

May Calendar 2026 BCYF Gibbons Center for Older Adults

Monday	Tuesday	Wednesday	Thursday	Friday 1
				Coffee & Conversation (8-10) Yoga with Michelle (9-10) Card Games 9-10:15 Bingo (10:12) & (12:30-3:30) Ethos Lunch 12-12:45 pm
Monday 4 Advocacy Support 8-2 pm Coffee & Conversation (8-10) (Pokeno)) 10-2 pm Ethos Lunch 12-12:45 pm	Tuesday 5 Coffee & Conversation (8-10) Cardio Exercise (10-10:40) & (11:30-12:15) Line Dancing (10:40-11: 05) Book Club 12:40-1:40	Wednesday 6 Crocheting with Marisa (8:30-10) Walk the Beat 10-11am Bingo (10:12) & (12:30-3:30) Forever Young Program (Bocce/Archery) (11:30-1:30pm) Langone Field	Thursday 7 Advocacy Support 8-2 pm Coffee & Conversation (8-10) Chair+ Cardio Dance (9-10) Chair Yoga (10-11am) Friendship Club (11-2)	Friday 8 Coffee & Conversation (8-10) Mothers Association Lunch Bishop Lawton Hall (11:30-3pm) Bingo (10:12) & (12:30-3:30) Ethos Lunch 12-12:45 pm
Monday 11 Advocacy Support 8-2 pm Coffee & Conversation (8-10) Dice Game (LCR) 10-2 pm Ethos Lunch 12-12:45 pm	Tuesday 12 Advocacy Support 8-2 pm Coffee & Conversation (8-10) Cardio Exercise (10-10:40) & (11:30-12:15) Line Dancing (10:40-11: 05)	Wednesday 13 Crocheting with Marisa (8:30-10) Walk the Beat 10-11am Bingo (10:12) & (12:30-3:30) Ethos Lunch 12-12:45 pm	Thursday 14 Coffee & Conversation (8-10) Chair+ Cardio Dance (9-10) Chair Yoga (10-11am) Lunch & Learn (Health Center) Topic - TBD (11:45-2:00)	Friday 15 Coffee & Conversation (8-10) Card Games 9-10:15 Yoga with Michelle (9-10) Bingo (10:12) & (12:30-3:30) Ethos Lunch 12-12:45 pm
Monday 18 Advocacy Support 8-2 pm Coffee & Conversation (8-10) (Screw Your Neighbor) 10-2 pm Ethos Lunch (12-12:45)	Tuesday 19 Advocacy Support 8-2 pm Coffee & Conversation (8-10) Cardio Exercise (10-10:40) & (11:30-12:15) Line Dancing (10:40-11: 05)	Wednesday 20 Crocheting with Marisa (8:30-10) (Last Day) BPD Walking the Beat (10-1pm Citywide Walk) Bingo (10:12) & (12:30-3:30)	Thursday 21 Advocacy Support 8-2 pm Coffee & Conversation (8-10) Chair+ Cardio Dance (9-10) Chair Yoga (10-11am) Friendship Club 11-1 pm	Friday 22 Coffee & Conversation (8-10) Card Games 9-10:15 Bingo (10:12) & (12:30-3:30) Ethos Lunch 12-12:45 pm
Monday 25 Memorial Day Holiday Gibbons Center Closed	Tuesday 26 Advocacy Support 8-2 pm Coffee & Conversation (8-10) Cardio Exercise (10-10:40) & (11:30-12:15) Line Dancing (10:40-11: 05)	Wednesday 27 Advocacy Support 8-2 pm Crocheting with Marisa (8:30-10) BPD Walking the Beat (10-11) Bingo (10:12) & (12:30-3:30) Ethos Lunch 12-12:45 pm	Thursday 28 Advocacy 8-2 pm Coffee & Conversation (8-10) Chair+ Cardio Dance (9-10) Chair Yoga (10-11am) Friendship Club 11-1 pm	Friday 29 Coffee & Conversation (8-10) Card Games 9-10:15 Yoga with Michelle (9-10) Bingo (10:12) & (12:30-3:30) Ethos Lunch 12-12:45 pm