



Bed Bugs

Updated 8/1/19

What are bed bugs?

- Bed bugs are small, reddish brown, wingless insects.
- They like to bite humans, especially at night.



Are bed bugs bad for my health?

- Bed bugs DO NOT affect long-term health.
- Bed bug bites can be itchy, swollen, or red, but they go away quickly.
- Bed bugs DO NOT transmit diseases.
- Bed bugs DO NOT live on the body like lice.

How can I prevent bed bugs?

- DO NOT buy used luggage or furniture.
- Seal cracks or holes in walls, ceilings, and floors.
- Catch them early. If you think you have bed bugs, call **617-534-5965** to request a home inspection.



How do I know if there are bed bugs in my home?

Bed bugs are commonly found in mattresses and furniture, under rugs, and in luggage. They can also be found on walls, behind picture frames, near electrical outlets, etc. You might see:

- Rusty or red stains on bed sheets & mattresses.
- Bites on yourself or family members. They often look like mosquito bites.
- Bed bugs, their excrement (small dark spots), or their eggs (tiny, pale yellow ovals) under or in the creases/corners of a mattress.

If you think you have bed bugs, call **617-534-5965** to request an inspection.

My home has bed bugs. What should I do?

- If you rent your home, tell your landlord right away.
- It is the property owner's responsibility to hire a licensed exterminator to get rid of the bed bugs.
- Wash ALL clothing, sheets, and blankets in hot water and dry them on high heat. Seal everything in plastic bags until after the exterminator has come.
- Follow all exterminator instructions. It may take more than 1 treatment to eliminate the bed bugs.

