., South Boston
617-635-4366
Click [here](#) to register.

11-11:45am

Senior Swim - In Person

BCYF Flaherty Pool
160 Florence St., Roslindale
617-635-5181
Click [here](#) to register.
This event repeats weekly.

11:30am-12:30pm

Yoga - Virtual**

617-635-4366
Click [here](#) to register.
This event repeats weekly.

12pm

Yoga Mat Class - In Person

East Boston Senior Center
7 Bayswater St., East Boston
617-961-3131
Click [here](#) for more information.
This event repeats weekly.

1-2pm

Senior Fitness - In Person

BCYF Curtis Hall
20 South St., Jamaica Plain
617-635-5193
Click [here](#) to register.
This event repeats weekly.

THURSDAY, DEC. 7

9:30am

Exercise- In Person

Veronica B. Smith Senior Center
20 Chestnut Hill Ave., Brighton
617-635-6120
Click [here](#) for more information.
This event repeats weekly.

9:30am-1:30pm

Meet Your Age+ Advocate - In Person

BCYF Mildred Avenue
5 Mildred Ave., Mattapan
617-635-4366
Click [here](#) for more information.

11am-1pm

American Mahjong Club - In Person

BPL North End
25 Paramenter St., North End
617-227-8135
Click [here](#) for more information.
This event repeats weekly.

11:30am-12:30pm

Latin Fiesta - Virtual**

617-635-4366
Click [here](#) to register.
This event repeats weekly.

1-2pm

Money Smart Workshop - In Person

O'Connor Way Senior Housing
5 O'Connor Way, South Boston
617-635-4374
Call for more information.

FRIDAY, DEC. 8

7am-2pm

Holiday Connections - In Person

Boston City Hall, Piemonte Room
1 City Hall Sq., Boston
617-635-3959
Click [here](#) to register.

9am-2pm

Holiday Bazaar - In Person

Boston City Hall, Piemonte Room
1 City Hall Sq., Boston
617-635-2451
Click [here](#) for more information.

10:30am-12:30pm

Pickleball - In Person

BCYF Roche
1716 Centre St., West Roxbury
617-635-5066
Click [here](#) to register.
This event repeats weekly.

11:30am-12:30pm

Zumba - Virtual**

617-635-4366
Click [here](#) to register.
This event repeats weekly.

1:30-3:30pm

Player's Club - In Person

BCYF Grove Hall
51 Geneva Ave., Dorchester
617-635-1484
Click [here](#) to register.
This event repeats weekly.

SATURDAY, DEC. 9

9-10am

Aqua Aerobics - In Person

BCYF Mason Pool
159 Norfolk Ave., Roxbury
617-635-5241
Click [here](#) for more information.
This event repeats weekly.

9:30-10:30am

Morning Yoga Flow - In Person

BPL Honan-Allston
300 N. Harvard St., Allston
617-787-6313
Click [here](#) for more information.

11am-1pm

Holiday Party - In Person

BPL North End
25 Paramenter St., North End
617-227-8135
Click [here](#) for more information.

11:30am-1:30pm

Community Learning Tech Course - In Person

BPL Mattapan
1350 Blue Hill Ave., Mattapan
617-298-9218
Click [here](#) to register.

1-3pm

Scrabble Club - In Person

BPL Roslindale
4246 Washington St., Roslindale
617-323-2343
Click [here](#) to register.

SUNDAY, DEC. 10

MONDAY, DEC. 11

10am-12pm

South End Shuttle - In Person

BPL South End
685 Tremont St., Boston
617-635-4366

Click [here](#) to register.

This event repeats weekly.

11am-1pm

Computers for Seniors - In Person

BCYF Vine Street
339 Dudley St., Roxbury
617-635-1285

Click [here](#) to register.

This event repeats weekly.

11am

Chair Yoga - In Person

East Boston Senior Center
7 Bayswater St., East Boston
617-961-3131

Click [here](#) for more information.

This event repeats weekly.

12-4pm

Meet Your Age+ Advocate - In Person

BPL Charlestown
179 Main St., Charlestown
617-635-4366

Click [here](#) for more information.

2pm

Book Club - In Person

Veronica B. Smith Senior Center
20 Chestnut Hill Ave., Brighton
617-635-6120

Click [here](#) for more information.

This event repeats weekly.

TUESDAY, DEC. 12

11am-1pm

Senior Social - In Person

BCYF Ohrenberger
175 W. Boundary Rd., West Roxbury
617-635-5183

Click [here](#) to register.

This event repeats weekly.

11:30am-12:30pm

Exercise Class - In Person

BCYF Beverly Gibbons
382 Main St., Charlestown
617-635-5175

Click [here](#) for more information.

This event repeats weekly.

1-2pm

Open Tech Help 技术帮助 - In Person

BPL Chinatown
2 Boylston St., Boston
617-807-8176

Click [here](#) to register.

This event repeats weekly.

1-2pm

Bingocize - In Person

BCYF Hyde Park
1179 River St., Hyde Park
617-635-5178

Click [here](#) to register.

This event repeats weekly.

1:30-2:30pm

Tai Chi - In Person

BCYF Curtis Hall
20 South St., Jamaica Plain
617-635-5193

Click [here](#) to register.

This event repeats weekly.

WEDNESDAY, DEC. 13

9:30am-5:30pm

Meet Your Age+ Advocate - In Person*

Inquilinos Boricuas en Accion

405 Shawmut Ave., South End

617-635-4366

Click [here](#) for more information.

10am-12pm

Memory Cafe - In Person

BPL Codman Square

690 Washington St., Dorchester

617-635-3745

Click [here](#) for more information.

10am

Singing Class- In Person

East Boston Senior Center

7 Bayswater St., East Boston

617-961-3131

Click [here](#) for more information.

This event repeats weekly.

10-11am

Opioid Workshop - In Person

South Boston Neighborhood House

136 H St., South Boston

617-635-4374

Call for more information.

1:30-3:30pm

American Mahjong - In Person

BPL West End

151 Cambridge St., West End

617-523-3957

Click [here](#) for more information.

THURSDAY, DEC. 14

9:30am-1pm

Meet Your Age+ Advocate - In Person

The Salvation Army

23 Vernon St., Roxbury

617-635-4366

Click [here](#) for more information.

11am

English Class - In Person*

East Boston Senior Center

7 Bayswater St., East Boston

617-961-3131

Click [here](#) for more information.

This event repeats weekly.

1pm

Holiday Concert - In Person

Veronica B. Smith Senior Center

20 Chestnut Hill Ave., Brighton

617-635-6120

Click [here](#) for more information.

1-2pm

Bingo - In Person

BCYF Nazzaro

30 N. Bennet St., North End

617-635-5166

Click [here](#) for more information.

This event repeats weekly.

1-4pm

Meet Your Age+ Advocate - In Person

Fenway Community Center

1218 Boylston St., Fenway

617-635-4366

Click [here](#) for more information.

This event repeats weekly.

FRIDAY, DEC. 15

9-10am

Morning Movement - In Person

BCYF Grove Hall

51 Geneva Ave., Dorchester

617-635-1484

Click [here](#) to register.

This event repeats weekly.

11:30am-12:30pm

Zumba - Virtual**

617-635-4366

Click [here](#) to register.

This event repeats weekly.

12pm

Holiday Party - In Person

Veronica B. Smith Senior Center

20 Chestnut Hill Ave., Brighton

617-635-6120

Click [here](#) to register.

12:30-3pm

Bingo - In Person

BCYF Beverly Gibbons

382 Main St., Charlestown

617-635-5175

Click [here](#) to register.

This event repeats weekly.

1-3pm

Intro to Computers - In Person

BCYF Ohrenberger

175 W. Boundary Rd., West Roxbury

617-635-5183

Click [here](#) to register.

This event repeats weekly

SATURDAY, DEC. 16

9-10am

Aqua Aerobics - In Person

BCYF Mason Pool

159 Norfolk Ave., Roxbury

617-635-5241

Click [here](#) for more information.

This event repeats weekly.

9:30am-3pm

Book Sale - In Person

BPL South Boston

646 E Broadway, South Boston

617-268-0180

Click [here](#) for more information.

10-11am

Mindful Movement - In Person

BPL Parker Hill

1497 Tremont St., Roxbury

617-427-3820

Click [here](#) to register.

This event repeats weekly.

1-4pm

Book Sale - In Person

BPL Parker Hill

1497 Tremont St., Roxbury

617-427-3820

Click [here](#) for more information.

This event repeats weekly.

3-4pm

Qi Gong - In Person

BPL Fields Corner

1520 Dorchester Ave., Dorchester

617-436-2155

Click [here](#) for more information.

This event repeats weekly.

SUNDAY, DEC. 17

MONDAY, DEC. 18

9-10am

Computer Lab/Classes - In Person

BCYF Beverly Gibbons
382 Main St., Charlestown
617-635-5175

Click [here](#) to register.

This event repeats weekly.

10am-12:30pm

Morning Wellness - In Person

BCYF Gallivan
61 Woodruff Way, Mattapan
617-635-5252

Click [here](#) to register.

This event repeats weekly.

11am-12pm

Gentle Yoga - In Person

BPL Charlestown
179 Main St., Charlestown
617-242-1248

Click [here](#) for more information.

11am-12pm

Chair Exercise - In Person

BCYF Curley
1663 Columbia Rd., South Boston
617-635-5104

Click [here](#) to register.

4-5:30pm

Sewing/Fiber Arts Meetup - In Person

BPL Uphams Corner
500 Columbia Rd., Dorchester
617-265-0139

Click [here](#) for more information.

This event repeats weekly.

TUESDAY, DEC. 19

9:30am-12pm

Senior Men's Basketball - In Person

BCYF Roslindale
6 Cummins Hwy., Roslindale
617-635-5185

Click [here](#) to register.

This event repeats weekly.

11am-12pm

55+ Social Hour - In Person

BCYF Nazzaro
30 N. Bennet St., North End
617-635-5166

Click [here](#) for more information.

This event repeats weekly.

11am-1pm

Senior Social - In Person

BCYF Ohrenberger
175 W. Boundary Rd., West Roxbury
617-635-5183

Click [here](#) to register.

This event repeats weekly.

1-2pm

Bingocize - In Person

BCYF Hyde Park
1179 River St., Hyde Park
617-635-5178

Click [here](#) to register.

This event repeats weekly.

3-4pm

Tech Help by Appointment - In Person

BPL Jamaica Plain
30 South St., Jamaica Plain
617-524-2053

Click [here](#) to register.

This event repeats weekly.

WEDNESDAY, DEC. 20

9am

Yoga - In Person

Veronica B. Smith Senior Center
20 Chestnut Hill Ave., Brighton
617-635-6120

Click [here](#) for more information.

This event repeats weekly.

10-10:30am

Bagua - Hybrid

BCYF Grove Hall
51 Geneva Ave., Dorchester
617-635-1484

Click [here](#) to register.

This event repeats weekly.

1-2pm

Money Smart Workshop - In Person

BCYF Curley
1663 Columbia Rd., South Boston
617-635-4374

Call for more information.

2-4pm

Knitting & Crafts Circle - In Person

BPL Adams Street
690 Adams St., Dorchester
617-436-6900

Click [here](#) for more information.

This event repeats weekly.

THURSDAY, DEC. 21

11:30am-12:30pm

Latin Fiesta - Virtual**

617-635-4366

Click [here](#) to register.

This event repeats weekly.

1-4pm

Meet Your Age+ Advocate - In Person

Fenway Community Center
1218 Boylston St., Fenway
617-635-4366

Click [here](#) for more information.

This event repeats weekly.

1pm

Drawing Class - In Person

East Boston Senior Center
7 Bayswater St., East Boston
617-961-3131

Click [here](#) for more information.

This event repeats weekly.

3-5:30pm

Senior Sewing - In Person

BPL Mattapan
1350 Blue Hill Ave., Mattapan
617-298-9218

Click [here](#) for more information.

This event repeats weekly.

FRIDAY, DEC. 22

9-10am

Senior Swim - In Person

BCYF Mason Pool
159 Norfolk Ave., Roxbury
617-635-5241

Click [here](#) for more information.

This event repeats weekly.

10-10:30am

Walking Club - In Person

BCYF Roslindale
6 Cummins Hwy., Roslindale
617-635-5185

Click [here](#) to register.

This event repeats weekly.

1-2pm

Senior Fitness - In Person

BCYF Curtis Hall

20 South St., Jamaica Plain

617-635-5193

Click [here](#) to register.

This event repeats weekly.

1-3pm

Intro to Computers - In Person

BCYF Ohrenberger

175 W. Boundary Rd., West Roxbury

617-635-5183

Click [here](#) to register.

This event repeats weekly

SATURDAY, DEC. 23

9-10am

Aqua Aerobics - In Person

BCYF Mason Pool

159 Norfolk Ave., Roxbury

617-635-5241

Click [here](#) for more information.

This event repeats weekly.

1-4pm

Book Sale - In Person

BPL Parker Hill

1497 Tremont St., Roxbury

617-427-3820

Click [here](#) for more information.

This event repeats weekly.

3-4pm

Qi Gong - In Person

BPL Fields Corner

1520 Dorchester Ave., Dorchester

617-436-2155

Click [here](#) for more information.

This event repeats weekly.

SUNDAY, DEC. 24

MONDAY, DEC. 25

Christmas Day

City offices, Boston Public Libraries, and BCYF Community Centers are closed.

TUESDAY, DEC. 26

10:30am

Cognition Corner - In Person

Veronica B. Smith Senior Center

20 Chestnut Hill Ave., Brighton

617-635-6120

Click [here](#) for more information.

11am

ESL Beginners - In Person*

East Boston Senior Center

7 Bayswater St., East Boston

617-961-3131

Click [here](#) for more information.

This event repeats weekly.

1-2pm

Open Tech Help 技术帮助 - In Person

BPL Chinatown

2 Boylston St., Boston

617-807-8176

Click [here](#) to register.

This event repeats weekly.

1-2pm

Bingocize - In Person

BCYF Hyde Park

1179 River St., Hyde Park

617-635-5178

Click [here](#) to register.

This event repeats weekly.

WEDNESDAY, DEC. 27

9am-4:30pm

Meet Your Age+ Advocate - In Person

Cape Verdean Assc. of Boston

242 Bowdoin St., Dorchester

617-635-4366

Click [here](#) for more information.

11-11:45am

Senior Swim - In Person

BCYF Flaherty Pool

160 Florence St., Roslindale

617-635-5181

Click [here](#) to register.

This event repeats weekly.

1:30-3:30pm

Meet Your Age+ Advocate - In Person

BPL Mattapan

1350 Blue Hill Ave., Mattapan

617-635-4366

Click [here](#) for more information.

2-3pm

Chatty Wednesdays - In Person

BPL Grove Hall

51 Geneva Ave., Dorchester

617-427-3337

Click [here](#) for more information.

THURSDAY, DEC. 28

11am

Blood Pressure Check - In Person

East Boston Senior Center

7 Bayswater St., East Boston

617-961-3131

Click [here](#) for more information.

This event repeats weekly.

12-1:30pm

Creative Connections Computer Workshop- In Person

BPL Fields Corner

1520 Dorchester Ave., Dorchester

617-217-1392

Click [here](#) for more information.

This event repeats weekly.

1-2pm

Bingo - In Person

BCYF Nazzaro

30 N. Bennet St., North End

617-635-5166

Click [here](#) for more information.

This event repeats weekly.

2-4pm

Meet Your Age+ Advocate - In Person

BPL Connolly

433 Centre St., Jamaica Plain

617-635-4366

Click [here](#) for more information.

FRIDAY, DEC. 29

9:30am-12:30pm

Pickleball - In Person

BCYF Roslindale

6 Cummins Hwy., Roslindale

617-635-5185

Click [here](#) to register.

This event repeats weekly.

11:30am-12:30pm

Zumba - Virtual**

617-635-4366

Click [here](#) to register.

This event repeats weekly.

1pm

Holiday Movie - In Person

Veronica B. Smith Senior Center
20 Chestnut Hill Ave., Brighton
617-635-6120

Click [here](#) for more information.

1:30-3:30pm

Player's Club - In Person

BCYF Grove Hall
51 Geneva Ave., Dorchester
617-635-1484

Click [here](#) to register.

This event repeats weekly.

SATURDAY, DEC. 30

9-10am

Aqua Aerobics - In Person

BCYF Mason Pool
159 Norfolk Ave., Roxbury
617-635-5241

Click [here](#) for more information.

This event repeats weekly.

1-4pm

Book Sale - In Person

BPL Parker Hill
1497 Tremont St., Roxbury
617-427-3820

Click [here](#) for more information.

This event repeats weekly.

3-4pm

Qi Gong - In Person

BPL Fields Corner
1520 Dorchester Ave., Dorchester
617-436-2155

Click [here](#) for more information.

This event repeats weekly.

SUNDAY, DEC. 31

12pm-12am

First Night Boston - In Person

Various Locations
info@firstnightboston.org

Click [here](#) for more information.

MAYOR'S ENCHANTED TROLLEY TOUR

Saturday, December 2

11 a.m. | Hastings Lot, West Roxbury
12 p.m. | Wolcott Square, Readville
1 p.m. | Mattapan Square
2 p.m. | Hyde Square, Jamaica Plain
3 p.m. | J.P. Monument, Jamaica Plain
3:45 p.m. | Brigham Circle, Mission Hill
4:30 p.m. | Bolling Building, Roxbury
5:45 p.m. | Blackstone Square, South End
6:45 p.m. | Oak Square, Brighton

Sunday, December 3

12 p.m. | Codman Square, Dorchester
1 p.m. | Adams Corner, Dorchester
2 p.m. | M Street Park, South Boston
3 p.m. | Beach Street and Harrison Ave,
Chinatown
4 p.m. | Paul Revere Mall, North End
5 p.m. | Winthrop Square (the Training
Field), Charlestown
6:15 p.m. | Maverick Square, East Boston

Learn more at boston.gov/enchanted-trolley

Please visit other City departments & our partners for additional activities:

<u>bostonabcd.org/events</u>	617-348-6239
<u>ebsocialcenters.org/active-adults</u>	617-569-3221
<u>ethocare.org/healthy-aging-classes</u>	617-477-6616
<u>bit.ly/EthosDecember</u>	617-477-6616
<u>fw4elders.org/what-we-do</u>	617-482-1510
<u>gbcgac.org/#services-and-programs</u>	617-357-0226
<u>hearth-home.org/events</u>	617-369-1550
<u>ibaboston.org/events</u>	617-927-1707
<u>kennedycenter.org/event-calendar</u>	617-241-8866
<u>laalianza.org/contact-us</u>	617-427-7175
<u>mabvi.org/services/assistive-technology</u>	888-613-2777
<u>operationpeaceboston.org/eventsnews</u>	617-267-1054
<u>sbnh.org/senior-services</u>	617-268-1619
<u>vietaid.org</u>	617-822-3717
<u>ymcaboston.org/events</u>	617-927-8060
<u>bpl.org/events</u>	617-536-5400
<u>boston.gov/events</u>	3-1-1

AGE+



City of Boston
Age Strong Commission