

Boston Seniority

Commission on Affairs of the Elderly

Boston Mayor Martin J. Walsh

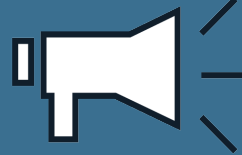
**SPECIAL 2018
CALENDAR EDITION**

Winter 2018
Issue 1
Vol. 42

Free Publication



Fun Activities



Resources



Mayor's Letter



“It’s time to start something new and trust the magic of beginnings.” -*Meister Eckhart*

2018 JANUARY



City of Boston
 Mayor Martin J. Walsh
 Commission on Affairs of the Elderly

December 2017							February 2018							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
					1	2						1	2	3
3	4	5	6	7	8	9	4	5	6	7	8	9	10	
10	11	12	13	14	15	16	11	12	13	14	15	16	17	
17	18	19	20	21	22	23	18	19	20	21	22	23	24	
24	25	26	27	28	29	30	25	26	27	28				
31														

This Month:

City Happenings:

- “Boston Winter” at City Hall Plaza
- MLK Oration

National Designations:

- Art Appreciation Month
- Book Month
- Eye Health Care
- Hobby Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 New Year's Day + Inauguration Day	2	3	4	5	6
7	8	9	10	11	12	13
14	15 Martin Luther King Jr. Day	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	Did you know? Qualified senior homeowners can receive a property tax bill reduction of up to \$1,500 per fiscal year. Call us at 617-635-5741.		

My Notes:



**“Have enough courage to trust love one more time,
and always one more time.” -*Maya Angelou***

2018 FEBRUARY

January 2018

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

March 2018

S	M	T	W	T	F	S
					1	2
					3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



City of Boston
 Mayor Martin J. Walsh
 Commission on Affairs of the Elderly

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Did you know? Call us at 617-635-4366 to participate in our special Valentine project for older adults in Boston who are homebound.</p>				<p>1 National Freedom Day</p>	<p>2 Groundhog Day</p>	<p>3</p>
4	5	6	7	8	9	10
11	12	13	<p>14 Valentine's Day</p>	15	16	17
18	<p>19 Presidents Day</p>	20	21	22	23	24
25	26	27	28			

This Month:

City Happenings:

- Boston Public Library Black History Month Film Series

National Designations:

- Black History Month
- American Heart Month
- Dental Month
- American History Month

My Notes:



“Happiness is when what you think, what you say, and what you do are in harmony.” -Mahatma Gandhi

2018 MARCH



City of Boston
 Mayor Martin J. Walsh
 Commission on Affairs of the Elderly

February 2018

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

April 2018

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

This Month:

City Happenings:

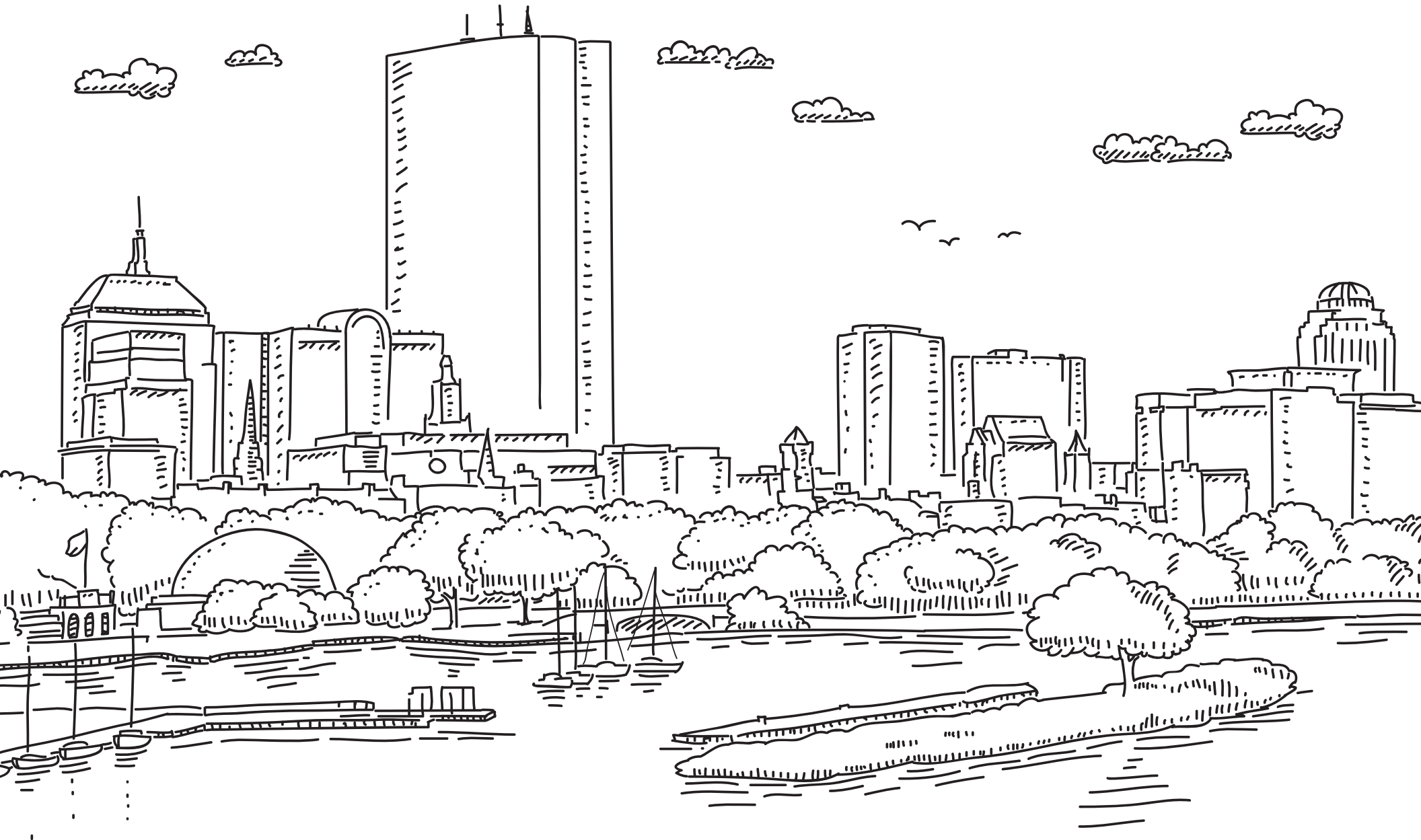
- St. Patrick's Parade

National Designations:

- Women's History Month
- Nutrition Month
- Sleep Awareness Week
March 4-11

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Did You Know? Our Senior Shuttles provides free rides to medical appointments. Call 617-635-3000 for more information.				1	2	3
4	5	6	7	8 International Womens Day	9	10
11 Daylight Savings Begins	12	13	14	15	16	17 St. Patrick's Day
18	19	20 Spring Begins	21	22	23	24
25	26	27	28	29	30	31

My Notes:



“The world is but a canvas to our imagination.”
-Henry David Thoreau

2018 APRIL



City of Boston
 Mayor Martin J. Walsh
 Commission on Affairs of the Elderly

March 2018							May 2018						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3			1	2	3	4	5
4	5	6	7	8	9	10	6	7	8	9	10	11	12
11	12	13	14	15	16	17	13	14	15	16	17	18	19
18	19	20	21	22	23	24	20	21	22	23	24	25	26
25	26	27	28	29	30	31	27	28	29	30	31		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 April Fool's Day	2	3	4	5	6	7
8	9	10	11	12	13	14 Swan Boats Reopen
15	16 Patriot's Day + Boston Marathon	17	18	19	20	21
22 Earth Day	23	24	25	26	27	28
29	30	Did You Know? Art projects, like coloring, can be relaxing and meditative. Enjoy this coloring page to help achieve mindfulness!				

This Month:

City Happenings:

- “Love Your Block” neighborhood cleanups

National Designations:

- Volunteering Month
- Stress Awareness Month
- Garden Month
- Poetry Month

My Notes:



“Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.” -Melody Beattie

2018 MAY



City of Boston
 Mayor Martin J. Walsh
 Commission on Affairs of the Elderly

April 2018

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

June 2018

S	M	T	W	T	F	S
						1 2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

This Month:

City Happenings:

- Memorial Day Flag Garden at the Soldiers and Sailors Monument in the Common

National Designations:

- Older Americans Month
- Stroke Awareness Month
- Mental Health Month
- Arthritis Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Did You Know? 37,000 flags are placed in the Boston Common on Memorial Day.		1	2	3	4	5
6	7	8	9	10	11	12
13 Mother's Day	14	15	16	17	18	19 Armed Forces Day
20	21	22	23	24	25	26
27	28 Memorial Day	29	30	31		

My Notes:



“The longer I live, the more beautiful life becomes.”

-Frank Lloyd Wright

2018 JUNE



City of Boston
 Mayor Martin J. Walsh
 Commission on Affairs of the Elderly

May 2018							July 2018						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5	1	2	3	4	5	6	7
6	7	8	9	10	11	12	8	9	10	11	12	13	14
13	14	15	16	17	18	19	15	16	17	18	19	20	21
20	21	22	23	24	25	26	22	23	24	25	26	27	28
27	28	29	30	31			29	30	31				

This Month:

City Happenings:

- Senior LGBT Luncheon

National Designations:

- Alzheimer's & Brain Awareness Month
- Internet Safety Month
- LGBT Pride Month
- Hunger Awareness Month

My Notes:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Did You Know? We recently launched Boston's Age-Friendly Action Plan. Visit www.boston.gov/agefriendly to learn more about our action items.					1	2
3	4	5	6	7	8 National Pen Pal Day	9
10	11	12	13	14 Flag Day	15 World Elder Abuse Awareness Day	16
17 Father's Day	18 Bunker Hill Day Observed	19	20	21 The Longest Day + Summer Begins	22	23
24	25	26	27	28	29	30



**“You are never too old to set a new goal or
to dream a new dream.” -C.S Lewis**

2018 JULY



City of Boston
 Mayor Martin J. Walsh
 Commission on Affairs of the Elderly

June 2018

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

August 2018

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

This Month:

City Happenings:

- 4th of July Fireworks on the Esplanade
- Concerts on City Hall Plaza
- Mayor's Annual Garden Contest

National Designations:

- Ice Cream Month
- Picnic Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 Independence Day	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22 Parents' Day	23	24	25	26	27	28
29	30	31	Tips to Beat the Heat: Stay cool, hydrated, and informed. Extremely high temperatures can affect your health. Call 911 if you need medical care.			

My Notes:



“Keep your face to the sunshine and you cannot see a shadow.” -*Helen Keller*

2018 AUGUST



City of Boston
 Mayor Martin J. Walsh
 Commission on Affairs of the Elderly

July 2018							September 2018						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7							1
8	9	10	11	12	13	14	2	3	4	5	6	7	8
15	16	17	18	19	20	21	9	10	11	12	13	14	15
22	23	24	25	26	27	28	16	17	18	19	20	21	22
29	30	31					23	24	25	26	27	28	29
							30						

This Month:

City Happenings:

- GospelFest
- Caliente!
- Mayor Walsh's Summer Movie Nights

National Designations:

- Eye Awareness Month
- Harvest Month
- Immunization Awareness Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Did you know? We operate four volunteer programs across the city. Call 617-635-4366 to get involved.			1	2	3	4
5 Friendship Day	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21 Senior Citizens Day	22	23	24	25
26 Women's Equality Day	27	28	29	30	31	

My Notes:



“With the new day comes new strength and new thoughts.”
-Eleanor Roosevelt

2018 SEPTEMBER

August 2018

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

October 2018

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



City of Boston
 Mayor Martin J. Walsh
 Commission on Affairs of the Elderly

This Month:

City Happenings:

- Boston Public Schools are in session

National Designations:

- Preparedness Month
- Hispanic Heritage Month from Sept. 15-Oct. 15
- Active Aging Week from Sept. 23-29

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tips: In recognition of Preparedness Month, we recommend you keep informed, make an emergency plan, and sign up for the AlertBoston emergency notification system at www.boston.gov .						1
2	3 Labor Day	4	5	6	7	8
9 National Grandparents Day	10	11	12	13	14	15
16	17	18	19	20	21 World Alzheimer's Day	22 Falls Prevention Day + Autumn Begins
23 30	24	25	26	27	28	29

My Notes:



“Every leaf speaks bliss to me, fluttering from the autumn tree.”
-Emily Brontë

2018 OCTOBER



City of Boston
 Mayor Martin J. Walsh
 Commission on Affairs of the Elderly

September 2018

S	M	T	W	T	F	S
					1	
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

November 2018

S	M	T	W	T	F	S	
					1	2	3
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30		

This Month:

City Happenings:

- Pumpkin Float in the Boston Common
- Head of the Charles
- Mayor's Senior Health & Fitness Walk

National Designations:

- Computer Learning Month
- Prescription Errors Education and Awareness Week from Oct. 24-31

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 International Day of Older Persons	2	3	4	5	6
7	8 Columbus Day	9	10	11	12	13
14	15 White Cane Safety Day	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31 Halloween	Reminder: Medicare Open Enrollment begins this month. Call us at for more information: 617-635-4366		

My Notes:



“The greatness of a community is most accurately measured by the compassionate actions of its members.” -Coretta Scott King

2018 NOVEMBER



City of Boston
 Mayor Martin J. Walsh
 Commission on Affairs of the Elderly

October 2018							December 2018						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6							1
7	8	9	10	11	12	13	2	3	4	5	6	7	8
14	15	16	17	18	19	20	9	10	11	12	13	14	15
21	22	23	24	25	26	27	16	17	18	19	20	21	22
28	29	30	31				23	24	25	26	27	28	29
							30	31					

This Month:

City Happenings:

- 50th Anniversary Party

National Designations:

- Caregiver Month
- Alzheimer's Disease Awareness Month
- Diabetes Awareness Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Reminder! See <i>Boston Seniority</i> magazine for registration information for next month's Senior First Night celebration.				1	2	3
4 Daylight Saving Time Ends	5	6	7	8	9	10
11 Veterans Day	12	13	14	15	16	17
18	19	20	21	22 Thanksgiving Day	23	24
25	26	27	28	29	30	

My Notes:



“Kindness is like snow. It beautifies everything it covers.”

-Kahlil Gibran

2018 DECEMBER



City of Boston
 Mayor Martin J. Walsh
 Commission on Affairs of the Elderly

November 2018

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

January 2019

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

This Month:

City Happenings:

- “Boston Winter” at City Hall Plaza
- Mayor’s Enchanted Trolley Tour
- AT&T Senior Holiday Phone-a-thon Event
- Senior First Night Celebration

National Designations:

- Write a Friend Month

My Notes:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Reminder: Need help paying for heat? Our Advocacy Representatives can assist with applications for Fuel Assistance (LIHEAP). Visit www.boston.gov/home-heating or call us at 617-635-4366.						1
2	3	4	5	6	7 Pearl Harbor Remembrance Day	8
9	10	11	12	13	14	15
16	17	18	19	20	21 Winter Begins	22
23 30	24 31	25 Christmas Day	26	27	28	29

► Ways to Fill Your Calendar!

In Boston, there are hundreds of events and programs happening across the city. Here are a few ways to fill your calendar with new activities this year! You can also find a variety of programming at the Boston Public Library branch locations. Go to www.bpl.org for more information.

**Subject to change*

*Activity	Neighborhood	Location	Phone Number
Bingo	Charlestown	BCYF Golden Age Senior Center	617-635-5175
Chair Yoga	Dorchester	BCYF Grove Hall Senior Center	617-635-1484
Computer-Seniors	Hyde Park	BCYF Hyde Park Community Center	617-635-5178
Knitting Club	Roslindale	BCYF Roslindale Community Center	617-635-5185
Line Dancing	Mattapan	BCYF Mildred Avenue Community Center	617-635-1328
Liquid Embroidery	Charlestown	BCYF Golden Age Senior Center	617-635-5175
Movies	East Boston	BCYF Paris Street Community Center	617-635-5125
Senior Bridge Club	Jamaica Plain	BCYF Curtis Hall Community Center	617-635-5195

*Activity	Neighborhood	Location	Phone Number
Senior Group Goldenairs	Roxbury	BCYF Shelburne Community Center	617-635-5213
Senior Lap Swim	South End	BCYF Blackstone Community Center	617-635-5162
Senior Swim	South Boston	BCYF Condon Community Center	617-635-5100
Senior Volleyball	Allston	BCYF Jackson Mann Community Center	617-635-5153
Table Tennis	Chinatown	BCYF Quincy Community Center	617-635-5129
Yoga for Seniors	West Roxbury	BCYF Roche Community Center	617-635-5066
Zumba 50+	Jamaica Plain	BCYF Curtis Hall Community Center	617-635-5195
55+ Club	North End	BCYF Nazzaro Community Center	617-635-5166

**Look out for upcoming issues of *Boston Seniority* magazine to find more events and programming that you can write down in your calendar!
Email aging@boston.gov for a list of magazine pick-up locations.**

► How The Elderly Commission Can Help You

We are focused on setting the City's direction for successful aging. The Commission is dedicated to improving older Bostonians' lives by providing direct services and connecting you to important benefits and programs.



Housing:

The Elderly Commission works to ensure that older adults are able to find and maintain housing. We can:

- Assist with housing search, application, and court advocacy.
- Connect older adults with other City and community agencies that can provide resources for home repair and other challenging situations like hoarding.
- Provide mediation and court advocacy



Access to Information and Benefits:

Community Advocates connect seniors to a comprehensive array of resources, benefits, and information. We can:

- Assist with applications for public benefits like SNAP and LIHEAP.
- Ease the process of applying for, and receiving, Medicare benefits.
- Assist older adults access several tax relief exemptions and programs like the Elderly Exemption 41C, Senior Circuit Breaker Tax Credit and more
- Assist older adults with navigating systems including the aging network and city services.



Transportation:

We are committed to helping people continue to lead independent lives by connecting them to transportation resources. We offer:

- Free wheelchair-accessible shuttles that provide door-to-door service for non-emergency doctor's appointments. Call (617)-635-3000 for more information.
- Taxi Coupons at discounted rates.
- Senior Charlie Card application assistance.

Volunteer Opportunities:

We operate 4 volunteer programs in impact driven work across the city:

- *RSVP* matches seniors with valuable volunteer opportunities in Boston.
- The *Senior Companion Program* matches seniors with homebound persons who need assistance.
- *Senior Greeters* volunteer their time to greet guests of City Hall.
- *Senior Property Tax Work-Off Program*: Qualified senior homeowners get the opportunity to work-off up to \$1,500 on their property tax bill by volunteering for a City agency.



Alzheimer's and Caregiver Support:

Know that you are not alone. We are here to support you. We:

- Host Memory Cafes, which are places where individuals experiencing memory loss and their caretakers can meet in a safe, social environment.
- Provide referrals and offer workshops, training, and support groups for those who are supporting an elderly loved one.



Outreach and Engagement:

The Commission organizes dozens of events and programs throughout the year. From large city-wide celebratory events to smaller neighborhood focused gatherings, we engage with older residents on many levels.



Stay Connected with
the Commission on
Affairs of the Elderly:



Main number:
(617) 635-4366



Facebook:
[@BostonElderlyCommission](#)



Website:
www.boston.gov/elderly



Twitter:
[@AgingInBos](#)

► Boston's Winter Guide

Every winter, we need your help and cooperation to ensure that we are ready for the challenges that snow, ice, and freezing temperatures create on our roadways and in our neighborhoods. Please use these tips to help prepare for the winter!

STAY WARM AND SAFE

- Heating problems? First alert your landlord. If your landlord is unresponsive, call 311 to file a report and Inspectional Services will investigate.
- Need help paying for heat? Apply for Fuel Assistance (LIHEAP). Visit boston.gov/home-heating or call 617-357-6012.
- Never use your oven for heat. Space heaters can cause fires, so don't place them near curtains or things that can catch fire. Remember to turn them off before going to bed. Clear exhaust vents to avoid carbon monoxide poisoning, and check for working carbon monoxide and smoke detectors.

Units must be heated to:

68° during the day
64° during the night

IMPORTANT NUMBERS

ABCD Fuel Assistance: 617-357-6012	Elderly Commission: 617-635-4366	National Grid Gas: 800-322-3223
Boston Water & Sewer: 617-989-7000	Inspectional Services: 617-635-1010	Eversource: 800-592-2000
Consumer Complaints: 617-635-3834	MBTA: 617-222-3200	Tow Lot: 617-635-3900
DCR: 617-626-4973	MassDOT: 857-368-6111	Verizon: 800-837-4966

SIGN UP AND STAY INFORMED

To get news about snow emergencies:

- visit boston.gov/snow
- follow @CityofBoston, or
- register for alerts at boston.gov/alert-boston

Call 3-1-1

Available 24/7 to assist with all non-emergency city services.

All emergencies should be reported to 911.



Download
the App

2019 Calendar

JANUARY

SU	MO	TU	WE	TH	FR	SA
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

FEBRUARY

SU	MO	TU	WE	TH	FR	SA
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

MARCH

SU	MO	TU	WE	TH	FR	SA
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

APRIL

SU	MO	TU	WE	TH	FR	SA
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MAY

SU	MO	TU	WE	TH	FR	SA
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE

SU	MO	TU	WE	TH	FR	SA
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

JULY

SU	MO	TU	WE	TH	FR	SA
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

AUGUST

SU	MO	TU	WE	TH	FR	SA
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPTEMBER

SU	MO	TU	WE	TH	FR	SA
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER

SU	MO	TU	WE	TH	FR	SA
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

NOVEMBER

SU	MO	TU	WE	TH	FR	SA
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

DECEMBER

SU	MO	TU	WE	TH	FR	SA
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Boston Seniority

Published by the City of Boston's Commission on Affairs of the Elderly
and supported in part by The Executive Office of Elder Affairs.

Printed by Bradford & Bigelow

Martin J. Walsh
Mayor

Emily K. Shea
Commissioner

Cassandra Baptista
Director of Communications

Martha Rios
Editor and Photographer



From the Mayor's Desk

As we say goodbye to the past year and say hello to a new one, it is a time to reflect on the many achievements we have made together and look forward to all of the goals we will reach in 2018.

We believe in a Boston for everyone. It's the reason for our success. It's the goal we heard loud and clear from residents as we drafted Imagine Boston 2030, our first citywide plan in over half a century.

We're excited that our city's senior population is growing. We want older Bostonians to continue to thrive here. In 2018, we will continue to make progress on our goals from the Age-Friendly Action Plan, our City's blueprint to make Boston the best city to live and age in. With your support, we can make this another record year for Boston.

We want to make Boston the best city in the world for older adults because you shape our communities and instill values we continue to live by. I promise to carry this dedication into the New Year.

Sincerely,

- Mayor Martin J. Walsh

