



RECYCLING GUIDE

RECYCLE THESE *Must be rinsed and empty*



**PLASTIC BOTTLES,
JARS, JUGS, AND TUBS**



**PAPER AND
CARDBOARD**
Empty and Flatten



**METAL CANS
AND FOIL**



**GLASS BOTTLES
AND JARS**

DON'T RECYCLE THESE



**NO
STYROFOAM**
Food
containers
or packaging



**NO
PLASTIC
BAGS**
Plastic Wrap,
Film, or Tarps



**NO
TEXTILES**
Use Donation
Program



**NO
ITEMS THAT
TANGLE**
Hoses, Wires,
or Chains



**NO
FOOD OR
LIQUIDS**
Empty all
containers



**NO
HAZARDOUS
ITEMS**
Batteries,
Medical Waste,
or Chemicals



NO PLASTIC BAGS
No bagged recyclables
in recycling carts



Can I recycle a coffee cup?



Use the free online Trash Day App
search tool at boston.gov/trash-day



**TRASH
DAY APP**

