



SUN	MON	TUES	WED	THURS	FRI	SAT
				1 	2	3
4	5 2:30PM: Adult Chess Club (North End Library)	6 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 1pm: Senior Bingo	7 10:30am: Senior Dance Fitness 11:00am-1:00pm: Senior Sewing & Crafts 1:00PM Celebration of La Befana (ABCD)	8 10:30am: Senior Yoga 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 11:30AM: American Mahjong (North End Library) 1pm: Senior Bingo	9 10:00AM: Chair Yoga (North End Library) 10:30am: Senior Live Better in Your Body 12:00PM-1:00PM New Health Lunch & Learn (Location: Nazzaro Center) 2:00PM Friday Films (North End Library) 6:00PM-8:30PM: 55+ Coffee & Conversations	10
11	12 2:30PM: Adult Chess Club (North End Library)	13 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 1pm: Senior Bingo	14 10:30am: Senior Dance Fitness 11:00am-1:00pm: Senior Sewing & Crafts	15 10:30am: Senior Yoga 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 11:30AM: American Mahjong (North End Library) 1pm: Senior Bingo	16 10:00AM: Chair Yoga (North End Library) 10:30am: Senior Live Better in Your Body 2:00PM Friday Films (North End Library)	17
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