



BOSTON PARKS FALL FITNESS SERIES



boston.gov/fitness

SEPTEMBER 13 - OCTOBER 17, 2026

DAY	CLASS	TIME	LOCATION
SUNDAY	Yoga	8:00 a.m.	Elliot Norton Park, Chinatown
	Tai Chi	10:00 a.m.	Titus Sparrow Park, South End
MONDAY	All Levels Yoga	6:00 p.m.	Medal of Honor Park, South Boston
	Zumba®	6:00 p.m.	Memorial Park, East Boston
TUESDAY	All Ages Yoga	5:30 p.m.	Winthrop Square, Charlestown
	Kick It by Eliza	6:00 p.m.	Brighton Common, Brighton
WEDNESDAY	BCBS Line Dancing	5:30 p.m.	Franklin Park Golf Clubhouse, Dorchester
SATURDAY	Walking Group	8:00 a.m.	Franklin Park Golf Clubhouse, Dorchester
	Yoga	10:00 a.m.	Savin Hill Park, Dorchester
	Dancehall Bootcamp	12:00 p.m.	Mission Hill Playground, Mission Hill

Note: There will no classes held on **Monday, October 12 (Indigenous Peoples' Day)**

For class registration, visit boston.gov/fitness

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Parks and Recreation



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