



November

BCYF Nazzaro Senior Calendar

SUN	MON	TUES	WED	THURS	FRI	SAT
						1
2	3 2:30PM: Adult Chess Club (North End Library)	4 0:00am: Walk the Beat (Weather Permitted) 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 1pm: Senior Bingo	5 10:30am: Senior Dance Fitness 11:00am-1:00pm: Senior Sewing & Crafts	6 10:30am: Senior Yoga 10:30am-3:30pm: Annual Medicare Open Enrollment (ABCD North End) 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 11:30AM: American Mahjong (North End Library) 1pm: Senior Bingo	7 10:00AM: Chair Yoga (North End Library) 10:30am: Senior Live Better in Your Body 2:00PM Friday Films (North End Library) 6:30PM-8:30PM: 55+ Coffee & Conversations	8
9	10 2:30PM: Adult Chess Club (North End Library)	11 	12 10:30am: Senior Dance Fitness 11:00am-1:00pm: Senior Sewing & Crafts	13 10:30am: Senior Yoga 10:30am-3:30pm: Annual Medicare Open Enrollment (ABCD North End) 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 11:30AM: American Mahjong (North End Library) 1pm: Senior Bingo	14 10:00AM: Chair Yoga (North End Library) 10:30am: Senior Live Better in Your Body 12:00pm: Lunch & Learn (New Health) 2:00PM Friday Films (North End Library)	15
16	17 2:30PM: Adult Chess Club (North End Library)	18 0:00am: Walk the Beat (Weather Permitted) 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 1pm: Senior Bingo	19 10:30am: Senior Dance Fitness 11:00am-1:00pm: Senior Sewing & Crafts	20 10:30am: Senior Yoga 10:30am-3:30pm: Annual Medicare Open Enrollment (ABCD North End) 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 11:30AM: American Mahjong (North End Library) 1pm: Senior Bingo	21 10:00AM: Chair Yoga (North End Library) 10:30am: Senior Live Better in Your Body 2:00PM Friday Films (North End Library) 6:30PM-8:30PM: 55+ Coffee & Conversations	22
23/30	24 2:30PM: Adult Chess Club (North End Library)	25 0:00am: Walk the Beat (Weather Permitted) 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 1pm: Senior Bingo	26 10:30am: Senior Dance Fitness	27 	28 10:00AM: Chair Yoga (North End Library) 10:30am: Senior Live Better in Your Body 2:00PM Friday Films (North End Library)	29