

SENIOR SPOTLIGHT

VERONICA B. SMITH
MULTI-SERVICE SENIOR
CENTER

20 Chestnut Hill Avenue,
Brighton, MA 02135
Ph: (617) 635-6120



April 2026



Michelle Wu, Mayor
Age Strong
Commission

Emily Shea,
Commissioner

OUR SERVICES & PROGRAMS

Art Instruction

Information & Referral

Bingo

Group Games

Computer Tutoring

Collaborative Programs

Educational Workshops

Fitness Classes

Hot Lunch Program

Ballroom Dance Classes

Nutrition Program

Taxi Coupons

Free Health Screenings

Trips

Recreational Activities

Volunteer Opportunities

Wellness

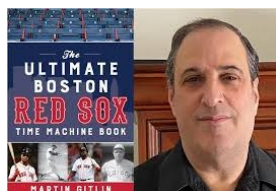
- **B.U. Alzheimer's Disease Research Center: "Understanding Alzheimer's"**
Tuesday, April 7th at 11:00
- **MA Senior Action Council Presentation**
Wednesday, April 15th at 10:30
- **NEW Grief Support Group With Carmel Murphy-Kotyan**
Thursday, April 16th at 11:00
- **MA College Of Pharmacy: "Ask A Pharmacist"**
Friday, April 17th at 10:00
- **Center For Alzheimer's Disease Research & Treatment**
Tuesday, April 21st at 11:00
MONDAY APRIL 20TH- PATRIOTS DAY
CENTER CLOSED



Karina Liendo: Tea Time, La Hora del Lonchecito

Thursday, April 2nd at 11:00

Travel Back in Time to "Abuela Angela's Kitchen" With This Storytelling Event

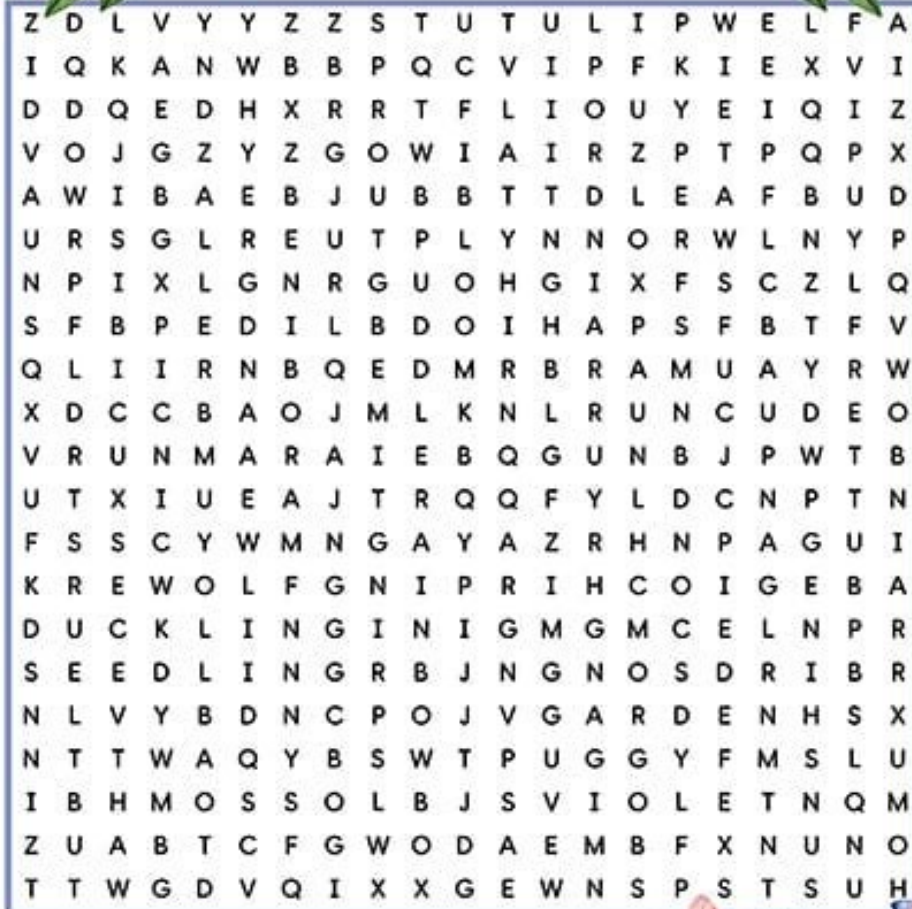


Celebrate Red Sox Opening Day At Fenway!

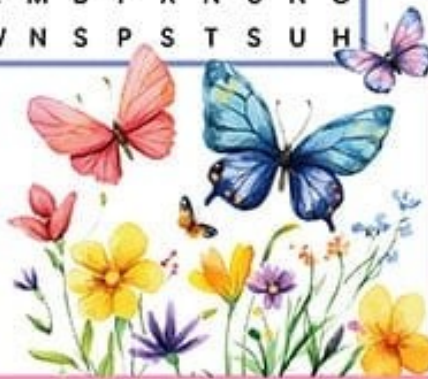
Marty Gitlin Presents: "The Ultimate Red Sox Presentation"

Friday, April 3rd at 11:00

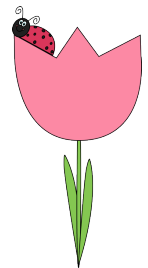
LET'S GO RED SOX!



- | | | |
|-----------|---------|------------|
| BIROSONG | GARDEN | RAINDROP |
| BLOOM | GRASS | ROBIN |
| BLOSSOM | LADYBUG | SEEDLING |
| BREEZE | LEAFBUD | SPRINGTIME |
| BUNNY | MEADOW | SPROUT |
| BUTTERFLY | NEST | SUNSHINE |
| CHIRPING | PICNIC | THAW |
| DAFFODIL | PUDDLE | TULIP |
| DUCKLING | RAINBOW | UMBRELLA |



SUPERSTARWORKSHEETS



SENIOR SPOTLIGHT

The Veronica B. Smith Senior Center
 Deputy CommissionerMelissa Carlson
 Executive DirectorLauren Basler
 Assistant DirectorJackie McLaughlin
 R.S.V.P. Volunteers
 Janet Riordan, Shashi Gudapakam, Judy Gavin,
 Mary Villani, Loretta Carey, Shelly Ferrari, Mary
 Regan, Bob Tomposki, Pat O'Connor, Kevin
 Montague, Tracie McCray, Diane Elliott

City of Boston Age Strong
 Commission | Boston City Hall
 Rm. 271 | Boston, MA 02201 |
 (617) 635-4366

Springtime Concerts!

Piano Lunch With Joe D'Amore

Tuesday, April 7th at 12:00

Troy Caruana In Concert

Friday, April 17th at 1:00

Joe Pete Guitar Performance

Friday, April 24th at 11:00

**Jan Marie Olownia Springtime
Show!**

Thursday, April 30th at 1:00



Don't Miss These Fun April Events!

**Art Therapy With Erica: Make A Mini Art
Book**

Wednesday April 1st at 10:30



Abigail by Gail Presents:

“The Declaration of Independence”

Tuesday, April 14th at 11:00



Luca Rebussini: “A Pirate Adventure”

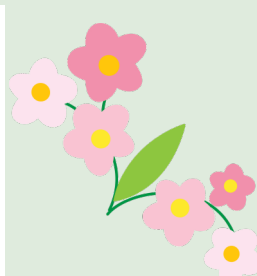
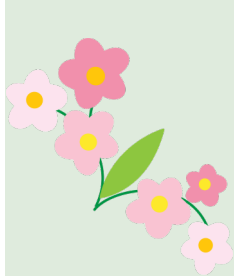
Thursday, April 23rd at 11:00



MONDAY

TUESDAY

WEDNESDAY



1 9:00 Chair Yoga w/
10:00 Breakfast Gather
10:30 Art Therapy With
12:00 Line Dance Class
12:00 Lunch
1:00 Tai Chi Class w/ P
1:00 Bingo
1:00 Guitar Class w/ Pr
1:00 SHINE (By Appt.)
2:00 "Agatha Christies

6 9:30 Strength Training w/ Suzi
10:30 Zumba
11:00 Guitar Class w/ Academia de Musica
12:00 Lunch
12:30 Chair Yoga w/ Beth
1:00 Cara Club
2:00 Book Club: "Main Street"

7 9:30 Strength Training w/ ThriveHub
11:00 Chinese Dance Class w/ Philippina
11:00 BU Alzheimer's Disease Research
Center: "Understanding Alzheimer's"
12:00 Piano Lunch w/ Joe D'Amore
12:30 Knitting Group
1:00 Tai Chi w/ Jamee
1:00 Piano Lessons w/ Joe
1:30 Arts & Crafts

8 9:00 Chair Yoga w/
10:00 Breakfast Gather
10:30 SeniorU: "Catch
12:00 Line Dance Class
12:00 Lunch
1:00 "BOCO CABARET
NO BINGO
1:00 Guitar Class w/ Pr
1:00 SHINE (By Appt.)
2:00 "Upstairs, Downs

13 9:30 Strength Training w/ Suzi
10:30 Zumba
11:00 Guitar Class w/ Academia de Musica
12:00 Lunch
12:30 Chair Yoga w/ Beth
1:00 Cara Club
2:00 Book Club: "Main Street"

14 9:30 Strength Training w/ ThriveHub
11:00 Chinese Dance Class w/ Philippina
11:00 Abigail by Gail Presents: "The
Declaration of Independence"
12:00 Lunch
12:30 Knitting Group
1:00 Tai Chi w/ Jamee
1:00 Piano Lessons w/ Joe
1:30 Arts & Crafts
2:00 Readers Theater Rehearsal: "A Buggy
Picnic"

15 9:00 Chair Yoga w/
10:00 Breakfast Gather
10:30 MA Senior Action
12:00 Lunch & April Bi
12:30 B.C. Theater: "B
1:00 Bingo
1:00 Guitar Class w/ Pr
1:00 Technology Help
2:00 SHINE (By Appt.)
2:00 OPEN MIC- SHAR
3:00 Pet Pals Visit from

20

**PATRIOTS DAY
CENTER CLOSED**



21 Exercise w/ Jackie
11:00 Chinese Dance Class w/ Philippina
11:00 Center for Alzheimer's Research &
Treatment Presentation
12:00 Lunch
12:30 Knitting Group
1:00 Tai Chi w/ Jamee
1:00 Piano Lessons w/ Joe
1:30 Arts & Crafts
2:00 Readers Theater Rehearsal: "A Buggy
Picnic"

22 9:00 Chair Yoga w/
10:00 Breakfast Gather
10:30 Henry Quinlan: "It
Is & How To Use It"
12:00 Line Dance Class
12:00 Lunch
1:00 Bingo
1:00 Guitar Class w/ Pr
1:00 SHINE (By Appt.)
2:00 "Upstairs, Downs

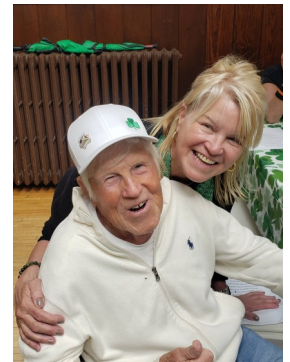
27 9:30 Strength Training w/ Suzi
10:00 KEOLIS MA ADVENTURES OUTING:
LANDS SAKE FARM- SOAP & SALVE
MAKING
10:30 Zumba
11:00 Guitar Class w/ Academia de Musica
12:00 Lunch
12:30 Chair Yoga w/ Beth
1:00 Cara Club
1:30 Cornhole w/ Jackie
3:00 Book Club: "Main Street"

28 9:30 Exercise w/ Jackie
10:00 KEOLIS MA ADVENTURES OUTING:
LANDS SAKE FARM- SOAP & SALVE MAKING
10:30 Cognition Corner w/ Corinne
11:00 Chinese Dance Class w/ Philippina
12:00 Lunch
12:30 Knitting Group
1:00 Tai Chi w/ Jamee
1:00 Piano Lessons w/ Joe
1:30 Arts & Crafts

29 9:00 Chair Yoga w/
10:00 Breakfast Gather
10:30 Elder Law: Span
11:00 Shuttle Outing-
Common Room!
12:00 Line Dance Class
12:00 Lunch
1:00 Bingo
1:00 Guitar Class w/ Pr
1:00 SHINE (By Appt.)
2:00 "Upstairs, Downs
2:15 Wellness Worksh

WEDNESDAY	THURSDAY	FRIDAY
<p>ThriveHub Spring with Erica: Mini Art Books Sessions w/ Jonathan</p> <p>Arts Department</p> <p>Professor Grey</p> <p>Topic: "The Seven Dials"</p>	<p>2 9:30 Exercise w/ Jackie 10-11:30 Live Jazz Music Session 10:30 Daniel's Domain Technology Help 11:00 Qi-Gong with Jamee 11:00 Karina Liendo Presents: "Tea Time"</p> <p>12:00 Lunch 1:00 Drum Circle w/ Pasha 2:00 Wheel of Fortune</p>	<p>3 10:00 Art Class w/ Dawn 10:30-3 Age Strong Advocate Office Hours 11:00 Marty Gitlin: "The Ultimate Red Sox Presentation"</p> <p>12:00 Ballroom Dance Class w/ Steps In Time 12:00 Lunch- Hot Dogs! 2:00 Gentle Yoga on the Mat 2:10 BOSTON RED SOX OPENING DAY GAME WITH POPCORN</p>
<p>ThriveHub Spring "The Fraudster" Sessions w/ Jonathan</p> <p>"SPRING CONCERT! GO TODAY Professor Grey</p> <p>Stairs"</p>	<p>9 9:30 Strength Training w/ ThriveHub 10-11:30 Live Jazz Music Session 10:30 Daniel's Domain Technology Help 11:00 Qi-Gong with Jamee 11:00 Hub Town Tours: "Lewis & Harriet Hayden" 12:00 Lunch 1:00 Drum Circle w/ Pasha 2:00 Easter Picture Bingo with Prizes!</p>	<p>10 10:00 Art Class w/ Dawn 10:00 "KevTech" iPhone & iPad Tutorial 11:00 Japanese Folk Music Concert w/ Mikiko 12:00 Ballroom Dance Class w/ Steps In Time 12:00 Lunch 1:00 Movie Matinee: "Jay Kelly" 2:00 Gentle Yoga on the Mat</p>
<p>ThriveHub Spring Town Council Presentation Birthday Party! Beauty and the Beast"</p> <p>Professor Grey w/ Marissa</p> <p>CELEBRATE YOUR TALENT! with Brodie the Dog</p>	<p>16 9:30 Strength Training w/ ThriveHub 10-11:30 Live Jazz Music Session 10:30 Daniel's Domain Technology Help 11:00 Grief Support Group w/ Carmel 11:00 Qi-Gong with Jamee 12:00 Presentation Rehabilitation Grab and Go Luncheon 1:00 Drum Circle w/ Pasha 2:00 Scattergories</p>	<p>17 9:45 Councilor Breadon Office Hours 10:00 Art Class w/ Dawn 10:00 MA College Pharmacy: "Ask A Pharmacist" 10:30-3 Age Strong Advocate Office Hours 12:00 Ballroom Dance Class w/ Steps In Time 12:00 Lunch 1:00 Troy Caruana in Concert! 2:00 Gentle Yoga on the Mat</p>
<p>ThriveHub Spring A.I. For Seniors: What Sessions w/ Jonathan</p> <p>Professor Grey</p> <p>Stairs"</p>	<p>23 9:30 Exercise w/ Jackie 10-11:30 Live Jazz Music Session 10:30 Daniel's Domain Technology Help 11:00 Luca Rebusini: A Pirate Adventure! 11:00 Qi-Gong with Jamee 12:00 Lunch 1:00 Judicial Outreach Visit: The Hon. Erika Reis 2:00 Word In A Word</p>	<p>24 10:00 Art Class w/ Dawn 10:00 "KevTech" iPhone & iPad Tutorial 11:00 Joe Pete In Concert! 12:00 Ballroom Dance Class w/ Steps In Time 12:00 Lunch 1:00 Movie Matinee: "F1: The Movie" 2:00 Gentle Yoga on the Mat</p>
<p>ThriveHub Spring Dawicki & Witt Tea & Crafts at The Sessions w/ Jonathan</p> <p>Professor Grey</p> <p>Stairs" w/ Charlette</p>	<p>30 9:30 Exercise w/ Jackie 10-11:30 Live Jazz Music Session 10:30 Daniel's Domain Technology Help 11:00 Qi-Gong with Jamee 12:00 Lunch 1:00 Jan Marie Olownia Springtime Concert! 2:00 Match Game</p>	

“Scene at the Center!”







**Boston Conservatory
at Berklee “BoCo
Cabaret” Spring
Concert**

**Wednesday, April
8th at 1:00**

**Do Not Miss These
Broadway-Bound
Musical Theater
Singers!**



**Hub Town Tours
Presents:**

**“Lewis & Harriet
Hayden”**

**Thursday, April 9th at
11:00**

**Rescheduled from
February**

**Learn About These
Leaders in Boston’s
African– American &
Abolitionist Communities**



**Elder Law
Presentation With
Spano, Dawicki &
Witt**

**Wednesday, April
29th at 10:30**

**Learn More About:
Important Paperwork
& Monetary Scams
Affecting Older
Adults**

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