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# FEBRUARY

## BCYF Nazzaro Center Senior Calendar

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2 2:30PM: Adult Chess Club (North End Library)	3 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 1pm: Senior Bingo	4 10:30am: Senior Dance Fitness 11:00am-1:00pm: Senior Sewing & Crafts	5 10:30am: Senior Yoga 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 11:30AM: American Mahjong (North End Library) 1pm: Senior Bingo	6 10:00AM: Chair Yoga (North End Library) 10:30am: Senior Live Better in Your Body 2:00PM Friday Films (North End Library)	7
8	9 2:30PM: Adult Chess Club (North End Library)	10 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 1pm: Senior Bingo	11 10:30am: Senior Dance Fitness 11:00am-1:00pm: Senior Sewing & Crafts	12 10:30am: Senior Yoga 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 11:30AM: American Mahjong (North End Library) 1pm: Senior Bingo	13 10:00AM: Chair Yoga (North End Library) 12:00PM-1:00PM New Health Lunch & Learn (Location: ABCDr) 10:30am: Senior Live Better in Your Body 2:00PM Friday Films (North End Library)	14  Happy Valentine's Day
15	16 2:30PM: Adult Chess Club (North End Library)	17 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 1pm: Senior Bingo	18 10:30am: Senior Dance Fitness 11:00am-1:00pm: Senior Sewing & Crafts	19 10:30am: Senior Yoga 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 11:30AM: American Mahjong (North End Library) 1pm: Senior Bingo	20 10:00AM: Chair Yoga (North End Library) 10:30am: Senior Live Better in Your Body 2:00PM Friday Films (North End Library)	21
22	23 2:30PM: Adult Chess Club (North End Library)	24 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 1pm: Senior Bingo	25 10:30am: Senior Dance Fitness 11:00am-1:00pm: Senior Sewing & Crafts	26 10:30am: Senior Yoga 11am: Senior Social Hour 11:30am: Cold Lunch Provided by Ethos 11:30AM: American Mahjong (North End Library) 1pm: Senior Bingo	27 10:00AM: Chair Yoga (North End Library) 10:30am: Senior Live Better in Your Body 2:00PM Friday Films (North End Library)	28