



BOSTON PARKS FALL FITNESS SERIES



boston.gov/fitness

OCTOBER 5 – NOVEMBER 16, 2025

DAY	CLASS	TIME	LOCATION
MONDAY	Kick It by Eliza	6:00 p.m.	Rogers Park, Allston-Brighton
TUESDAY	Barre Fusion	5:30 p.m.	Medal of Honor Park, South Boston
WEDNESDAY	Ritmo (Rhythm) & Power	5:30 p.m.	Adams Park, Roslindale
THURSDAY	Endurance and Strength	6:00 p.m.	Mozart Street Playground, Jamaica Plain
FRIDAY	Zumba Gold	11:00 a.m.	Titus Sparrow Park, South End
SATURDAY	Walking Group	9:00 a.m.	Franklin Park Golf Clubhouse, Dorchester
	Tai Chi	9:00 a.m.	Horatio Harris Park, Roxbury

Note: There will no classes held on **Monday, October 13 (Indigenous Peoples' Day)**
and **Tuesday, November 11 (Veteran's Day)**

For class registration, visit boston.gov/fitness

CITY of **BOSTON**



Parks and Recreation



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