



Boston's Age Strong Commission's APRIL 2025 "TO-DO"

Free events, classes & programs for Boston's older adults

**Welcome to April's monthly
"To-Do," a city-wide sampling of free
events & programs for Boston's older
adults age 60+.**

**Sign up to have the To-Do emailed
directly to your inbox or view it, *Boston
Seniority* magazine, and our updates
newsletter online at at
[boston.gov/departments/age-strong-
commission/connect-us](https://boston.gov/departments/age-strong-commission/connect-us)**

**See page 13 for more programming from
City departments and our partners.**

AGE+ | City of Boston
Age Strong Commission

Boston City Hall, Room 271
1 City Hall Square, Boston, MA 02201
617-635-4366 agestrong@boston.gov
boston.gov/age-strong



BLACK TEXT

****Age Strong Virtual Events Link:**
bit.ly/ZoomAgeStrongVirtual
***Program in both English/Spanish**

BLUE TEXT

**Jamaica Plain - Roslindale -
West Roxbury**

GREEN TEXT

**Dorchester - Mission Hill -
Roxbury - South Boston/Seaport**

ORANGE TEXT

Hyde Park - Mattapan

PINK TEXT

Charlestown - East Boston

PURPLE TEXT

**Allston/Brighton - Fenway -
Kenmore**

RED TEXT

**Chinatown - Downtown - Back Bay
North End - South End - West End**

TUESDAY, APRIL 1

12-1pm

Financial Literacy Month Kickoff Info Session - In Person

BPL Central
700 Boylston Street, Back Bay
(617) 536-5400
Click [here](#) to register.

1-2:30pm

Games for Seniors - In Person

BPL Faneuil
419 Faneuil St, Brighton
(617) 782-6705
Click [here](#) for more information.
This event repeats weekly.

1-4:30pm

April Films: Celebrating Director Francis Ford Coppola - In Person

BPL South Boston
646 East Broadway, South Boston
(617) 268-0180
Click [here](#) to register.

2-5:30pm

Krazy Kool April Fools Karaoke - In Person

BPL Roxbury
149 Dudley Street, Roxbury
(617) 442-6186
Click [here](#) to register

2:30-3:30pm

Puzzles & Conversation - In Person

BPL Charlestown
179 Main St, Charlestown
(617) 242-1248
Click [here](#) for more information.
This event repeats weekly.

WEDNESDAY, APRIL 2

9:30-11:30am

50+ Job Seekers Networking Group - Virtual

(978) 640-4490
Click [here](#) for more information.
This event repeats weekly.

2-4pm

Knitting & Crafts Circle - In Person

BPL Adams Street
690 Adams Street, Dorchester
(617) 436-6900 ext. 1009
Click [here](#) for more information.
This event repeats weekly.

4:30-5:30pm

JP Writers' Corner - In Person

BPL Jamaica Plain
30 South Street, Jamaica Plain
(617) 524-2053
Click [here](#) for more information
This event repeats bi-weekly.

4:30-7:30pm

VITA Free Tax Preparation - In Person

BPL Egleston Square
2044 Columbus Ave, Roxbury
(617) 445-4340
Click [here](#) for more information.
This event repeats weekly.

6-7:30pm

Age Strong LGBTQIA+ Listening Session - Virtual**

(978) 640-4490
Click [here](#) for more information.

THURSDAY, APRIL 3

10:30-11:30am

Movement for Elders- In Person

BPL Chinatown

2 Boylston Street, Chinatown

(617) 807-8176

Click [here](#) for more information.

This event repeats weekly.

10am-3pm

VITA Free Tax Preparation

- In Person

BPL Central

700 Boylston Street, Back Bay

(617) 863-7376

Click [here](#) for more information

10:30am-12pm

Age Strong Listening Session

- In Person**

Union Church

485 Columbus Avenue, South End

617-635-1953

Click [here](#) for more information.

10:30am-12:30pm

Senior Quilting Group- In Person

BPL Codman Square

690 Washington St, Dorchester

(617) 436-8214

Click [here](#) for more information.

This event repeats weekly.

FRIDAY, APRIL 4

9:30-11am

Knit Democracy Together - Counting the Votes: the Process, the People, and the Electoral College - In Person

BPL Roslindale

4246 Washington St, Roslindale

(617) 323-2343

Click [here](#) to register.

10:00-11:00am

Chair Yoga - In Person

BPL North End

25 Parmenter St, North End

(617) 227-8135

Click [here](#) for more information.

This event repeats weekly.

11am-12pm

Gentle Yoga - In Person

BPL West End

151 Cambridge St., West End

(617) 523-3957

Click [here](#) for more information.

This event repeats weekly.

11am-12pm

Book Café - In Person

BPL West Roxbury

1961 Centre St, West Roxbury

(617) 325-3147

Click [here](#) for more information

SATURDAY, APRIL 5

10-11am

Spanish Language Conversation Group - In Person

BPL Connolly

433 Centre St, Jamaica Plain

(617) 522-1960

Click [here](#) for more information

This event repeats weekly.

10am-12pm

Boston Philharmonic – Interpretation of Music: Lessons for Life - In Person

BPL Central

700 Boylston Street, Back Bay

(617) 859-2129

Click [here](#) to register.

3-4:30pm

**New England Poetry Club Reading:
Eleanor Kedney, Mary Hills Kuck,
and James Zimmerman - In Person**

BPL Jamaica Plain

30 South Street, Jamaica Plain

(617) 524-2053

Click [here](#) for more information

3-4:30pm

Spring Poetry Reading- In Person

BPL Faneuil

419 Faneuil St, Brighton

(617) 782-6705

Click [here](#) for more information.

SUNDAY, APRIL 6

MONDAY, APRIL 7

10am-12pm

Age Strong Game Days - In Person

The Tavern of Tales

1478 Tremont St, Roxbury

617-635-3161

Click [here](#) to register

This event repeats weekly.

11am-12pm

**Guitar Class with Academia
de Musica - In Person***

Veronica B. Smith Senior Center

20 Chestnut Hill Ave, Brighton

(617) 635-6120

Click [here](#) for more information.

12-1pm

Thai Chi - In Person

East Boston Senior Center

7 Bayswater Street, East Boston

617-961-3131

Click [here](#) for more information.

This event repeats weekly.

12:30-2:30pm

**English for Citizenship Class
- In Person**

BPL Codman Square

690 Washington St, Dorchester

(617) 288-8515

Click [here](#) for more information.

This event repeats weekly.

TUESDAY, APRIL 8

11:30am-12:30pm

Age Strong Latin Dance - Virtual**

617-635-3979

Click [here](#) for more information.

This event repeats weekly.

11:45am-12:45pm

**Gentle Pilates for Core & Mobility
- In Person**

Spontaneous Celebrations

45 Danforth Street, Jamaica Plain

617-635-4250

Click [here](#) for more information

This event repeats weekly.

2-3pm

The Scoop: Book Club - In Person

FoMu Ice Cream

(655 Tremont St, South End

(617) 442-6186

Click [here](#) for more information.

3:30-5:30pm

**Bike Repair Workshop with Boston
Bikes - In Person**

BPL South Boston

646 East Broadway, South Boston

(617) 268-0180

Click [here](#) to register.

3-4:30pm

**Job Search Support Group
- In Person**

BPL Central

700 Boylston Street, Back Bay

(617) 536-5400

Click [here](#) to register.

WEDNESDAY, APRIL 9

10am-12pm

Memory Café - In Person

BPL Codman Square
690 Washington St, Dorchester
617-635-3745
Click [here](#) for more information.

12-12:30pm

Information Hours for Adult English Learners- In Person

BPL Faneuil
419 Faneuil St, Brighton
(617) 782-6705
Click [here](#) for more information.
This event repeats weekly.

5-7:30pm

VITA Free Tax Preparation - In Person

BPL Egleston Square
2044 Columbus Avenue, Roxbury
(617) 445-4340
Click [here](#) for more information.

6-7:30pm

Sip 'n' Stitch - In Person

BPL Honan-Allston
300 N Harvard St, Allston
(617) 787-6313
Click [here](#) for more information.

THURSDAY, APRIL 10

12:30-2:30pm

A Matter of Balance: Falls Prevention for Seniors- In Person

BPL Hyde Park
35 Harvard Ave, Hyde Park
(617) 361-2524
Click [here](#) to register.
This event repeats weekly.

1-2pm

Drawing Class - In Person

East Boston Senior Center
7 Bayswater Street, East Boston
617-961-3131
Click [here](#) for more information.
This event repeats weekly.

1:30-2pm

Information Hours for Adult English Learners - In Person

BPL West End
151 Cambridge St., West End
(617) 523-3957
Click [here](#) for more information.

1:30-3pm

Puzzles & Jazz - In Person

BPL Mattapan
1350 Blue Hill Ave, Mattapan
(617) 298-9218
Click [here](#) for more information.
This event repeats weekly.

5-7:30pm

VITA Free Drop-Off Tax Preparation - In Person

BPL South Boston
646 East Broadway, South Boston
617-635-4366
Click [here](#) to register.

FRIDAY, APRIL 11

11am-12pm

Gentle Yoga - In Person

BPL West End

151 Cambridge St., West End

(617) 523-3957

Click [here](#) for more information.

This event repeats weekly.

11:30am-12:30pm

Age Strong Yoga - Virtual**

617-635-3979

Click [here](#) for more information.

This event repeats weekly.

1-2:30pm

Piece by Piece Puzzlers - In Person

BPL Lower Mills

27 Richmond St, Dorchester

(617) 298-7841

Click [here](#) for more information.

This event takes place bi-weekly

1:30-2:30pm

Information Hours for Adult English Learners - In Person

BPL Roslindale

4246 Washington St, Roslindale

(617) 323-2343

Click [here](#) to register.

This event repeats weekly.

2-3pm

Adult Coloring- In Person

BPL West End

151 Cambridge St., West End

(617) 523-3957

Click [here](#) for more information.

This event repeats weekly.

SATURDAY, APRIL 12

9:30am-3:30pm

Sewing 102: Spring Sewing Boot Camp 2025- In Person

BPL Roxbury

149 Dudley Street, Roxbury

(617) 442-6186

Click [here](#) to register

10am-3pm

Spring Sale- In Person

BPL Grove Hall

41 Geneva Ave., Dorchester

(617) 427-3337

Click [here](#) for more information.

10am-4pm

VITA Free Drop-Off Tax Preparation - In Person

BPL Roslindale

4246 Washington St, Roslindale

(617) 323-2343

Click [here](#) to register.

10am-2pm

Dog Licensing And Low-cost Rabies Clinic- In Person

BCYF Charlestown

255 Medford Street, Charlestown

617-635-5348

Click [here](#) for more information.

10:15-11:30am

Yoga for Success- In Person

BPL Jamaica Plain

30 South Street, Jamaica Plain

(617) 524-2053

Click [here](#) for more information.

This event repeats weekly.

SUNDAY, APRIL 13

MONDAY, APRIL 14

9-10am

Guitar Class for Beginners **- In Person**

East Boston Senior Center
7 Bayswater Street, East Boston
617-961-3131
Click [here](#) for more information.
This event repeats weekly.

2-2:30pm

Information Hours for Adult **English Learners - In Person**

BPL Mattapan
1350 Blue Hill Ave, Mattapan
(617) 298-9218
Click [here](#) to register.
This event repeats weekly.

2:30-3:30pm

Weekly Chess Club - In Person

BPL North End
25 Parmenter St, North End
(617) 227-8135
Click [here](#) for more information.
This event repeats weekly.

6-7:30pm

Oral History Live: Trans Stories Panel **with SpeakOUT - In Person**

BPL Connolly
433 Centre St, Dorchester
(617) 522-1960
Click [here](#) for more information.

TUESDAY, APRIL 15

10:30am-12pm

Computer Basics 101: Your Guide **to the Internet and Browsers** **- In Person**

BPL Roxbury
149 Dudley Street, Roxbury
(617) 442-6186
Click [here](#) to register

10:30-11:30am

Chair Yoga & Rhythmic Flow **- In Person**

Spontaneous Celebrations
45 Danforth Street, Jamaica Plain
617-635-4250
Click [here](#) for more information
This event repeats weekly

12:30-5pm

Knit Group! - In Person

BPL West Roxbury
1961 Centre St, West Roxbury
(617) 325-3147
Click [here](#) for more information

4:30-5:30pm

Meditation Circle: Queer Folx, **Trans Folx, and BIPOC- In Person**

BPL Jamaica Plain
30 South Street, Jamaica Plain
(617) 524-2053
Click [here](#) for more information.
This event repeats weekly.

5:30-7pm

Housing Legal Clinic with the Office **of Housing Stability - In Person**

BPL Grove Hall
41 Geneva Ave., Dorchester
(617) 427-3337
Click [here](#) for more information.

WEDNESDAY, APRIL 16

12-2pm

Health Care Proxy Clinic - In Person

BPL Mattapan
1350 Blue Hill Ave, Mattapan
(617) 298-9218
Click [here](#) to register.

12-2pm

Health Care Proxy Clinic - In Person

BPL Roslindale
4246 Washington St, Roslindale
(617) 323-2343
Click [here](#) to register.

12-2pm

Health Care Proxy Clinic - In Person

BPL Central

700 Boylston Street, Back Bay

(617) 859-2446

Click [here](#) to register.

12-2pm

Health Care Proxy Clinic - In Person

BPL Roxbury

149 Dudley Street, Roxbury

(617) 442-6186

Click [here](#) to register

12-2pm

Health Care Proxy Clinic - In Person

BPL Parker Hill

1497 Tremont St, Roxbury

(617) 427-3820

Click [here](#) to register.

2:30-3:30pm

Listening Session- In Person**

BPL Charlestown

179 Main St, Charlestown

(617) 242-1248

Click [here](#) for more information.

THURSDAY, APRIL 17

9:15-10:15am

Senior Sound Bath

- In Person

Spontaneous Celebrations

45 Danforth Street, Jamaica Plain

617-635-4250

Click [here](#) for more information

This event repeats weekly

10-11:30am

Live Jazz Music Session - In Person

Veronica B. Smith Senior Center

20 Chestnut Hill Ave, Brighton

(617) 635-6120

Click [here](#) for more information.

1:30-2:30pm

Parker Hill Book Discussion

Group - Virtual

(617) 427-3820

Click [here](#) for more information.

4:30-5:30pm

Resume Workshop - In Person

BPL Mattapan

1350 Blue Hill Ave, Mattapan

(617) 298-9218

Click [here](#) to register.

6:30-7:45pm

Mah Jongg Club - In Person

BPL Roslindale

4246 Washington St, Roslindale

(617) 323-2343

Click [here](#) to register.

FRIDAY, APRIL 18

9am-5pm

Boston Camera Club Members'

Exhibition - In Person

BPL Honan-Allston

300 N Harvard St, Allston

(617) 787-6313

Click [here](#) for more information.

This event occurs daily until April 26th

10:30am-12pm

Listening Session - In Person*

BPL Mattapan

1350 Blue Hill Ave, Mattapan

(617) 298-9218

Click [here](#) to register.

12-1pm

The Battles of Lexington and

Concord Lecture - In Person

East Boston Senior Center

7 Bayswater Street, East Boston

617-961-3131

Click [here](#) for more information.

This event repeats weekly.

1-2pm

**Stand Up Comedy Class w/ Bob
- In Person**

Veronica B. Smith Senior Center
20 Chestnut Hill Ave, Brighton
(617) 635-6120
Click [here](#) for more information.

SATURDAY, APRIL 19

9am-3pm

**Friends of the South Boston Branch
April Booksale- In Person**

BPL South Boston
646 East Broadway, South Boston
(617) 268-0180
Click [here](#) for more information

10-11:30am

Chess Club - In Person

BPL Roslindale
4246 Washington St, Roslindale
(617) 323-2343
Click [here](#) for more information.
This event repeats weekly.

11am-12:30pm

Craft Circle- In Person

BPL Brighton
40 Academy Hill Rd, Brighton
(617) 782-6032
Click [here](#) for more information.
This event repeats bi-weekly.

11am-1pm

Junk Journal Circle - In Person

BPL Codman Square
690 Washington St, Dorchester
(617) 436-8214
Click [here](#) for more information.

SUNDAY, APRIL 20

MONDAY, APRIL 21

Patriot's Day

City offices, Boston Public
Libraries, and BCYF Community
Centers are closed.

TUESDAY, APRIL 22

10:30am-12pm

Listening Session - In Person**

BPL Parker Hill
1497 Tremont St, Roxbury
(617) 427-3820
Click [here](#) to register.

10:30am-12pm

**English (ESOL) Conversation
Group - In Person**

BPL Honan-Allston
300 N Harvard St, Allston
(617) 787-6313
Click [here](#) for more information.
This event repeats weekly.

11am-12pm

ESOL Chorus - In Person

BPL Central
700 Boylston Street, Back Bay
(617) 859-2446
Click [here](#) to register.
This event repeats weekly.

1-3pm

**April Films: Celebrating Director
Francis Ford Coppola - In Person**

BPL South Boston
646 East Broadway, South Boston
(617) 268-0180
Click [here](#) for more information

WEDNESDAY, APRIL 23

1:30-3:30pm

American Mahjong - In Person

BPL West End

151 Cambridge St., West End

(617) 523-3957

Click [here](#) for more information.

2-4pm

Knitting & Crafts Circle - In Person

BPL Adams Street

690 Adams Street, Dorchester

(617) 436-6900

Click [here](#) for more information.

This event repeats weekly.

3-5pm

Tech Help By Appointment - In Person

BPL Charlestown

179 Main St, Charlestown

(617) 242-1248

Click [here](#) to register.

This event repeats weekly.

6-7:30pm

Women and Political Leadership: An In-Person Living Room Conversation - In Person

BPL Central

700 Boylston Street, Back Bay

(617) 859-2367

Click [here](#) to register.

THURSDAY, APRIL 24

10am-1pm

Bid Whist & Breakfast - In Person

BCYF Vine Street

339 Dudley Street, Roxbury

(617) 635-1285

Click [here](#) to register.

12-2pm

Tea Time - In Person

BPL Codman Square

690 Washington St, Dorchester

(617) 436-8214

Click [here](#) for more information.

6-7pm

Neuroscience of Resilience - In Person

BPL Jamaica Plain

30 South Street, Jamaica Plain

(617) 524-2053

Click [here](#) for more information

6-7:30pm

Knit Democracy Together - Representing All Voices: Alternatives to Gerrymandering and Winner-Take-All Primaries - In Person

BPL Jamaica Plain

30 South Street, Jamaica Plain

(617) 524-2053

Click [here](#) for more information

FRIDAY, APRIL 25

10:00-11:00am

Chair Yoga - In Person

BPL North End

25 Parmenter St, North End

(617) 227-8135

Click [here](#) for more information.

This event repeats weekly.

11:30am-12:30pm

Age Strong Yoga - Virtual**

(617)-635-3979

Click [here](#) for more information.

This event repeats weekly.

1-2:30pm

Grupo de Lectura en Español: La Rebelión de Los Buenos de Roberto Santiago - In Person

BPL Connolly
433 Centre St, Jamaica Plain
(617) 522-1960

Click [here](#) for more information

1-3pm

DEAF Inc. Listening Session - In Person**

BPL Brighton
40 Academy Hill Rd, Brighton
617-635-1953

Click [here](#) for more information.

SATURDAY, APRIL 26

11am-1pm

Try-an-E-Bike Event - In Person

City Hall Plaza
1 City Hall Square, Downtown Boston
ebikes@boston.gov

Click [here](#) for more information

11am-12pm

Gentle Yoga - In Person

BPL West End
151 Cambridge St., West End
(617) 523-3957

Click [here](#) for more information.

This event repeats weekly.

11am-12:30pm

Poetry Reading Featuring Amy Alvarez and Linda Carney-Goodrich - In Person

BPL Hyde Park
35 Harvard Ave, Hyde Park
(617) 361-2524

Click [here](#) for more information.

1-2:30pm

Witness: Poetry, Music, and Talk with Amy Manion - In Person

BPL Chinatown
2 Boylston Street, Chinatown
(617) 807-8176

Click [here](#) to register.

3:30-4:30pm

Open Garden Hours - In Person

BPL Mattapan
1350 Blue Hill Ave, Mattapan
(617) 298-9218

Click [here](#) for more information.

SUNDAY, APRIL 27

MONDAY, APRIL 28

9-10am

Age Strong Chair Yoga - Virtual**

617-635-3979

Click [here](#) for more information.

This event repeats weekly.

10:30am-12pm

Memory Café - In Person**

BPL Jamaica Plain
30 South Street, Jamaica Plain
(617) 635-3745

Click [here](#) for more information

2:30-3:30pm

Weekly Chess Club - In Person

BPL North End
25 Parmenter St, North End
(617) 227-8135

Click [here](#) for more information.

This event repeats weekly.

TUESDAY, APRIL 29

9:15-10:15am

Mindfulness - In Person

Spontaneous Celebrations

45 Danforth Street, Jamaica Plain

617-635-4250

Click [here](#) for more information

This event repeats weekly

10:30am-12pm

Computer Basics 101: Internet Safety for Beginners - In Person

BPL Roxbury

149 Dudley Street, Roxbury

(617) 442-6186

Click [here](#) to register

1-3pm

April Films: Celebrating Director Francis Ford Coppola - In Person

BPL South Boston

646 East Broadway, South Boston

(617) 268-0180

Click [here](#) for more information

6-7pm

Age Strong Yoga - Virtual**

617-635-3979

Click [here](#) for more information.

This event repeats weekly.

6-7:30pm

History Slam! Community Activism in Boston - In Person

BPL Central

700 Boylston Street, Back Bay

(617) 859-2000 ext. 4270

Click [here](#) to register.

WEDNESDAY, APRIL 30

2:30-4pm

Computer Basics 101: Internet Safety for Beginners - In Person

BPL Central

700 Boylston Street, Back Bay

(617) 536-5400

Click [here](#) to register.

3-4:30pm

Herb of the Month with Mo Katz-Christy: Violet - In Person**

Pinebank Promontory, Jamaica Pond

345 Jamaicaway, Jamaica Plain

(617) 635-4505

Click [here](#) for more information

4-5pm

Tech Help by Appointment / Ayuda técnica por cita - In Person*

BPL Codman Square

690 Washington St, Dorchester

(617) 436-8214

Click [here](#) for more information.

This event repeats weekly.

4:30-5:30pm

JP Writers' Corner - In Person

BPL Jamaica Plain

30 South Street, Jamaica Plain

(617) 524-2053

Click [here](#) for more information

This event repeats bi-weekly.

AGE STRONG & SPONTANEOUS CELEBRATIONS'

FREE YOGA & MINDFULNESS CLASSES

for older adults



Scan Me!

Class Schedule Through May 26

(no classes the week of April 21)

Tuesdays

Mindfulness: 9:15-10:15AM

Chair Yoga & Rhythmic Flow: 10:30- 11:30AM

Gentle Pilates for Core & Mobility: 11:45-12:45PM

Thursdays

Senior Sound Bath: 9:15-10:15AM

Senior Tai Chi: 10:30-11:30AM*

Gentle Yoga Flow: 11:45-12:45PM

Spontaneous Celebrations

45 Danforth Street, Jamaica Plain

FOR MORE INFORMATION CONTACT

ROBERT.LINSCOTT@BOSTON.GOV | 617-635-4250



Please visit other City departments & our partners for additional activities:

<u>bostonabcd.org/events</u>	617-348-6239
<u>ebsocialcenters.org/active-adults</u>	617-569-3221
<u>ethocare.org/healthy-aging-classes</u>	617-477-6616
<u>ethocare.org/services/</u>	617-477-6616
<u>fw4elders.org/what-we-do</u>	617-482-1510
<u>gbcgac.org/#services-and-programs</u>	617-357-0226
<u>hearth-home.org/events</u>	617-369-1550
<u>ibaboston.org/events</u>	617-927-1707
<u>kennedycenter.org/event-calendar</u>	617-241-8866
<u>laalianza.org/contact-us</u>	617-427-7175
<u>mabvi.org/services/assistive-technology</u>	888-613-2777
<u>operationpeaceboston.org/eventsnews</u>	617-267-1054
<u>sbnh.org/senior-services</u>	617-268-1619
<u>vietaid.org</u>	617-822-3717
<u>ymcaboston.org/events</u>	617-927-8060
<u>bpl.org/events</u>	617-536-5400
<u>boston.gov/events</u>	3-1-1

AGE+



City of Boston
Age Strong Commission