



BOSTON LABOR MARKET REPORT: WINTER 2026

BOSTON LABOR MARKET TRENDS Dec. 2025

403,435

TOTAL LABOR FORCE

17,922

UNEMPLOYED WORKERS

4.4%

UNEMPLOYMENT RATE

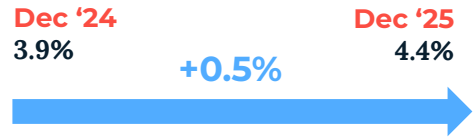
90,037

TOTAL JOB POSTINGS*
OCT 2025 - DEC 2025

BOSTON'S LABOR FORCE HAS GROWN SLIGHTLY COMPARED TO THIS TIME LAST YEAR



THE UNEMPLOYMENT RATE IN BOSTON ROSE OVER THE LAST YEAR



INDUSTRY	JOB POSTINGS	% CHANGE (PRIOR 3 MONTHS)	NON-BA POSTINGS
Professional, Scientific, and Technical Services	13,597	-2%	5,240
Administrative and Support Services	13,312	-9%	10,064
Hospitals	6,274	-16%	3,786
Ambulatory Health Care Services	5,717	-18%	3,782
Educational Services	4,450	-11%	1,779

JOB POSTINGS BY INDUSTRY

This table includes the total unique job posts in Boston's top five industries* between October 2025 and September December 2025, as well as the job postings that did not specify a Bachelor's degree or higher.

*3-digit NAICS code

EMPLOYMENT AND JOB POSTINGS BY OCCUPATION

This table includes the total employment in Boston's top five occupations* in 2025, as well as job postings for that occupation between October 2025 and December 2025.

(% change of less than 0.5 is indicated with '-')
*3-digit SOC-code

OCCUPATION TYPE	TOTAL EMPLOYMENT 2025	% CHANGE 2024-2025	JOB POSTINGS OCT '25 - DEC '25
Healthcare Diagnosing or Treating Practitioners	55,724	-1%	8,902
Business Operations Specialists	47,937	-	6,161
Computer Occupations	33,594	-1%	9,161
Financial Specialists	32,507	-	4,098
Food and Beverage Serving Workers	27,753	-	1,041

TOP FIVE CONSTRUCTION OCCUPATIONS IN BOSTON MSA OCT '25 - DEC '25

BY JOB POSTING FREQUENCY

OCCUPATION TYPE	UNIQUE POSTINGS
Carpenters	407
Electricians	362
Construction Laborers	332
Plumbers & Pipefitters	276
Engineers & Equipment Operators	275

IN FOCUS: CONSTRUCTION TRADES OCCUPATIONS (MSA-LEVEL, 2025)



'Construction Trades' encompasses a range of occupations involved in building, renovating, and equipping buildings. Few of these occupations require advanced degrees, but some trades such as carpenters, electricians, and plumbers, require apprenticeships and/or significant on the job experience. These roles typically pay \$30-\$45/hour, while other roles such as laborers and painters have lower entry requirements and typically pay closer to \$25/hour.

Occupations Growth: Construction Trades Workers (47-200)

3% Past Growth (2020 - 2025) 4% Projected Growth (2025 - 2030)

